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Article (Accepted Version)

Sinclair, Alison J (2021) Could changing the DNA methylation landscape promote the destruction of Epstein-Barr virus-associated cancers? *Frontiers in Cellular and Infection Microbiology*, 11. a695093 1-6. ISSN 2235-2988

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1 **Could changing the DNA methylation landscape promote the destruction of Epstein-Barr**
2 **virus-associated cancers?**

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7 **Keywords: Epstein-Barr virus**¹, **DNA methylation**², **CpG motif**³, **decitabine**⁴, **demethylations,**
8 **epigenetics**⁶.

9

10 **Abstract**

11 DNA methylation at CpG motifs provides an epigenetic route to regulate gene expression. In general,
12 an inverse correlation between DNA hypermethylation at CpG motifs and gene expression is
13 observed. Epstein Barr-virus (EBV) infects people and the EBV genome resides in the nucleus where
14 either its replication cycle initiates or it enters a long-term latency state where the viral genome
15 becomes hypermethylated at CpG motifs. Viral gene expression shows a largely inverse correlation
16 with DNA hypermethylation. DNA methylation occurs through the action of DNA methyl transferase
17 enzymes: writer DNA methyl transferases add methyl groups to specific regions of unmethylated
18 DNA; maintenance DNA methyl transferases reproduce the pattern of DNA methylation during
19 genome replication. The impact of DNA methylation is achieved through the association of various
20 proteins specifically with methylated DNA and their influence on gene regulation. DNA methylation
21 can be changed through altering DNA methyl transferase activity or through the action of enzymes
22 that further modify methylated CpG motifs. Azacytidine prodrugs that are incorporated into CpG
23 motifs during DNA replication are recognized by DNA methyl transferases and block their function
24 resulting in hypomethylation of DNA. EBV-associated cancers have hypermethylated viral genomes
25 and many carcinomas also have highly hypermethylated cellular genomes. Decitabine, a member of
26 the azacytidine prodrug family, reactivates viral gene expression and promotes the recognition of
27 lymphoma cells by virus-specific cytotoxic T-cells. For EBV-associated cancers, the impact of
28 decitabine on the cellular genome and the prospect of combining decitabine with other therapeutic
29 approaches is currently unknown but exciting.

30

31 **Introduction**

32 DNA methylation at the 5-position of the cytosine ring of CpG motifs in DNA provides an epigenetic
33 route to regulate gene expression (Klose and Bird, 2006). Extensive DNA methylation is generally
34 associated with mammalian genes that are not expressed (Suzuki and Bird, 2008), with some cell-
35 type specific genes showing a consistent pattern of DNA methylation found in key regions of the
36 genome (Schmidl et al., 2009).

37

38 The methylation of DNA at CpG motifs is achieved and maintained by the interplay of several
39 activities within the cell. 1. *De novo* DNA methyl transferases enzymes (also termed ‘writers’) are
40 responsible for the initial addition of methyl groups to previously unmethylated CpG motifs. 2.
41 Maintenance DNA methyl transferases enzymes are responsible for maintaining the DNA
42 methylation pattern in daughter cells by adding methyl groups to the newly replicated strand of the
43 hemi-methylated CpG motifs that are synthesized during genome replication (Klose and Bird, 2006).
44 3. A set of ‘eraser’ enzymes work in effective opposition to the DNA methyl transferases, by
45 modifying the methylation mark (Tsiouplis et al., 2020). 4. A set of proteins termed ‘readers’
46 specifically recognize and bind to methylated CpG motifs and recruit other proteins to that region of
47 the genome. Together, these enzymes act to mark the expression of linked genes (Mahmood and
48 Rabbani, 2019). The mechanism by which the methylated state of the DNA is able to alter gene
49 expression mediate through the action of methyl-DNA binding proteins that recruit chromatin
50 modifiers (Du et al., 2015).

51

52 Epstein-Barr virus (EBV) is a common virus that infects people in a generally asymptomatic manner.
53 The virus resides for life within the pool of B-lymphocytes (Thorley-Lawson and Babcock, 1999).
54 For most people, EBV infection is asymptomatic, but it can cause infectious mononucleosis (IM,
55 glandular fever) and a range of cancers both carcinomas (Gastric, Nasopharyngeal) and lymphomas
56 (Burkitt’s lymphoma, Hodgkin’s lymphoma, NK/T-cell lymphoma, diffuse large B-cell lymphoma
57 and post-transplant-like lymphoma) (Vetsika and Callan, 2004; Shannon-Lowe and Rickinson,
58 2019). EBV lytic replication and production of infectious virus is rare in cancer cells; by this stage

59 the virus has entered into a latent state. The viral genome is maintained in the cancer cells by
60 replicating once per cell cycle in time the host genome, but few viral genes are expressed. The EBV
61 genome consists of double strand DNA and following infection it resides as a circular form in the
62 nucleus of infected cells (Tsurumi et al., 2005; Hammerschmidt and Sugden, 2013). As with the
63 cellular genome, the EBV genome is subject to DNA methylation at CpG motifs and, analogous to
64 the cellular genome, DNA methylation of the viral genome is strongly linked to gene expression
65 (Minarovits, 2006). The DNA methylation pattern of the EBV genome changes during its life-cycle,
66 being largely unmethylated in the infectious virion, then gaining methylation following the infection
67 of cells (Bergbauer et al., 2010). By the time that EBV-associated carcinomas and lymphomas
68 develop, the viral genome is heavily methylated at CpG motifs and few of the approximately 90 viral
69 genes are expressed (Shannon-Lowe and Rickinson, 2019).

70

71 The cellular genomes of cancers can also be impacted by DNA methylation. Importantly, some EBV-
72 associated cancers exhibit very high levels of DNA methylation of the cellular genome that correlates
73 with reduced expression of specific tumour suppressor genes (Bass et al., 2014; Stanland and Luftig,
74 2020).

75

76 Deliberately attempting to reduce the DNA methylation in EBV-associated cancer with the aim of
77 activating the expression of cellular and viral genes has the potential to achieve two potentially
78 therapeutic events. First, it may result in reactivation of the expression of viral genes that expose the
79 cells to attack by the immune system. Secondly, it may result in the expression important cellular
80 genes that cause the cancer cells to stop proliferating or to die through apoptosis. Deliberately
81 attempting to alter DNA methylation therefore presents an attractive research direction which may
82 lead to new therapeutic approaches to treat EBV-associated cancer in the future.

83

84 ***Enzymes that regulate DNA Methylation***

85 The process of establishing this epigenetic change to gene expression is undertaken through the
86 deposition of DNA methylation onto the cytosine residues of CpG motifs in genomes by *de novo*
87 DNA methyltransferase (DNMT) enzymes that add a methyl group to the cytosine of specific CpG

88 motifs (Klose and Bird, 2006). The individual roles of *de novo* DNA methyl transferases DNMT3A
89 and DNMT3B for methylating regulatory regions of developmental genes and the X-chromosome
90 respectively, have been established and they are also candidates to accomplish *de novo* DNA
91 methylation in somatic cells (Law and Jacobsen, 2010). Once established, the DNA methylation
92 pattern is copied during each cycle of DNA replication by the action of the maintenance DNA methyl
93 transferase, DNMT1 (Law and Jacobsen, 2010); thereby maintaining the set pattern of DNA
94 methylation in daughter cells. As methylated DNA replicates, hemi-methylated CpG motifs
95 consisting of the methylated template DNA strand and the newly replicated and so unmethylated
96 strand are produced. DNMT1 recognizes the hemi-methylated CpG motif and adds a methyl group to
97 the cytosine (Figure 1).

98

99 The effective removal of CpG DNA methylation on the host genome occurs through one of two
100 routes. If the maintenance DNMT enzyme is compromised during DNA replication then hemi-
101 methylated CpG motifs will be present after one round of replication with the potential for fully
102 unmethylated CpG motifs after a second round of replication. The second route is achieved through
103 the actions of a set of proteins (Ten-Eleven-Translocation (TET) family) that further modify the
104 methyl-group on CpG motifs. (Tsiouplis et al., 2020).

105

106 ***DNA methylation of the host and viral genomes in EBV-associated cancer***

107 Global methylome analysis of over 30 different cancer types by The Cancer Genome Atlas Network
108 (TCGA) revealed that the highest level of hypermethylation of cellular DNA occurred in Epstein-
109 Barr virus associated Gastric Carcinoma (Bass et al., 2014). Affected genes include a set of tumour
110 suppressor genes (Okada et al., 2013; He et al., 2015; Nishikawa et al., 2018). Hypermethylation of
111 cellular DNA is also seen in Epstein-Barr virus associated Burkitt's lymphoma and Nasopharyngeal
112 carcinoma, but to a lesser degree (Stanland and Luftig, 2020).

113 In EBV-associated carcinomas and lymphomas, the EBV genome is also subject to widespread DNA
114 methylation and highly restricted patterns of viral gene expression (Minarovits, 2006). Immediately
115 following infection of cells, transient low-level expression of many of the 90-viral genes occurs from
116 the unmethylated EBV genome. However, the viral genome is rapidly subject to DNA methylation at

117 CpG motifs and settles into one of several highly restricted sets of viral latency gene expression
118 (Tierney et al., 2000; Bergbauer et al., 2010). Three major patterns are common in cancer (latency I,
119 II (also termed IIa) and III), but other patterns of viral gene expression exist including Wp-restricted
120 (Kelly et al., 2009), IIb latency (Price and Luftig, 2015). Around 90% of the EBV genes are not
121 expressed in any lymphomas and carcinomas, and for the majority of the EBV-associated cancers,
122 the promoters driving expression of the genes generating the most immunogenic T-cell responses
123 (EBNA 2 and 3 family) are not expressed (Minarovits, 2006). In addition, the lytic replication cycle
124 genes (especially BZLF1, BRLF1, BMRF1 and BMLF1) which are highly immunogenic are also
125 silent (Taylor et al., 2015). So, the EBV genome itself provides a wealth of immunogenic genes that
126 are often silenced by DNA hypermethylation.

127

128 Clues about how the hypermethylation of cellular and viral DNA occurs in EBV-associated cancer
129 comes from cell culture experiments where it was demonstrated that *de novo* methylation of cellular
130 DNA occurs within days of EBV infection (Queen et al., 2013). Two EBV genes have been
131 implicated: LMP1 and LMP2A. LMP1 activates the expression of both *de novo* and maintenance
132 DNA methyl transferases (Tsai et al., 2006; Peng et al., 2016) and so could both aid the initiation and
133 ensure the maintenance of the DNA methylation changes. LMP1 is expressed in some but not all
134 EBV-associated cancer, however, it has been shown to be expressed transiently after EBV infection
135 of gastric epithelial cells (Matsusaka et al., 2017) in addition to during the immortalization of B-
136 lymphocytes by EBV. It is therefore conceivable that LMP1 might play a transient early role in
137 reprogramming DNA methylation in EBV-associated cancers. In addition, LMP2A which is
138 expressed in some but not all, EBV-associated cancers, drives the upregulation of the maintenance
139 DNA methyl transferase (Hino et al., 2009) and the down regulation of TET gene expression
140 (Namba-Fukuyo et al., 2016). These changes indicate that LMP2A is also a candidate to contribute to
141 global increases in DNA methylation in EBV-associated cancers.

142

143 A further piece in this puzzle is the enduring impact of EBV on hypermethylation of the cellular
144 genome even after the viral genome has been lost from the cells (Birdwell et al., 2014). So, clues
145 about the mechanisms by which the hypermethylation of the cellular and viral genomes occurs have
146 been identified and it is possible that LMP1 and LMP2A play transient roles in reprogramming DNA
147 methylation early after entry into cells.

148

149 The correlation of EBV-associated gastric cancer with DNA hypermethylation of the cellular
150 genome, the potential contribution of EBV genes to changing the expression of components of the
151 DNA methylation machinery and the relevance of the genes that are potentially silenced by
152 hypermethylation in EBV-associated gastric cancer all support the hypothesis that actively
153 demethylating the genome of EBV-associated cancer cells may be beneficial.

154

155 *Impact of changing the DNA methylation in EBV-infected cells*

156 Attempts to alter the DNA methylation within EBV-infected cells focus on the maintenance DNA
157 methyltransferase. The impact of totally inhibiting the action of the maintenance DNA methyl
158 transferase would be the hypomethylation of the cellular and viral genomes within 1-2 rounds of cell
159 replication (Mani and Herceg, 2010). The reduction in the DNA methylation landscape resulting
160 from this in EBV infected cells is predicted to have impacts on the expression of both viral and
161 cellular genes with the potential for immunogenic viral genes rendering the cancer cells susceptible
162 to attack by the immune system and of tumour suppressor genes reducing growth and survival of the
163 cancer cell. However, global demethylation is a not a targeted approach and it may also drive
164 unfavorable changes in cellular gene expression.

165 Cytidine analogues that irreversibly inhibit the maintenance DNA methyl transferases and so
166 promote hypomethylation of DNA were identified over 50-years ago (Sorm et al., 1964; Sorm and
167 Vesely, 1968) - 5'Azacytidine (4-Amino-1-(β -D-ribofuranosyl)-1,3,5-triazin-2(1H)-one; azacytidine,
168 5-aza-CR; Vidaza[®]) and its deoxyribose version, Decitabine (2'-Deoxy-5-azacytidine, 4-Amino-1-
169 (2-deoxy- β -D-ribofuranosyl)-1,3,5-triazin-2(1H)-one, 5-aza-CdR; Dacogen[®]). Both cytidine
170 analogues are processed within cells to the triphosphate derivatives and can be incorporated into
171 newly synthesized DNA during the S-phase of the cell replication cycle (Figure 1) (Mani and Herceg,
172 2010). Once embedded within the genome those modified bases form hemi-methylated CpG motifs
173 that are recognized by the maintenance DNA methyl transferase and they irreversibly trap and inhibit
174 the DNMT1, leading to rapid hypomethylation of CpG motifs throughout the genome (Figure 1)
175 (Howell et al., 2010; Mani and Herceg, 2010).

176

177 Preclinical studies showed that both 5'azacytidine and decitabine are highly active cytotoxic agents
178 against many types of cancer cells (Howell et al., 2010). Furthermore, clinical studies showed that
179 both 5'azacytidine and decitabine are beneficial for people with some forms of haematological cancer
180 (Silverman et al., 2002; Kantarjian et al., 2006; Fenaux et al., 2009; Benton et al., 2014; Mayer et al.,
181 2014). A 5'Azacytidine small scale trial in patients with EBV-associated cancers revealed that
182 demethylation of the viral genome was successfully achieved (Chan et al., 2004).

183

184 **Impact of decitabine as a demethylation agent of the EBV genome in EBV-infected cells**

185 An exciting new development in the fight to reprogram the epigenetics of EBV-infected cells to make
186 them sensitized to immunotherapy was reported recently (Dalton et al., 2020). This builds on
187 previous successes of infusing virus-antigen-specific autologous or allogeneic CTLs to treat EBV
188 cancers (Heslop et al., 2010; Bollard and Barrett, 2014; Bollard et al., 2014; Chia et al., 2014; Kazi et
189 al., 2019; Prockop et al., 2020). Dalton hypothesized that if they could reactivate expression of viral
190 antigens using sub-cytopathic doses of drugs, the cancer cells may become primed for immune
191 attack. In a search to re-purpose drugs that could promote the expression of antigenic viral genes in
192 the aggressive B-lymphomas that express the most restricted pattern of EBV gene expression
193 (latency I), they identified decitabine as a strong candidate to reprogram the expression of
194 immunogenic viral latency genes. Decitabine induced the expression of the two key viral promoters,
195 with the resulting proteins identified in 27-58% of cells in a cell culture model system (Figure 2)
196 (Dalton et al., 2020). Excitingly, the reprogramming of viral gene expression was reproduced in a more
197 physiologically challenging mouse xenograft tumour model and the change in gene expression was
198 shown to have a durable impact. Importantly, EBV-specific CTLs were able to recognise and kill the
199 decitabine-treated tumour cells *in vitro* and critically they were shown to infiltrate the xenograft
200 tumours *in vivo* (Figure 1) (Dalton et al., 2020), providing proof-of-principle.

201

202 **Discussion**

203 The pressing question is whether decitabine treatment could provide a relevant clinical approach to
204 treat EBV-associated lymphomas and carcinomas? Decitabine has a proven potential to drive
205 hypomethylation of the viral genome and to prime EBV-associated lymphoma cells to re-express

206 immunogenic viral genes (Dalton et al., 2020). This provides the first part of a potential therapeutic
207 strategy. In combination with the action of the patient's existing immune response, this may be
208 sufficient to boost an immune attack, or this could be supplemented by infusion of EBV-specific
209 CTLs or T-cells expressing EBV-specific chimeric antigen receptors (CAR-T therapy) (Chicaybam et
210 al., 2019; Dragon et al., 2020; Prockop et al., 2020; Heslop et al., 2021). However, a potential
211 limitation to this approach is that the EBV genome was not reactivated in every lymphoma cell
212 following decitabine treatment (Dalton et al., 2020), and so not all tumor cells would be rendered
213 susceptible to immune attack. Whether reactivation could be stimulated to generate a homogeneous
214 response remains an open question. Interestingly, the sub-cytopathic dose of decitabine used
215 appeared sufficient to stop the lymphoma growing (Dalton et al., 2020). Alterations to host gene
216 expression might also occur as a result of decitabine and may negatively impact on the growth or
217 survival of tumor cells. The recent discovery that LMP1 directs the expression of a set of tumor-
218 associated antigens in a B-lymphoma that are recognized by T-cells (Choi et al., 2021) supports this
219 avenue, although it is not known yet whether the changes in gene expression involves a change in
220 DNA methylation. Changes in expression of cellular genes may be especially relevant for EBV-
221 associated carcinomas, where a high proportion of the cellular genome is methylated. In addition, in
222 non-EBV infected cells it has recently been shown that decitabine can act in combination with
223 chemotherapy to improve its efficacy (Wu et al., 2019). This suggests another avenue of research for
224 combined EBV-associated cancer treatments.

225

226 The recent advances that allow for the reversal of DNA methylation and epigenetic silencing of viral
227 gene expression and those that develop specific viral immunotherapies provide promising avenues of
228 research for EBV-associated cancers in the future.

229

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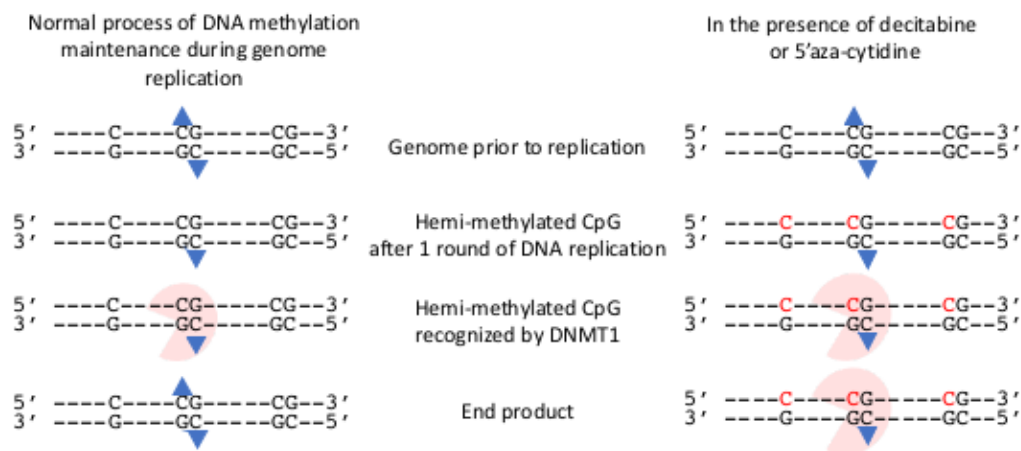
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385 **Figure legend**386 **Figure 1. Impact of decitabine and 5' azacytidine on the maintenance methylation of DNA**
387 **during genome replication**388 The presence of an isolated C and two CpG motifs in genome are shown prior to replication. The
389 methylation group on each methyl cytosine of the central CpG motif is shown (blue triangle).

390 Following one round of semi-conservative DNA replication hemi-methylated CpG motifs occur.

391 These are recognized by DNMT1 and a methyl group added to the unmethylated cytosine. Thus the
392 end product has the same methylation state as the genome prior to replication.393 In the presence of decitabine or 5'aza-cytidine, these modified bases are incorporated into the newly
394 synthesized strand (shown in red). The hemi-methylated CpG motifs are recognized by DNMT1, and
395 are covalently bound to the modified cytosine bases. The genome remains in a hemi-methylated state.

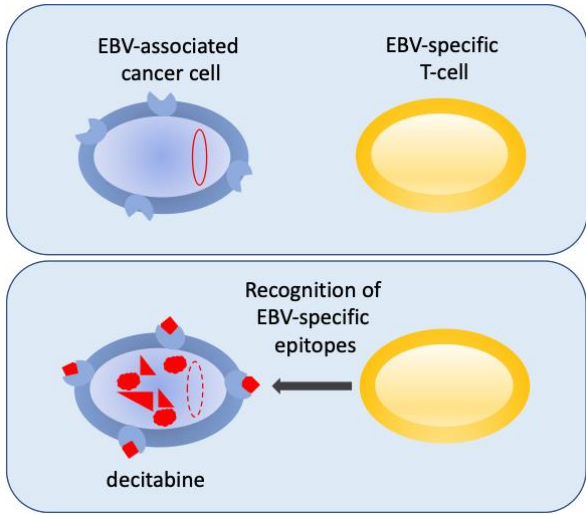
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399 **Figure 2. Reversing epigenetic silencing of the viral genome allows recognition by T-cells**400 EBV-associated cancer cells are shown in blue. In the top panel the viral genome (red oval) is hyper
401 methylated at CpG motifs and largely silent. MHC is shown at the cell surface (blue shape). In the
402 bottom panel, following decitabine treatment, the genome is de-methylated (red dashed-line oval),

403 reactivated and expresses immunogenic viral proteins (red) that are displayed with MHC as peptides
404 at the surface of the cell. This allows the EBV-specific T-cells (yellow) to recognize the cancer cells.



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