Many-body atomic speed sensor in lattices

Article (Accepted Version)

Giampaolo, Salvatore Marco, Trombettoni, Andrea, Krüger, Peter and Macrì, Tommaso (2018) Many-body atomic speed sensor in lattices. *Physical Review A*, 97 (4). 041602 1-5. ISSN 2469-9926

This version is available from Sussex Research Online: <http://sro.sussex.ac.uk/id/eprint/79656/>

This document is made available in accordance with publisher policies and may differ from the published version or from the version of record. If you wish to cite this item you are advised to consult the publisher's version. Please see the URL above for details on accessing the published version.

Copyright and reuse:

Sussex Research Online is a digital repository of the research output of the University.

Copyright and all moral rights to the version of the paper presented here belong to the individual author(s) and/or other copyright owners. To the extent reasonable and practicable, the material made available in SRO has been checked for eligibility before being made available.

Copies of full text items generally can be reproduced, displayed or performed and given to third parties in any format or medium for personal research or study, educational, or not-for-profit purposes without prior permission or charge, provided that the authors, title and full bibliographic details are credited, a hyperlink and/or URL is given for the original metadata page and the content is not changed in any way.

Many-Body Atomic Speed Sensor in Lattices

Salvatore Marco Giampaolo,¹ Andrea Trombettoni,^{2,3} Peter Krüger,⁴ and Tommaso Macrì^{5,1}

¹*International Institute of Physics, 59078-400 Natal-RN, Brazil*

²*CNR-IOM DEMOCRITOS Simulation Center, Via Bonomea 265, I-34136 Trieste, Italy*

³*SISSA and INFN, Sezione di Trieste, via Bonomea 265, I-34136 Trieste, Italy*

⁴*Department of Physics and Astronomy, University of Sussex, Falmer, Brighton BN1 9RH, United Kingdom*

⁵*Departamento de Física Teórica e Experimental,
Universidade Federal do Rio Grande do Norte, 59072-970 Natal-RN, Brazil*

We study the properties of transmissivity of a beam of atoms traversing an optical lattice loaded with ultracold atoms. The transmission properties as function of the energy of the incident particles are dependent on the quantum phase of the atoms in the lattice. In fact, in contrast to an insulator regime, the absence of an energetic gap in the spectrum of the superfluid phase enables the atoms in the optical lattice to adapt to the presence of the beam. This induces a backaction process that has a strong impact on the transmittivity of the atoms. Based on the corresponding strong dependency we propose the implementation of a speed sensor with an estimated sensitivity of $10^8 - 10^9 \text{ m/s}/\sqrt{\text{Hz}}$. We point out that the velocity sensitivity improves when the interaction term in the optical lattice increases. Applications of the presented scheme are discussed.

PACS numbers: 51.10.+y, 02.70.Ns, 67.85.Lm

Introduction. Recent progress in the manipulation of atomic, molecular and optics systems in general, and quantum gases in particular [1, 2] forms the basis of a new class of quantum devices. A major line of research in this context is quantum sensing [3], devoted to measurements enhanced or made possible by the low temperature, low decoherence, and/or strong quantum correlations achieved in cold atom systems. Apart from the long-standing interest in the pursuit of increasing the performance of atomic clocks [4], one can foresee or perform measurements of accelerations and rotations [5, 6], and of other quantities – see, *e.g.*, the recent proposal for the measurement of magnetic fields [7]. Based on the application of a variety of interferometric schemes [8, 9], the main advantages are that such devices may perform better at the micrometer scale, and that – even though not the best in absolute sensitivity – they can be portable [10], with a breadth of research and technological applications.

In this paper we illustrate a possible application of a new type of cold atom-based sensor that implements a speedometer. This sensor utilizes an atomic beam with low velocity spread colliding with an optical lattice loaded with ultracold bosonic atoms. The interaction between the atoms in the beam and the ones in the lattice push latter atoms aside. In such a system therefore we can face a physical phenomenon that can refer as a sort of “ultracold Moses effect”. This backaction creates resonances for the transmission of beam particles and makes the transmittivity of the beam of test particles extremely sensible even to small changes in the relative speed between the source of the beam and the lattice. Therefore it can be used to realize a speed sensor in which, unlike most of other atom sensors, the interactions in the lattice may help to have larger sensitivities.

An essential ingredient of our proposal is the possibility to control a two-component cold gas. This has become a standard capability in quantum gas laboratories, where the two components can either be two hyperfine levels of a single species, or two different species. Applications of bosonic two-component gases range from the study of component separation in binary mixtures [11] and of the motion of impurities in Bose-Einstein condensates [12] to Josephson tunneling induced by Rabi coupling [13–15], high-resolution magnetometry [16] and sub-shot-noise interferometry [17, 18]. Among the many experimental manipulation techniques it is possible to have different optical lattices acting on the two components [19] and to confine them in different dimensionalities [20]. In our case one of the two components is trapped in a lattice potential, while the other is propagating in a potential-free environment where the atoms are used as test particles. The colliding beam of atoms is then directed to traverse the optical lattice. This is within experimental reach, as shown *e.g.* in [21], where a one-dimensional Bose gas was used as a source of matter waves to determine the spatial ordering of atoms of a different species confined in an optical lattice.

General considerations. The transmission rate $T(v)$ of a quantum particle across a region characterized by the presence of a (static) potential barrier depends on the kinetic energy of the object itself and thus, in the semi-classical regime, on its speed with respect to the barrier v . However, the sensitivity of a measurement based on this dependency may be very low. It is, however, possible to substantially increase the sensitivity of this approach by introducing a backaction, *i.e.* a feedback making the potential barrier able to adjust to a change of the kinetic energy of the test atoms. In our scheme, depicted in Fig. 1, the role of the test particle is played by a focused

FIG. 1: Scheme of the speed sensor. A focused beam of test atoms (blue spheres) impacts a 1-d optical lattice in superfluid regime (red spheres). The transmission rate of the colliding atoms depends on their speed respect to the lattice.

one-dimensional beam of non-interacting atoms while the potential barrier is realized using an optical lattice loaded with ultracold bosons. We assume that *i*) the atoms in the lattice are in superfluid regime; *ii*) the beam of test atoms is centered on an individual site of the optical lattice and that, in the directions orthogonal to the propagation, its profile is Gaussian; *iii*) all interactions are local. Increasing (decreasing) the kinetic energy of the test atoms will result in a change of their penetration within the optical lattice (note that if the barrier has a peculiar form this may not be the case [22]). This increased (decreased) penetration implies, as a consequence, the rising of site dependent potential in the optical lattice that induces a displacement of the atoms from the sites in which this potential is larger towards the ones in which is smaller. The depletion in the sites impacted directly by the beam induces an effective reduction (enhancement) in the height of the potential barrier for the test atoms and therefore a faster increment (drop) of the transmittivity than in the case in which the migration is forbidden as, for example, in the Mott-insulator phase. As a consequence, in the superfluid regime the sensitivity is expected to be substantially increased. In such scheme the role of the optical lattice is to concentrate the atoms with which the beam of test atoms interact leading to a relevant increment of the backaction phenomenon.

Theoretical model. The Hamiltonian of bosonic atoms of mass m_b in a one-dimensional optical lattice reads [23–25]

$$\hat{H}_{opt} = \int d^3\mathbf{r} \hat{\psi}^\dagger(\mathbf{r}) \left[-\frac{\hbar^2}{2m_b} \nabla^2 + V_o(\mathbf{r}) \right] \hat{\psi}(\mathbf{r}) + \frac{g_0}{2} \int d^3\mathbf{r} \hat{\psi}^\dagger(\mathbf{r}) \hat{\psi}^\dagger(\mathbf{r}) \hat{\psi}(\mathbf{r}) \hat{\psi}(\mathbf{r}), \quad (1)$$

where $V_o(\mathbf{r}) = V_0 \sin(\pi z/a)^2$ is the periodic potential and $g_0 = 4\pi\hbar^2 a_{bb}/m_b$ the interaction strength of atoms in the lattice. When the filling is small one can use a harmonic approximation for the Wannier wave-functions [26, 27], setting $\hat{\psi}(\mathbf{r}) = \sum_i \eta_i(\mathbf{r}) \hat{b}_i = \sum_i \eta_x(x) \eta_y(y) \eta_z(z - z_i) \hat{b}_i$, where $\hat{b}_i$ is the bosonic annihilation operator on the i -th

site in $(0, 0, z_i)$ and $\eta_\alpha(\alpha) = \frac{1}{\pi^{1/4} \ell_\alpha^{1/2}} \exp\left(-\frac{\alpha^2}{2\ell_\alpha^2}\right)$. The harmonic oscillator length ℓ_α depends on the direction α . In the lattice direction $\ell_z = a/(\pi^4 V_o/E_r)^{1/4}$, where $E_r = \frac{\pi^2 \hbar^2}{2m_b a^2}$ is the recoil energy and a is the lattice spacing. In the orthogonal directions, $\ell_{x,y} = \sqrt{\hbar/(m_b \omega_\perp)}$ depends on the frequencies of the harmonic trap that we assume to be equal $\omega_x \equiv \omega_y = \omega_\perp$. In a single-band approximation for the atoms in the lattice we recover the standard Bose-Hubbard model in the tight-binding limit that in the grand canonical ensemble becomes

$$\hat{H}_{opt} = -t \sum_i (\hat{b}_i^\dagger \hat{b}_{i+1} + h.c.) + \frac{u}{2} \sum_i \hat{n}_i (\hat{n}_i - 1) - \mu \sum_i \hat{n}_i, \quad (2)$$

where $\hat{n}_i = \hat{b}_i^\dagger \hat{b}_i$, u , μ and t are the intensity of the local intra-species interaction, the chemical potential and the hopping term, respectively.

The interaction of lattice bosons with beam particles is described by $\hat{H}_{int}$:

$$\hat{H}_{int} = g_{bt} \int d^3\mathbf{r} \hat{\phi}^\dagger(\mathbf{r}) \hat{\psi}^\dagger(\mathbf{r}) \hat{\psi}(\mathbf{r}) \hat{\phi}(\mathbf{r}), \quad (3)$$

where $g_{bt} = 2\pi\hbar^2 a_{bt}/\mu_{bt}$ is the inter-species contact interaction and $\mu_{bt} = m_b m_t / (m_b + m_t)$ the reduced mass of a test and a bosonic atom in the lattice. We assume that $\hat{\phi}(\mathbf{r}) = \chi(\mathbf{r}) \hat{c} = \chi_x(x) \chi_y(y) \chi_z(z) \hat{c}$ can be factorized in the three directions, where $\hat{c}$ is the annihilation operator acting of the beam atoms. Test particles propagate along the x direction and $\chi_y(y)$ and $\chi_z(z)$ are Gaussians with oscillator length ℓ_t fixed a priori and centered, respectively, around $y = 0$ and $z = z_{i_0}$. $\chi_x(x)$ is the solution of the time independent one dimensional Schrödinger equation in the presence of a potential barrier generated by the optical lattice

$$W(x) = \frac{2\pi\hbar^2 a_{bt}}{\mu_{bt}} |\eta_x(x)|^2 \int dy |\chi_y(y)|^2 |\eta_y(y)|^2 \times \sum_i \langle \hat{n}_i \rangle \int dz |\chi_z(z - z_{i_0})|^2 |\eta_z(z - z_i)|^2 \quad (4)$$

The full Hamiltonian of the atoms in the lattice then becomes

$$\hat{H} = \hat{H}_{opt} + \sum_i \bar{W}_i \hat{n}_i \langle \hat{n}_{test} \rangle \quad (5)$$

where $\hat{n}_{test} = \hat{c}^\dagger \hat{c}$ counts the particles number of the beam that interact simultaneously with the optical lattice and $\bar{W}_i = g_{bt} \int d^3\mathbf{r} |\chi(\mathbf{r})|^2 |\eta_i(\mathbf{r})|^2$. In the stationary condition, i.e. when the flux of the particles in the beam as well as the lattice density distribution are constant, we can replace $\hat{n}_{test}$ with its average value $\langle \hat{n}_{test} \rangle$ within a mean field approximation.

Numerical solution. To determine the stationary state given by the solution of our problem we use the site-dependent mean field approach described in Refs. [28,

29]. The advantage of this approach is to vary the value of μ self consistently keeping the number of atoms in the lattice fixed and avoiding the depletion effect of standard mean field approaches. As all the others mean field approaches it does not take into account quantum fluctuations and to reduce this problem we consider parameters far from the quantum critical point. We implement such a method in five steps. *Step 1*: We find the mean field order parameter $\langle \hat{b}_i \rangle$ assuming $\bar{W}_i = 0 \forall i$. *Step 2*: We determine $W(x)$ of eq. (4) and numerically solve the Schrödinger equation for the atoms in the beam. *Step 3*: We use the $\chi_x(x)$ obtained in *Step 2* to determine $\bar{W}_i$ and hence the new set of order parameters. *Step 4*: We determine the total number of atoms in the optical lattice adjusting the chemical potential. *Step 5*: Finally we iterate *Steps 2-4* until all quantities, i.e., the set of site dependent mean field order parameters, the total number of atoms in the lattice and the transmittivity converge (up to 10^{-8}).

Fisher Information (FI) and sensitivity. From the knowledge of the transmission coefficient $T(v)$ we determine the optimal sensitivity via the FI $I(v)$ [30–32]. Experimentally, we have access to the flux of incoming particles and to the fraction of detected particles. Therefore we can define the probability of a single particle with velocity v to be transmitted across the optical lattice as the transmissivity $P(1;v) \equiv T(v)$ while the probability to be reflected equals $P(0;v) \equiv 1 - T(v)$. The resulting FI then reads

$$I(v) = \left(\frac{\partial T(v)}{\partial v} \right)^2 \frac{1}{T(v)(1 - T(v))}. \quad (6)$$

FI is strictly connected with the relative sensitivity $\sigma(v)$ that is the ratio between the relative change in the output signal and the relative change in the input

$$\sigma(v) = \frac{\Delta T(v)}{T(v)} \cdot \left(\frac{\Delta v}{v} \right)^{-1} \simeq v \sqrt{\frac{1 - T(v)}{T(v)}} I(v). \quad (7)$$

Setting our system in such a way that, when the source of the beam is at rest with respect to the optical lattice, the velocity of test atoms equals v_m , i.e. the velocity at which $I(v)$ reaches its maximum, we may determine velocities of the order of

$$v' = \frac{\Delta T}{T(v_m)} \sqrt{\frac{1}{I(v_m)} \frac{T(v_m)}{1 - T(v_m)}}. \quad (8)$$

Results. In the upper panel of Fig. 2 we show a typical example of $T(v)$ of a beam of test atoms across an optical lattice in the superfluid regime compared with the case in which the backaction effect is artificially suppressed [33]. For very slow and very fast particles, the two transmittivities coincide. When the kinetic energy of test atoms, in a reference system in which the optical lattice is at rest, is

FIG. 2: Behavior of $T(v)$ (top) and FI $I(v)$ (central). Black dashed line (empty black circles): Mott-insulator like phase. Red dash-dotted solid line (red empty squares): superfluid phase. (Bottom). Average occupancy $n_i(v) = \langle \hat{n}_i \rangle$ of the optical lattice sites in the superfluid regime for several different sites: red circle/dashed line $i = i_0$; black square/dotted line $i = i_0 \pm 1$; green triangle up/solid line $i = i_0 \pm 2$; blue triangle down/dot dashed line $i = i_0 \pm 3$; orange diamond/dashed line $i = i_0 \pm 4$. All quantities are plotted as function of the velocity of the test atoms in the reference system in which the optical lattice is at rest. Simulations were performed fixing $\omega_\perp = 5$ kHz, $a = 266$ nm and $V_0 = 7 E_r$. The lattice is loaded with ^{87}Rb with an average 2.5 atoms per site and $a_{bb} = 100a_0$. Beam atoms are ^7Li with $r = \ell_t/\ell_z = 10$ and $a_{bt} = 200 a_0$. For these values $v_R = 8.63$ mm/s. Gray vertical lines: position of local peaks of the FI.

comparable with the height of the potential barrier, the penetration of such atoms in the lattice is relevant. This affects the Hamiltonian seen by the atoms in the lattice and induces a redistribution of the atoms in the lattice that strongly depends on the velocity. As a consequence we have a very fast increment of the transmission rate even with a small variation of v . However such trend is not monotonic. Once the wave function has penetrated throughout the optical lattice, the spatial dependence of $\chi_x(x)$ can reduce the value of the integral in eq. (3). This may compensate the natural increment of the transmission rate associated to an increment of the speed of the test atoms, hence generating the plateau in the transmission rate of the superfluid case (the upper panel of Fig. 2). Increasing g_{bt} , the plateau can be replaced by a

sharp downhill of $T(v)$. In the presence of such plateau, as the FI depends on the square of the derivative of $T(v)$ respect to v , the sensitivity becomes smaller than the one in the Mott-Insulator regime. The non monotonic behavior of the integral in eq. (3) induces also the modulation of the occupancy of the sites (the lowest panel of Fig. 2.) The number of sites affected by the depletion depends on $r = \ell_t/\ell_z$. If $r \simeq 1$, then the depleting effect is almost contained in one single site, i.e. i_0 , whereas the number of sites affected by the depletion increases when r gets larger.

The height and the position of the maximum of the FI, $I(v_m) = \max(I(v))$, depend on the parameters of the system. In Fig. 3 we show the dependence of $I(v_m)$ on the mean-field inter-species interaction $\langle \hat{n}_{test} \rangle a_{bt}$, for several value of $r = \ell_t/\ell_z$ (upper panel) and of the intensity of the optical lattice V_0 . In all the cases analyzed, when the interaction between the two species of atoms is weak, the value of $I(v_m)$ coincides with the one obtained in the Mott-Insulator like limit. However, increasing $\langle \hat{n}_{test} \rangle a_{bt}$ above a certain threshold value, we have a pronounced increment of $I(v_m)$. This increment can be enhanced both reducing the width of the test beam (upper panel of Fig. 3) and/or increasing the depth of the optical lattice, that implies a reduction of the ratio t/u taking care to avoid to enter in the Mott-insulator regime. If one has an integer filling and enter in the Mott Insulator phase one finds that the sensitivity decreases always linearly as in the limit of low energies in Fig. 3.

Summarizing, it is possible to obtain a value of $I(v_m)$ of the order of 10^3 – 10^4 (mm/s) $^{-2}$ where v_m is of the order of 1 – 10 mm/s. The sensitivity of an atom detector can be estimated in the shot-noise limit by the fact that the error of the number of particles is $\propto \sqrt{N}$: therefore $\frac{\Delta T}{T} \propto \frac{1}{\sqrt{N}}$. Assuming an integration time of 1 s and $\frac{\Delta T}{T} \sim 10^{-3}$, we obtain from eq. (8) that our system can measure velocities of the order 10^{-8} – 10^{-9} m/s. Generally with an integration time τ_{int} and a constant incoming flux $\dot{N}$, then $N = \dot{N} \tau_{int}$. With $\dot{N} = 10^6$ /s we expect a sensitivity of 10^{-8} – 10^{-9} m/s/ $\sqrt{\text{Hz}}$. The distance over which the velocity is measured can be large (even $\sim$ cm) as long as the beam remains focused to within no more than a few lattice sites.

We observe that using the technology in LIGO one can detect much smaller velocities, *e.g.* of order of 10^{-16} m/s. In standard atom interferometers one has $\sim 10^{-13}g$ as acceleration sensitivity, which in portable devices is $\sim 10^{-9}g$. For the latter one can therefore measure velocities of order of 10^{-9} m/s. Notice, however that in atom gravimeters to measure the velocity one typically has to have or assume constant acceleration, while in our scheme there is not such assumption.

Further considerations. A first issue to be discussed is the role of temperature on the proposed scheme. A simple estimate can be performed in self consistent harmonic

FIG. 3: Maximum of FI as a function of the $\langle \hat{n}_{test} \rangle a_{bt}$ for different values of $r = \ell_t/\ell_z$ (top) and of the lattice depth V_0 (bottom). Lines: superfluid phase. Dots: Mott-Insulator like phase. Top. Lattice depth $V_0 = 7 E_r$ ($t/u \simeq 0.29$) for: $r = 2$ (red solid line/red empty circles); $r = 10$ (black dotted line/black empty squares); $r = 15$ (blue dashed line/blue empty diamonds). Bottom. We fix $r = 10$ and vary V_0 : $V_0 = 6 E_r$ ($u = 0.048 E_r$, $t/u \simeq 0.42$) (black dotted line/black empty squares); $V_0 = 7 E_r$ ($u = 0.050 E_r$, $t/u \simeq 0.29$) (red solid line/red empty circles); $V_0 = 10 E_r$ ($u = 0.054 E_r$, $t/u \simeq 0.11$) (green dot-dashed line/green empty diamonds); $V_0 = 13 E_r$ ($u = 0.058 E_r$, $t/u \simeq 0.04$) (blue dashed line/blue empty triangles). Other parameters as in Fig. 2.

approximation [34], showing that when the temperature τ is much smaller than the Bose-Einstein condensate critical temperature T_{BEC} (e.g. $\tau \simeq 0.3 T_{BEC}$) the effective value of T is renormalized to $T_{eff}(\tau) = T e^{-D_{ij}}$, where D_{ij} is the expectation value of $(\theta_i - \theta_j)^2$, with θ_i being the phase of the superfluid in the i -th well. This shows that there is quantitative, but not qualitative, effect of thermal fluctuations.

Another issue is that it is not yet possible to have a continuous coherent beam at degenerate temperature. Two remedies are presently possible: First, the beam can be replaced by a cloud trapped in a moving (parabolic) guiding potential. Second, the beam is continuous but at a temperature above T_{BEC} . This is acceptable as long as the beam is dilute enough not to heat (within the time of the experiment) the atoms in the lattice above their critical temperature for superfluidity. Note that when the velocity v is on the order of 10^{-3} m/s and the number of particles in the beam is $M \sim 10^6$, then $M \frac{m}{2} v^2 \sim 10^{-3} nK$, i.e. much lower than typical temperatures in the relevant experiments. Finally, if there are fluctuations varying the intensity of the optical lattice

potential V_0 , one expects a variation of t/u , which it appears to not have a major effect on the speed sensitivity, as shown in Fig. 3. Three-body losses may vary the total number of particles in the lattice, reducing the time on which one can perform a measurement and the minimum detectable velocity, but not altering significantly the sensitivity. Further work will be devoted to a deeper analysis of detrimental effects for a realistic implementation of the proposal device.

To conclude, our scheme can be useful to design a gyroscope. We can consider a ring shape optical lattice with a radius R and a beam of test atoms propagating in the ring plane. The beam of test particle is tangential to the ring. As above, the beam interacts relevantly only with a small number of sites of the lattice. In this realization a measurement of v becomes a measurement of the rotational speed v/R . Considering the value that we have obtained so far we have that, for a radius $R \sim 10 \mu\text{m}$, one can then measure variations in the angular velocity of the order of 10^{-5} rad/s. Even if we expect that this implementation would not show a qualitative difference to what we presented here, it would require a separate study to determine the sensitivity of rotation measurement into this geometry that is different to the one considered in the text. Even though this application is certainly challenging, we believe it illustrates a possible application of this scheme for other measurements at micrometer scale.

Conclusions. We presented a scheme to perform sensitive velocity measurements based on an atomic beam impacting on atoms confined in an optical lattice. The sensitivity depends on a many-body backaction mechanism determined by the probed particles of the atoms in the optical lattice.

Acknowledgments. We acknowledge A. Smerzi and all members of the Matterwave consortium for useful discussions. T.M. acknowledges CNPq for support through Bolsa de produtividade em Pesquisa n. 311079/2015-6. Support from the EU-FET Proactive Action (Grant 601180 MatterWave) is also acknowledged.

-
- [1] I. Bloch, J. Dalibard, and W. Zwerger Rev. Mod. Phys. **80**, 885 (2008).
 - [2] M. Lewenstein, A. Sanpera, and V. Ahufinger, *Ultracold atoms in optical lattices: simulating quantum many-body systems* (Oxford, Oxford University Press, 2012).
 - [3] C.L. Degen, F. Reinhard, and P. Cappellaro, Rev. Mod. Phys. **89**, 035002 (2017).
 - [4] B. J. Bloom, T. L. Nicholson, J. R. Williams, S. L. Campbell, M. Bishof, X. Zhang, W. Zhang, S. L. Bromley and J. Ye Nature **506**, 71 (2014)
 - [5] H. Müntinga *et al.*, Phys. Rev. Lett. **110**, 093602 (2013).
 - [6] R. Stevenson, M.R. Hush, T. Bishop, I. Lesanovsky, and T. Fernholz, Phys. Rev. Lett. **115**, 163001 (2015).
 - [7] K. Jachymski, T. Wasak, Z. Idziaszek P. S. Julienne, A. Negretti, and T. Calarco, arXiv:1707.06018 (2017).
 - [8] A. D. Cronin, J. Schmiedmayer, and David E. Pritchard Rev. Mod. Phys. **81**, 1051 (2009).
 - [9] *Atom Interferometry*, Proceedings of the International School of Physics "Enrico Fermi", Course 188, Varenna - G. M. Tino and M. A. Kasevich eds. (IOS Press, Amsterdam, 2014).
 - [10] J. Fortágh and C. Zimmermann, Rev. Mod. Phys. **79**, 235 (2007).
 - [11] D. S. Hall, M. R. Matthews, J. R. Ensher, C. E. Wieman, and E. A. Cornell Phys. Rev. Lett. **81**, 1539 (1998).
 - [12] G. Thalhammer, G. Barontini, L. De Sarlo, J. Catani, F. Minardi, and M. Inguscio, Phys. Rev. Lett. **100**, 210402 (2008).
 - [13] J. Williams, R. Walser, J. Cooper, E. A. Cornell, and M. Holland, Phys. Rev. A **61**, 033612 (2000).
 - [14] A. Cappellaro, T. Macrì, G. F. Bertacco, and L. Salasnich, Sci. Rep. **7**, 13358 (2017).
 - [15] A. Smerzi, A. Trombettoni, T. Lopez-Arias, C. Fort, P. Maddaloni, F. Minardi, and M. Inguscio, Eur. Phys. J. B **31**, 457 (2003).
 - [16] M. Vengalattore, J. M. Higbie, S. R. Leslie, J. Guzman, L. E. Sadler, and D. M. Stamper-Kurn, Phys. Rev. Lett. **98**, 200801 (2007).
 - [17] C. Gross, T. Zibold, E. Nicklas, J. Estève, and M. K. Oberthaler, Nature **464**, 1165 (2010).
 - [18] M. F. Riedel, P. Böhi, Y. Li, T. W. Hänsch, A. Sinatra, and P. Treutlein, Nature **464**, 1170 (2010).
 - [19] O. Mandel, M. Greiner, A. Widera, T. Rom, T. W. Hänsch, and I. Bloch, Phys. Rev. Lett. **91**, 010407 (2003).
 - [20] G. Lamporesi, J. Catani, G. Barontini, Y. Nishida, M. Inguscio, and F. Minardi, Phys. Rev. Lett. **104**, 153202 (2010).
 - [21] B. Gadway, D. Pertot, J. Reeves, and D. Schneble, Nature Phys. **8**, 544 (2012).
 - [22] A. Paris-Mandoki, J. Shearring, F. Mancarella, T. M. Fromhold, A. Trombettoni, and P. Krüger, Sci. Rep. **7**, 9070 (2017).
 - [23] D. Jaksch, C. Bruder, J. I. Cirac, C. W. Gardiner, and P. Zoller, Phys. Rev. Lett. **81**, 3108 (1998).
 - [24] M. Greiner, O. Mandel, T. Esslinger, T. W. Hänsch, and I. Bloch, Nature **415**, 39 (2002).
 - [25] I. Bloch, Nature Phys. **1**, 23 (2005).
 - [26] S. Pilati and M. Troyer, Phys. Rev. Lett. **108**, 155301 (2012).
 - [27] If the filling or the interaction is large, (or the transverse confinement is weaker than the one considered in the text), one should determine the η 's and the Bose Hubbard parameters t and u from the solution of the Gross-Pitaevskii equation with the nonlinear term [35].
 - [28] P. Buonsante, S. M. Giampaolo, F. Illuminati, V. Penna and A. Vezzani, Phys. Rev. Lett. **100**, 240402 (2008).
 - [29] P. Buonsante, S. M. Giampaolo, F. Illuminati, V. Penna and A. Vezzani, Eur. Phys. J. B **68**, 427 (2009).
 - [30] B. R. Frieden, *Science from Fisher Information: A Unification* (Cambridge, Cambridge University Press, 2004).
 - [31] P. Réfrégier, *Noise theory and application to physics: from fluctuations to information* (Springer Science & Business Media, 2012).
 - [32] T. Wasak, A. Smerzi, L. Pezzé, and J. Chwedeńczuk, Quant. Inform. Process. **15**, 2231 (2016).
 - [33] We say *artificially* suppressed and not in the Mott-insulator regime because with our choice of a density of atoms in the lattice equal to a non integer value, the Mott-Insulator regime is, strictly speaking, impossible.

In practice, we enforce that the density of lattice atoms stays unaltered by the presence of the incoming beam. This is analogous to what we expect in a Mott-insulator phase (integer filling) when the beam provides an energy smaller than the Mott gap.

- [34] E. Šimánek, Eugen. Imprint New York : Oxford University Press, 1994.
- [35] A. Smerzi and A. Trombettoni, Phys. Rev. A **68**, 023613 (2003).