

## A user-centred approach to developing bWell, a mobile app for arm and shoulder exercises after breast cancer treatment

Article (Supplemental Material)

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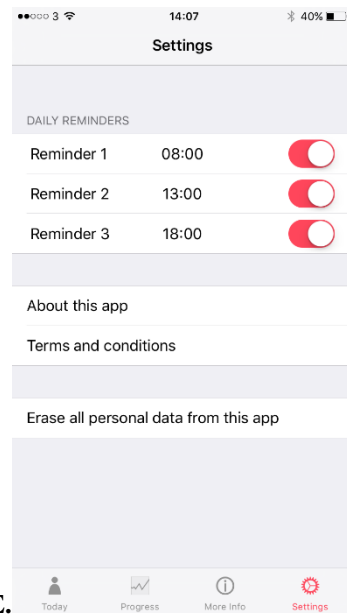
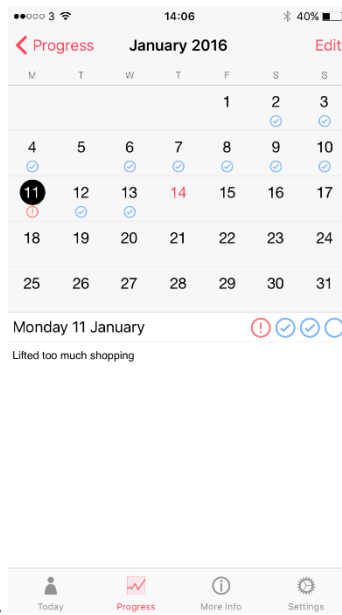
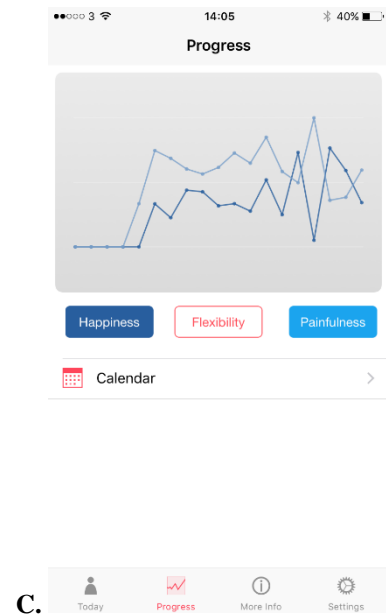
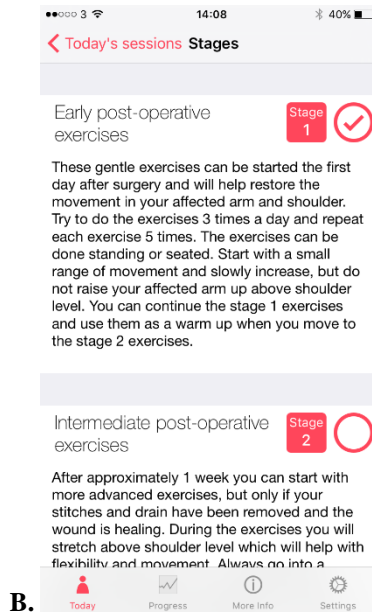
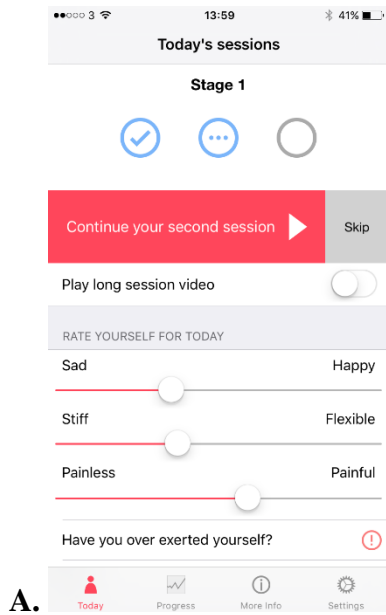
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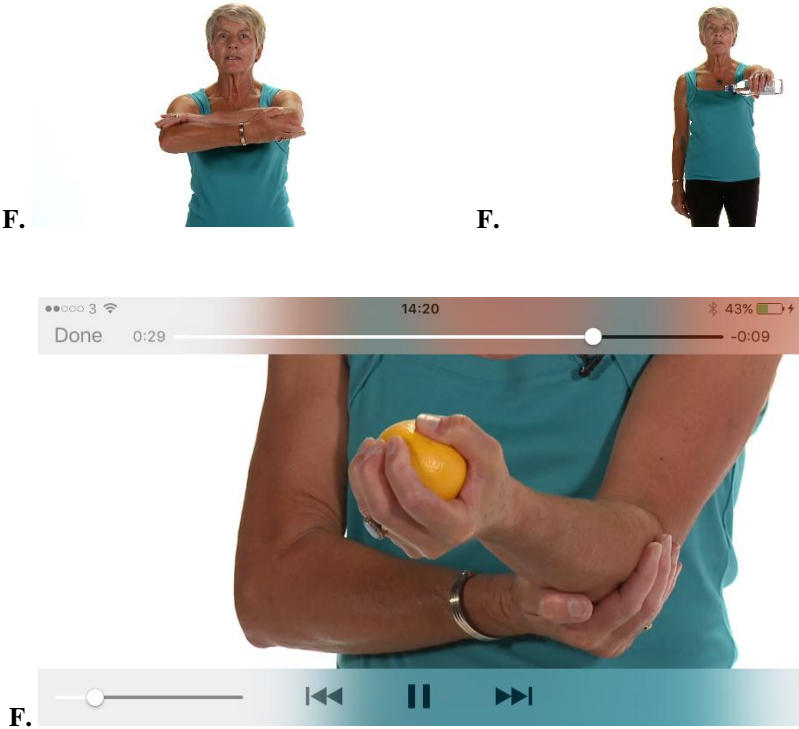
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**Supplementary material - Figure II: Overview of bWell**



Supplementary material - Figure II: Overview of bWell - continued



- A: start page bWell
- B: exercise stage selection page
- C: progress tracking
- D: calendar and note function
- E: reminder settings
- F: exercise images/videos