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Extreme Downsizing of Spin Crossover Nanoparticles Towards Stable Colloids in Water: A Detailed Nano-Topographic study

Christina D. Polyzou, a b Ondřej Malina, a b Michaela Polaskova, a b Manoj Tripathi, d Alan B. Dalton, d John Parthenios, a c Vassilis Tangoulis* a

The investigation and elaboration of the Spin-Crossover (SCO) phenomenon in Two – Dimensional (2D) Hofmann-type nanosized SCO materials and the size-reduction effect on cooperativity and thermodynamic properties of the nanoparticle are still in progress. This paper reports on the preparation of 2D SCO materials with atomically thin nanosheets which is an underexplored area of research. The presented method is based on a reverse-micellar synthesis of Fe(2-mpz),Ni(CN)₄ and a further rationalization of this method followed by LPE experimental protocols in order to synthesize nanoplatelets with well-controlled size and shape. The role of concentration and reaction’s temperature is investigated in relation to the size, dispersion, morphology and magnetic properties of the nanoparticles. It was found that for specific values of the reaction parameters the size of the nanoparticles is controlled and the final products are nanoparticles with an agglomerated architecture. According to an extensive Atomic Force Microscopy (AFM) Nano-topographic study, this agglomeration is best described as right truncated thick prisms of [Fe(2-mpz),Ni(CN)₄] stacked in a vertical position on a rectangular base plate. During the LPE procedure and by prolonging the sonication period the thick prisms are detached and, eventually, exfoliated to atomically thin right prism of height ~1 nm. Magnetic measurements revealed that the size reduction leads to the progressive downshift of abrupt thermal hysteresis with two-step SCO transition temperatures of the bulk [Fe(2-mpz),Ni(CN)₄] material to a gradual incomplete SCO behavior of an almost single layer 2D [Fe(2-mpz),Ni(CN)₄] nanosheet.

Introduction

The ability of octahedral Fe³⁺ ions switching from an electronic high spin (HS, t₆g⁴eg⁰) to a low-spin (LS, t₆g⁴eg²) state triggered by external stimuli such as temperature, pressure, light irradiation, pulsed magnetic field and guest molecules was led to iron(II) Spin-Crossover (SCO) and thus to a class of well-known switchable materials. ¹⁻¹⁴ SCO materials have been widely used for potential applications such as multifunctional materials, new generation memory devices, and various applications due to their molecular bistability associated with the SCO phenomenon. ¹⁷ Material downsizing focuses on these goals even if there are reports claiming suppression of magnetic hysteresis. ¹⁸⁻¹⁰ Research in the frames of size-reduction effect on cooperativity and on relevant physical properties is still in progress.

Nanosized SCO materials²⁰⁻²¹ are recently at the forefront of research community due to the challenges emerging in order to preserve bistability and cooperative spin transition properties of the primary bulk material. SCO nanoparticles are mainly classified in three categories: the so called “molecular complexes” consisted of mononuclear complexes with supramolecular interactions, the 1D coordination polymers with general formula of the type [Fe₆II(4R-1,2,4-Trz)₆X₂]·nH₂O (R= H, NH₂, X= BF₄, ClO₄)²²⁻³¹ and the 2D or 3D Hofmann-type coordination polymers.

The elaboration of the SCO behavior of the latter category has been extensively discussed especially for 3D Hofmann-type coordination polymers, ³²⁻⁴⁰ In our recent article, ⁴¹ we review the various synthetic approaches for the preparation of nanoparticles with formula [Fe(pz)₃M(CN)₆] (M = Ni, Pd, Pt) and their magnetic behavior upon size reduction which is different than those in the bulk form. Boldog et al. ³⁵ and Volatron et al. ³⁸ used reverse micelle technique for preparing w/o microemulsions with anionic surfactant sodium bis-(2-ethylhexyl)sulfosuccinate (NaAOT) as stabilizer and octane as...
organic phase. By varying concentrations, constants $\omega$ and temperature reactions it was evident the formation of the different sizes of the nanoparticles. For smaller particle size, the smaller hysteresis widths appear with shift of the critical temperatures to lower values. Peng et al.42 prepared a wide range of particle sizes between 12 and 110 nm, considering concentration and mixing rate of the two microemulsions as the varying parameters, as well as ultra-small nanoparticles of 2 and 3 nm also with reverse micelle method and re-opening of their hysteretic behavior. Larionova et al.43 introduced a different synthetic method for the synthesis of ultra-small nanoparticles with a hysteresis width at 10 K using polysaccharide chitosan as matrix and pioneered the way for the alternative processes with various surrounding matrices such as calixarene,44 chitosan and alginate beads.45

Nevertheless, limited research has been implemented in downsizing 2D SCO coordination polymers. 2D Hofmann-type coordination polymers with general formulae $[\text{Fe}^{II}(L)_2M(CN)_4]$ $(M=\text{Ni, Pd, Pt})$ where $L$ are azo-ligands such as (R)-pyridines (R=Cl, F, Br, Me),46-48 N-Thiophenyldiene-4H-1,2,4-triazol-4-amine (thtrz),49 2-fluoropyrazine,50 (E)-2-(((4H-1,2,4-triazol-4-yl)(imino)methyl)phenol) (saltrz),51 4-phenylpyridine (4PhPy),52-54 4-styrylpyridine (stpy),54 4-(2-phenylethyl)pyridine (pep),54-55 (E)-1-phenyl-N-(1,2,4-triazol-4-yl)methanimine (btzr),56 (E)-1-phenyl-N(1,2,4-triazol-4-yl)methanimine (bttrz),57 4-tetrathiofulvalenylcarboxamidopyridine (ttf-adpy),58 3-phenylazopyridine (3-PAP),59 4-phenylazopyridine(4-PAP),59 2-methylpyrazine (2-mpz),60 3-aminopyridine (NH2py),61 (E)-3-phenyl-N-(4H-1,2,4-triazol-4-yl)prop-2-yn-1-imine (proptz),62 4-(E)-2-(5-methyl-2-thienyl)vinyl-1,2,4-triazole (thimine),63 isoquinoline (isoq),64 4-(2-pyridyl)-1,2,4,4H-triazole (trz-py),65-66, 4-(1Hyrazol-3-yl)pyridine (Hppy)67 are known only in their bulk form.68

Unfortunately, the database of 2D SCO nanoparticles is still in its infancy with a limited number of examples so far to be reported in the literature. The first example was the 2D coordination polymer with formula $[\text{Fe}(3-Fpy)_{2}M(CN)_{4}]$ ($M=\text{Ni, Pd, Pt}$) prepared in form of nanocrystals as well as nanoparticles almost one decade ago by Martinez et al.69 The methods used for their synthesis were focused on reverse micelle technique and polymer coating. Influences of these approaches on size, morphology and SCO properties were observed correlating the reverse micelle technique with surfactant-free nanocrystals of average length of 400 nm. Use of water-soluble polymer polyvinylpyrrolidone (PVP) provided smaller nanoparticles in a range between 70 and 200 nm. Size-reduction effect on SCO properties was apparent as large nanocrystals present a quasi-complete first-order spin transition around 200 K, whereas the PVP-coated nanoparticles undergo continuous second-order spin transition at around 160 K. A recent report by Yang et al.70 describes the nanostructures of a 2D coordination polymer with formula $[\text{Fe}(py)_{2}Ni(CN)_{4}]$ synthesized by reverse micelle method. Variation in synthetic parameters such as reaction time, temperature and $[$H$_2$O$]/$[surfactant]$ ratio resulted in different nanoparticle morphologies (nanoplates, nanocubes, nanoshells, nanoboxes). SCO behavior is considered morphology-dependent as the hysteresis widths decrease from nanoplates to nanoboxes. The formation mechanism of the diverse form nanocrystals was proposed based on XRD technique and intrinsic characteristics of the product.

Our group interested also in the field of SCO materials reported recently71 preliminary results concerning the downsizing effect on a 2D Hofmann-type SCO coordination polymer based on 2-methylpyrazine. The synthesis and hysteretic SCO behavior of $[\text{Fe}^{II}(2-mpz)_{2}Ni(CN)_{4}]$ polymer were studied both in form of bulk microcrystalline powder and nanoparticles. Magnetic susceptibility measurements showed that as the size decreases from the bulk material to nanoparticles the cooperativity associated with the SCO reduces and evidently shortens the thermal hysteresis width. A detailed AFM Topographic study revealed a nano-growth relationship between height and length of the nanoparticle.

One of the most popular experimental protocols for the fabrication of coordination nanosheets consisting of both metal centers and ligands, is the LPE method.72 The main aspects of this method are: a) the ultrasonication and b) an appropriate solvent useful to enhance interlayer separation of bulk crystalline layered materials. In order to evaluate the colloidal stability of the final dispersion the Tyndall scattering is required. The very first example of LPE method applied in a Metal-Organic Framework (MOF) was reported by Zamora and co-workers.73

Y.-H. Luo et. al.74 describes the exfoliation via freeze drying of a bulk van der Waals paramagnetic material with formula $[(\text{Fe}(1,3-bpp)(\text{NCS})_{2})\cdot(1,1,3-bpp = 1,3-di(4-pyridyl)-propane)]$ into single-layered 2D nanosheets exhibiting a two-step SCO behavior. The two-step magnetic response of 2D nanosheets is considered the first reported in the literature and attributed to the ultrahigh surface sensitivity derived from the presence of different degree van der Waals interactions between the stacked heterostructures. The exfoliation of a 2D SCO polymer with formula $[\text{Fe}^{II}(L)_{2}(\text{ClO}_{4})_{2}]$ ($L_1 = \text{tris}(2-(1H-tetrazol-1-yl)ethyl)amine$) using the LPE method was reported by Suarez-Garcia et al.75 An effective delamination of the crystals, after 12 hours of sonication, was achieved producing flakes with thickness, down to 1–2 nm.

Herein we present an extended work on the nanosynthesis of $[\text{Fe}^{II}(2-mpz)_{2}Ni(CN)_{4}]$ with reverse micelle methods investigating the role of concentration and reaction’s temperature in the size, dispersion and morphology of the nanoparticles and subsequently in their SCO magnetic behavior. The application of the LPE is investigated as a promising tool for the formation of atomically thin nanoparticles and stable colloids while Atomic Force Microscopy (AFM) was used for the first time to probe the nano-topographic characteristics of the nanoparticles at different stages of the exfoliation process. The exfoliated material retains its chemical composition as well as its stable colloidal suspensions for weeks. An alternative synthetic procedure for the synthesis of the bulk material will also be discussed correlating their SCO magnetic response with results from our previous work.73 Their physical and structural characterization was carried out with Thermogravimetric Analysis (TGA), Infrared (IR) and UV-Vis (UV-Vis) Spectroscopies and Powder X-ray Diffraction (p-XRD). Finally, the SCO behavior...
was determined using magnetic and Differential Scanning Calorimetry (DSC) studies.

**Experimental Section**

Materials and Procedures. All manipulations were performed under aerobic conditions using reagents and solvents (Alfa Aesar, Sigma Aldrich, Serva) as received. The ligand 2-methylpyrazine (2-mpz) and the iron(II)tetrafluoroborate hexahydrate salt, Fe(BF\(_4\))\(_6\)H\(_2\)O, were purchased from Alfa-Aesar, while both the potassium tetracyanonickelate(II) hydrate salt, K\(_2\)[Ni(CN)\(_4\)]\(_x\)H\(_2\)O and n-hexane from Sigma Aldrich. Sodium bis-(2-ethylhexyl) sulfoisuccinate (NaAOT) was obtained from Serva and used without further purification. The deionized water used for synthesis was deoxygenated by simultaneous sonication and argon bubbling during 1 h. The synthesis of the bulk materials 1, 2 and nanoparticle 4 has been described in reference 71.

**Synthesis of bulk material 3.** Slow diffusion technique was used in the preparation of compound 3: Liquid 2-mpz (74 \(\mu\)L, 0.81 mmol) was dissolved in 30 mL distilled water and then filled two vials where the smaller one had been placed on the inside of the larger one. Solid Fe(BF\(_4\))\(_6\)H\(_2\)O (0.091 g, 0.27 mmol) was dissolved in 1 mL of distilled water and then the resulting colourless solution was injected into the smaller vial. Similarly, solid K\(_2\)[Ni(CN)\(_4\)]\(_x\)H\(_2\)O (0.070 g, 0.27 mmol) was dissolved in 1 mL distilled water resulting in a yellow solution. Then, the solution was injected into the larger vial, the vial was sealed and left undisturbed for 4 days. A small aliquot of the supernatant was removed for deposition and dried under vacuo.

**Synthesis of nanoparticles 5 and 6.**

**Nanoparticle 5:** Two solutions -A and B- containing NaAOT (7.33 g, 16.49 mmol) in 33 mL n-hexane were prepared in 100 mL dry spherical flasks. Solid K\(_2\)[Ni(CN)\(_4\)]\(_x\)H\(_2\)O (0.044 g, 0.15 mmol) was dissolved in 3 mL H\(_2\)O. The formed slightly yellow opalescent solution was added dropwise with a micro-pipette to solution A under 15 min of vigorous stirring resulting in the first microemulsion. In the same way, solid Fe(BF\(_4\))\(_6\)H\(_2\)O (0.051 g, 0.15 mmol) and liquid 2-mpz (210 \(\mu\)L, 2.25 mmol) were dissolved in 3 mL H\(_2\)O. The resulting bright yellow opalescent solution was added dropwise with a micro-pipette to solution B under 15 min of vigorous stirring resulting in the second microemulsion. Then, the two microemulsions were left for an hour at -22°C, then mixed when the temperature inside the flasks reached ~14 °C and stirred for almost 1 hour at 1500 rpm, observing a gradual change of the colour from pale yellow to bright yellow. The formed water in oil (w/o) emulsion was “broken” with the addition of acetone, then washed two times with ethanol and one with acetone and finally separated by centrifugation at 60000 rpm at ~7 minutes.

**Exfoliation process.** 1 mg of nanoparticles 6 is dispersed in 10 mL of different solvents such as water, methanol (MeOH), acetonitrile (MeCN), acetone (MeCO), ethanol (EtOH), chloroform (CHCl\(_3\)), dimethylformamide (DMF), and tetrahydrofuran (THF). The mixture was sonicated in a sonicator bath at 45 KHz for 2 h at 30°C and then left undisturbed for 3 days. All the dispersions were characterized by Tyndall effect and only the acetone dispersion revealed a successful delamination of the nanocrystals. After this period, the colloidal suspension was centrifuged (2000 rpm x 2 min) in order to separate the unexfoliated nanoparticles remaining in the pellet and the yellow sediment was removed while the supernatant was isolated. The supernatant was left undisturbed for almost three weeks. Then followed centrifugation of the colloidal suspension (2000 rpm x 2 min) and “traces” of yellow sediment were removed once again. The supernatant was sonicated for a second time for 2 h at 30°C and then left undisturbed for 3 days. A small aliquot of the supernatant was removed for deposition in a SiO\(_2\) film by using a drop casting method (6\(_{\text{vac}}\)) for AFM nano-topographic study. It was possible to scale up the previous process to samples of 10 mg of nanoparticles 6 in 100 mL of acetone. In order to obtain dried exfoliated nanoparticles 6\(_{\text{vac}}\), acetone was evaporated under vacuum conditions and the obtained powder was used for FT-IR, p-XRD and magnetic measurements. The powder was easily redispersed in water (remaining stable for over a month without any evidence of precipitation) and the colloidal suspension was used for DLS and UV-Vis measurements.

**Physical measurements.** Elemental analyses (C, H, N) were performed by the in-house facilities of the University of Patras (Greece). IR spectra (400-4000 cm\(^{-1}\)) were recorded using a Perkin-Elmer 16PC FT-IR spectrometer with samples prepared as KBr pellets. Thermogravimetric Analysis (TGA) was performed using SETA-RAM SetSys-1200 and carried out at a heating rate of 10 °C min\(^{-1}\) under a N\(_2\) atmosphere. UV-Vis absorption spectra were recorded between 280 and 1100 nm by using the PGS-2 Carl Zeiss spectrometer.
The powder X-ray diffraction (PXRD) measurements were performed at room temperature on a Malvern Panalytical X’Pert PRO diffractometer with focusing Ge1 geometry. Polycrystalline samples were loaded in 1 mm borosilicate glass capillaries while the X-ray tube operated at 45 kV and 40 mA. The incident-beam side (CuKα1 radiation, $\lambda = 1.54056 \text{ Å}$) is equipped with a focusing X-ray mirror, a 0.5 fixed divergence slit, 0.5 anti-scatter slits and 0.04 rad Soller slits, while on the diffracted-beam side the system was configured with 0.04 rad Soller slits and a PIXcel1D detector with anti-scatter shielding. The sample was loaded into a disposable micro cuvette and measured at 25 °C. The intensity size distribution or the Z-average diameter was obtained using the cumulant analysis with a repeatability of 1.6% while AFM characterization were performed in samples 6 and 6ref. In particular, surface topography images of the substrate in ambient were acquired by Bruker Dimension Icon with PF-QNM (PeakForce-Quantitative NanoMechanical) mode during the stage 1 of the exfoliation process. Cantilevers are calibrated by preceding thermal tune for resonance frequency and stiffness, which are measured as 0.4 N m$^{-1}$ and 70 kHz for topography and adhesion measurement. Surface topography images of the substrate after the stage 2 of the exfoliation process were acquired by ZFSM Nanoview 2000 (FSM-precision, China) operating in tapping mode. The cantilever used was beam shaped silicon supplied by Budget sensors with nominal force constant of 48 nN and tip radius of ~10 nm. Image processing was carried out using open source software: WsXm version 3.1 (Nanotec Electronica, Madrid, Spain) and Gwyddion version 2.46 (CMI, Brno, Czech Republic).

Results and Discussion

Synthetic Comments and Nanoparticle Growth. Table 1 sums the synthetic characteristics of the synthesized bulk compounds 1, 2, 3 and nanoparticles 4, 5 and 6. Bulk compounds 1 and 2 were synthesized at room temperature in two different ratios with one-pot reactions while compound 3 was synthesized with liquid diffusion technique. The latter method was initially applied as a promising method for the crystallization of $[\text{Fe}(\text{Zmp})_2\text{Ni(CN)}_4]$ but unfortunately ended up in the isolation of powder form. Regarding the synthesis of nanoparticles, a series of experiments employing the reverse micelle method technique were initially taken place in various reaction ratios (1:1:3, 1:1:6, 1:1:10) and concentrations (0.05 M, 0.1 M, 0.13 M, 0.15 M) which were finally resulted in unsuccessful attempts due to the very large distribution size of the nanoparticles as well as for their indefinable shape (Fig. S1). Table S1 presents the size and distribution of synthesized nanoparticles in various reaction-ratios and concentrations. It was found that using a reaction ratio 1:1:15 and a concentration of 0.05 M the synthesis of nanoparticles is controlled and the final products are nanoparticles with well-defined shape, while the distribution of sizes is narrowed down.

In order to reduce further the size of the nanoparticles we entered two new temperature dependent experimental parameters: a) the incubation temperature ($T_{inc}$) of the microemulsions and b) the temperature of the mixing ($T_{mix}$) of microemulsions. When these two temperatures are close to RT the nanoparticles 4 were obtained with well-defined shape (plates) and a distribution of sizes 300-600 nm and 50-150 nm discussed in detail elsewhere. When the incubation...
temperature is close to 4°C (overnight period) and the final mixing of the microemulsions is close to RT the size of the nanoparticles is reduced further (250-350 nm) as well as their distribution. With this experimental protocol nanoparticles 5 were obtained.

The detailed composition of all the compounds synthesized in the bulk form (1-3) as well as nanoparticles (4-6) was determined by Elemental (Table S2) and TGA (Fig. S2) analysis. It should be mentioned that all products described in Table 1 are free of water molecules in the lattice.

Table 1. All the compounds synthesized in the bulk form (1-3) as well as nanoparticles (4-6) with formula [Fe\textsubscript{II}(2-mpz)\textsubscript{2}Ni(CN)\textsubscript{4}].

<table>
<thead>
<tr>
<th>method</th>
<th>ratio</th>
<th>T\textsubscript{inc}</th>
<th>T\textsubscript{mic}</th>
<th>Chemical formula</th>
</tr>
</thead>
<tbody>
<tr>
<td>One-pot</td>
<td>1:1:3</td>
<td>- \textsuperscript{a}</td>
<td>- \textsuperscript{b}</td>
<td>[Fe\textsuperscript{II}(2-mpz)\textsubscript{2}Ni(CN)\textsubscript{4}] (1)\textsuperscript{4}</td>
</tr>
<tr>
<td>One-pot</td>
<td>1:1:15</td>
<td>-</td>
<td>- \textsuperscript{b}</td>
<td>[Fe\textsuperscript{II}(2-mpz)\textsubscript{2}Ni(CN)\textsubscript{4}] (2)\textsuperscript{3}</td>
</tr>
<tr>
<td>L. D.\textsuperscript{5}</td>
<td>1:1:3</td>
<td>-</td>
<td>- \textsuperscript{b}</td>
<td>[Fe\textsuperscript{II}(2-mpz)\textsubscript{2}Ni(CN)\textsubscript{4}] (2)\textsuperscript{3}</td>
</tr>
<tr>
<td>R.M.M.\textsuperscript{4}</td>
<td>1:1:15</td>
<td>300 K</td>
<td>300 K</td>
<td>[Fe\textsuperscript{II}(2-mpz)\textsubscript{2}Ni(CN)\textsubscript{4}] (4)\textsuperscript{26}</td>
</tr>
<tr>
<td>R.M.M.</td>
<td>1:1:15</td>
<td>278 K</td>
<td>300 K</td>
<td>[Fe\textsuperscript{II}(2-mpz)\textsubscript{2}Ni(CN)\textsubscript{4}] (5)\textsuperscript{2}</td>
</tr>
<tr>
<td>R.M.M.</td>
<td>1:1:15</td>
<td>250 K</td>
<td>287 K</td>
<td>[Fe\textsuperscript{II}(2-mpz)\textsubscript{2}Ni(CN)\textsubscript{4}] (6)\textsuperscript{2}</td>
</tr>
</tbody>
</table>

\textsuperscript{a}Microemulsion Incubation Temperature; \textsuperscript{b}Microemulsion Mixing Temperature; \textsuperscript{c}Liquid Diffusion; \textsuperscript{d}Reverse Micelle Method.

Decreasing of the incubation temperature down to -20°C (1 hour period) and further mixing of the microemulsions at temperatures lower than RT (14 °C) provided an efficient experimental protocol for the production of nanoparticles 6. Further attempts to decrease the size of the nanoparticles were unsuccessful.

The detailed composition of all the compounds synthesized in the bulk form (1-3) as well as nanoparticles (4-6) was determined by Elemental (Table S2) and TGA (Fig. S2) analysis. The slow diffusion technique used for the preparation of the bulk material 3 (instead of the fast one pot method used for 1 and 2) seems to drastically change the crystal packing of the 2D [Fe\textsuperscript{II}(2-mpz)\textsubscript{2}Ni(CN)\textsubscript{4}] polymer increasing the number of 2-mpz molecules in the lattice from zero (1) and 0.2 (2) to two molecules (3). The latter conclusion is confirmed by the TGA analysis (Fig. S2). For the case of the nanosynthetic protocols the downsizing procedure reduced the percentage of the 2-mpz molecules in the lattice from 0.8 molecules (4) to 0.5 molecules (5) and 0.2 molecules (6) verified by the TGA analysis (Fig. S2).

It should be mentioned that all products described in Table 1 are free of water molecules in the lattice.

Fig. S3a shows the characteristic view of the pillared layer of the diamagnetic isostructural analogue [Zn\textsuperscript{II}(2-mpz)\textsubscript{2}Ni(CN)\textsubscript{4}] in the ac plane and in Fig. S3b is shown the interacting layers along the b axis. The chemical structure of latter compound was characterized by single-crystal X-ray diffraction as the crystallization of the Fe\textsuperscript{II} analogue was proven impossible. However, the comparison of theoretical p-XRD pattern of the Zn\textsuperscript{II} analogue with the experimental patterns of Fe\textsuperscript{II} analogues verified that these structures are isostructural.\textsuperscript{27} According to the crystallographic study, discussed elsewhere,\textsuperscript{27} the Fe\textsuperscript{II} site is in a slightly distorted octahedral geometry occupied by four equatorial N atoms of the [Ni(CN)\textsubscript{4}]\textsuperscript{2-} moiety and two axial N atoms of the two 2-mpz ligands.

Fig. 1a shows the SEM images of nanoparticles 5 and 6 deposited on Si films after dispersed in acetone for 10 minutes of sonication while Figs. 1c and 1d show TEM images of 5 and 6 nanoparticles verifying their morphological characteristics. Concerning the nanoparticles 5 well-shaped plates are formed with distinctive square faces. Further verification of the distribution and size was obtained from TEM images shown in Fig. 1c. For the case of nanoparticles 6 an interesting aggregation form appeared which is shown in Fig. 1b. Inspired by the work of Y.-H. Luo et. al.\textsuperscript{24} who also noticed this peculiar aggregation form of curly or vertically stacked 2D building blocks we designed a facile LPE method (described before) for an effective exfoliation of nanoparticles 6 into single-layered 2D nanosheets in order to explore the extreme downsizing possibility of this system.

**AFM nano-topographic study.** The successful exfoliation of ultrathin nanosheets (6\textsuperscript{ul}) was examined in detail using AFM microscopy. Concerning the morphology of nanoparticles 6 before the exfoliation procedure an AFM topographic analysis...
truncated prism (inset in Fig. 3b, lower panel). The truncation of the upper face of the prism is identified by an inclined profile line as shown in profile line 2 of Fig. 3b while its 3D counterpart is presented in Fig. S5. Additional right prism nanoparticles \( \text{6}_{\text{exf}} \) with various thicknesses are presented in Fig. S6. It is worthy to note that in the recorded AFM scans all nanoparticles appeared with the same orientation (Fig. 3, S4, S5 and S6). We discovered that the thinnest right prism nanoparticle among all those measured is of height ~1 nm. It is thus concluded that this is the building block of thicker nanoparticles found in our study. In particular, for the thicker nanoparticles, we propose a building model of epitaxial stacking of several building blocks as shown schematically in the inset of Fig. 3a (lower panel). This assumption is supported by the arrangement in space of nanoparticles such as those enclosed in the white dashed line rectangle of Fig. 3b. These nanoparticles resemble a pack of playing cards laid out onto a plane substrate. A 3D magnification of this region is shown in Fig. S5b along with the values of characteristic steps of about 2 nm. Regarding the upper face surface morphology, we found that it is not flat with a pattern resembling the surface of the thin nanoparticles (h ~ 1 nm) shown in Fig. 3b (e.g. profile 1). Apart from the heights of the right prisms, we measured the dimensions of their 4-sided polygonal base which can be equivalently represented by two equal right triangles with a common hypotenuse (Fig. S5c). We measured the side dimensions and angles of triangles in five different nanoparticles \( \text{6}_{\text{exf}} \) shown in Fig. S7 and found that the mean lengths of the two right sides \( x \) and \( y \) are 0.66(7) μm and 0.29(2) μm respectively leading to a mean length of the hypotenuse of 0.72(6) μm. The two angles \( \theta_1 \) and \( \theta_2 \) of the right triangles found 24(3)° and 66(6)° respectively. Consequently, the mean area of the right prism base is 0.106 (11) μm² and the volume ranges from 423 to 1552 nm³. The details of these calculations are summarized in Table S3 and presented in supplementary data. Conclusively it appears that during the exfoliation procedure agglomerated right truncated thick prisms stacked in a vertical position on a rectangular base plate \( \text{6}_{\text{exf}} \) are detached and eventually, by prolonging the sonication period, are exfoliated to atomically thin right prism of height ~1 nm \( \text{6}_{\text{exf}} \).

**Structural Characterization.** The IR spectra and p-XRD patterns of compound 3 and nanoparticles 5, 6 and \( \text{6}_{\text{exf}} \) are depicted in Figs. S8 and S9, respectively, which are in good agreement to the characterization of the already published compounds 1, 2 and nanoparticle 4. Fig. S9 depicts also the gradual decrease of the peak intensity (3 → 5 → 6) attributed to the (002), (004) and (006) crystallographic planes. For the case of (002), almost complete disappearance of the peak is observed for nanoparticles \( \text{6}_{\text{exf}} \) indicating the presence of almost atomically thin 2D nanosheets. Fig. S10 shows the UV-Vis spectra in ethanolic solution for the ligand and nanoparticles 4, 5 and 6. The bands presented around the region of 280 nm to 310 nm both in the ligand and nanoparticles’ spectra are attributed to the π-π* transitions of the ligand, while the absorptions at the region around 460 nm to 490 nm are assigned to the metal-to-ligand charge transfers between high
spin Fe\(^{II}\) and 2-mpz. Fig. S11 presents the comparison of the UV-Vis spectra in water between nanoparticle 6 and its exfoliated fragments 6\(_{\text{exf}}\) revealing no changes in structure. No aging phenomena appeared on the structure/properties of the nanoparticles 6\(_{\text{exf}}\) after one month, according to IR and UV-Vis spectroscopy as well as p-XRD patterns (Fig. S12 – S14).

The overall stability of the colloidal water dispersion was confirmed by observing the Tyndall effect presented in Fig. S15. Fig. S16 shows the DLS measurement for the colloidal aqueous dispersion of the exfoliated species 6\(_{\text{exf}}\). In the logarithmic scale there is a Gaussian peak located at 250 ± 8 nm showing its size distribution. Although DLS provides the hydrodynamic radius, \(R_{\text{H}}\), of a hard sphere, which is not the actual morphology of the exfoliated sheets, it can be treated as an indicative value of the apparent size of the 2D sheets in the water dispersion. The same technique provides two other important parameters: a) the polydispersity index (PDI), with a value of 0.21 suggesting a narrow particle size distribution and b) a statistical distribution of the \(\zeta\)-potential values measured within single nanoparticles. The mean \(\zeta\)-potential value is estimated at -24.9 mV and depicted in Fig. S17 declaring the surface charge density of the exfoliated species 6\(_{\text{exf}}\). The large negative value is also a direct proof of the excellent quality of the colloid in water.

**Downsizing effect on the magnetic properties.**

The thermal dependence of \(\chi_{\text{M}}T\) product for bulk materials 1, 2, 3 and the nanoparticles 4, 5, 6 is shown in Figs. 4 and 5, respectively while the first derivative plots of the susceptibility curves are given in Fig. S18. As it has been previously reported, upon cooling, abrupt thermal hysteresis with two-step SCO take place for bulk materials 1 and 2 (Fig. 4, upper row). At 300 K the value of \(\chi_{\text{M}} T\) product is equal to 3.28 and 3.52 emu K mol\(^{-1}\) for 1 and 2, respectively which is typical for Fe\(^{II}\) in the HS state. The two steps appear at critical temperatures \(T_{c1} \downarrow= 187.5\) K, \(T_{c1} \uparrow= 191.5\) K, \(T_{c2} \downarrow= 169.5\) K, \(T_{c2} \uparrow= 185\) K for 1 with hysteresis loops ca 13 K and 15 K, respectively, while for 2 they appear at critical temperatures \(T_{c1} \downarrow= 181.5\) K, \(T_{c1} \uparrow= 197\) K and \(T_{c2} \downarrow= 173\) K, \(T_{c2} \uparrow= 191.5\) K with hysteresis loops ca 13 K and 18 K, respectively (Fig. S17).

In the case of bulk material 3 though, upon cooling, an abrupt thermal hysteresis was observed with a pronounced shifted spin-transition to a higher temperature region. Quite remarkably, the two SCO steps, observed in compounds 1 and 2 are disappeared and it seems that the different synthetic method applied for the isolation of [Fe(2-mpz)\(_2\)Ni(CN)\(_4\)]\(_n\) affects strongly the polymer’s lattice and consequently its magnetic response. The presence of two 2-mpz lattice molecules in compound 3 (Table 1) seems to enhance the electron-lattice coupling effect leading to this shifted spin-transition to a higher temperature region while, quite surprisingly, the two SCO steps are disappeared. At 300 K the value of \(\chi_{\text{M}}T\) product is equal to 3.49 emu K mol\(^{-1}\) for 3 which is typical for Fe\(^{II}\) in the HS state. The step, in the case of 3 appears at higher critical temperatures \(T_{c1} \downarrow= 193\) K and \(T_{c2} \uparrow= 208\) K with a wider hysteresis loop ca 15 K. The value of the \(\chi_{\text{M}} T\) product at low temperature equals to 0.12 emu K mol\(^{-1}\) for 3 emu K mol\(^{-1}\) indicating that spin transition is practically complete. Based on the above mentioned arguments, the presence of a small percentage (0.2) of 2-mpz molecule in the lattice of compound 2 (Table 1) seems to influence its magnetic behavior providing a moderate shift of
the transition temperatures to higher values in comparison to compound 1 which is free of any lattice molecule.

Comparison of the magnetic data between bulk materials and nanoparticles 4, 5 and 6 showed different magnetic response. Based on the literature of 2D SCO nanoparticle-nanocrystals\(^1\)\(^4\)\(^3\)\(^7\)\(^6\)\(^7\)\(^7\)\(^7\)\(^7\) it is difficult to rationalize the influence of composition of the compound on the cooperativity of SCO phenomenon. Having in mind that the SCO is in origin a molecular phenomenon, its actual demonstration is adjusted by solid-state effects based on the special characteristics of each material. Factors as the size of the micro-nano particles, the crystallinity degree, the percentage of an amorphous phase may influence the critical temperatures of the SCO phenomenon, the symmetrical/asymmetrical features of the actual hysteresis, the multistep hysteretic behaviour as well as the molar fraction of inactive HS centres. Corroborating to the previous arguments, our magnetic findings preclude any influence of the percentage of 2-mpz lattice molecules in nanoparticles 4, 5 and 6 (0.8, 0.5 and 0.2 respectively) on their hysteretic behavior. In all cases (4, 5, 6) there is no noticeable shift of the critical temperatures related to the number of 2-mpz lattice molecules. The actual hysteretic characteristics of nanoparticles 4, 5, 6 are related to size reduction effects. More explicitly the observed: a) decrease of the cooperativity; b) wipe-out of the hysteresis and c) the incomplete transformation upon cooling a gradual spin-transition with no step takes place. The \(\chi_M\) product at 300 K is equal to 3.44 emu K mol\(^{-1}\), while the transition temperatures are \(T_c\downarrow=188\ K\) and \(T_c\uparrow=194\ K\) (Fig. 4, Fig. S18).

The further reducing effect of the nanosheets resulted in the preparation of well-shaped nanoparticles 5 with distinctive square faces and size distribution between 250 and 350 nm. The magnetic study emphasizes on their impressive gradual two-step SCO behavior (Fig. 4, and Fig. S18) which is to the best of our knowledge the second example of multi-step behavior in nanoscale\(^7\) and the first one reported for Hofmann-type nanoparticles. The hysteretic behavior is still presented in the nanoparticles. The \(\chi_M\) product at 300 K is equal to 3.42 emu K mol\(^{-1}\), while the critical temperatures for 5 are estimated at \(T_C\downarrow=188\ K\), \(T_C\uparrow=195\ K\) and \(T_C\downarrow=177\ K\), \(T_C\uparrow=173\ K\) with hysteresis loops ca 7 K and 4 K, respectively. Although the multistep SCO behavior of 2D coordination polymers in microscale has been adequately interpreted,\(^7\)\(^6\)\(^-\)\(^7\) the presence of similar behavior in nanoscale has been recorded once\(^28\) and is not fully understandable yet. There are theoretical suggestions that correlate the size effect with multiple-step thermal hysteresis on 2D SCO nanoparticles.\(^80\)\(^-\)\(^81\)

Targeted attempts for further nanoparticle downsizing led to nanoparticles 6, with a peculiar aggregation form best described as right truncated thick prisms of [Fe(I-2-mpz)\(_2\)Ni(CN)\(_4\)] stacked in a vertical position on a rectangular base plate. Its magnetic behavior preserves the two-step SCO character although it can be considered as quite different since it is accompanied by a downshift of the transition temperatures probably due to the aggregation form of the nanoparticles (Fig. 2). More explicitly the \(\chi_M\) product at 300 K is equal to 3.56 emu K mol\(^{-1}\), while the critical temperatures for 6 are at \(T_C\downarrow=190K\), \(T_C\uparrow=194\ K\) and \(T_C\downarrow=159\ K\), \(T_C\uparrow=162\ K\) with hysteresis loops ca 3 K. Similar structural and magnetic characteristics are also reported for exfoliated 2D SCO material\(^7\) with formula [(Fe(I-3-bpp)]\(_{2}\)NC\(_{3}\)]\(_{2}\) (1,1,3-bpp = 1,3-di-(4-pyridyl)-propane). However, its magnetic response is attributed to the ultrahigh surface sensitivity derived from the presence of different degree of van der Waal interactions between the stacked heterostructures.

Extreme downsizing, using the LPE method, led to atomically thin right prisms nanoparticles, \(6_{\text{exaf}}\), of height ~1 nm. In order to confirm the presence of SCO phenomenon in the exfoliated nanoparticles \(6_{\text{exaf}}\) thermal susceptibility measurements were recorded in the same thermal range as in case of nanoparticles 6 (Fig. 5). More explicitly the \(\chi_M\) product at 300 K is equal to 3.45 emu K mol\(^{-1}\), while the critical temperatures for \(6_{\text{exaf}}\) is at \(T_c=192\ K\). Due to this extreme downsizing there is a profound smearing of the SCO transition indicating the preservation of HS population in the low-temperature region (the \(\chi_M\) product at 150 K is equal to 2.4 emu K mol\(^{-1}\)). As we pointed out, the increase of molar fraction of inactive HS centres is due to the extreme downsizing of the dimensions of the nanoparticle and the actual increase of the surface/volume ratio creating a large number of defects at the periphery where the Fe\(^{II}\) ions complete their axial coordination.\(^7\)\(^6\)\(^-\)\(^7\) Table 2 presents a correlation between nanoparticle size distribution and the characteristics emanated from thermal susceptibility measurements.

Fig. S19 shows the DSC study along with the thermal dependence of the \(\chi_M\) product for nanoparticles 4-6. Comparison between the two techniques shows that the exothermic and endothermic peaks in DSC are in good agreement with the first order transitions at \(T_c\) critical
temperatures derived from the thermal dependence of the $\chi M T$ product (Table S4). Unfortunately it was not possible to observe the exothermic/endothermic peaks of the $Tc2$ critical temperatures for nanoparticles 5 and 6 possibly due to the lack of pronounced enthalpy associated with the lower amount of active iron fraction involved in these thermal transitions.82 For the same reasons, the DSC peaks of $6_{\text{exf}}$ are suffering from broadening effects (Fig. S20) while the critical temperature of the exothermic and endothermic peak do not coincide. Finally, the thermal stability of nanoparticles 4, 5, 6 and $6_{\text{exf}}$ was also tested by repeating thermal cycles in DSC. It was found that after three thermal cycles the exothermic and endothermic peaks preserve their characteristics and the associated critical temperatures.

### Table 2. Nanoparticle size/distribution and characteristics derived from thermal susceptibility measurements of the SCO nanoparticles 4, 5, 6 and $6_{\text{exf}}$

<table>
<thead>
<tr>
<th>NPs</th>
<th>Size and Distribution</th>
<th>Critical temperatures</th>
<th>$\chi M T$ at RT</th>
</tr>
</thead>
<tbody>
<tr>
<td>4$^{1\text{a}}$</td>
<td>300(10) – 600(10) nm</td>
<td>hysteresis</td>
<td>3.44</td>
</tr>
<tr>
<td>5</td>
<td>500(10) – 150(10) nm</td>
<td>$Tc_1 = 194 K$, $Tc_2 = 188 K$</td>
<td>3.42</td>
</tr>
<tr>
<td>6</td>
<td>250(10) – 350(10) nm</td>
<td>2 step hysteresis</td>
<td>3.56</td>
</tr>
<tr>
<td>6$^{1\text{b}}$</td>
<td>Indefinable size</td>
<td>$Tc_1 = 194 K$, $Tc_2 = 188 K$</td>
<td>3.45</td>
</tr>
<tr>
<td>$6_{\text{exf}}$</td>
<td>Thin prism (height 1-10 nm)</td>
<td>no hysteresis</td>
<td>3.45</td>
</tr>
<tr>
<td></td>
<td>$Tc = 192 K$</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Conclusions**

A detailed nano-synthetic study based on the reverse-micellar synthesis of the 2D Hofmann-type nanosized SCO [Fe$^{3+}$(2-mpz)$_2$Ni(CN)$_4$]$_2$ is presented as well as the rationalization of this method in order to produce nanoparticles with well-controlled size and shape. The role of concentration and reaction’s temperature is investigated in relation to the size, dispersion, morphology and magnetic properties of the nanoparticles. It was found that using a reaction ratio (Fe:Ni:2-mpz) equal to (1:1:15) and metal concentration of 0.05 M the synthesis of nanoparticles is controlled and the final products are nanoparticles with well-defined shape, while the distribution of sizes is narrowed down. By entering two more experimental parameters: a) incubation temperature of the microemulsions and b) temperature mixing of the microemulsions it was possible to obtain an interesting aggregation form of this 2D material best described as right truncated thick prisms of [Fe$^{3+}$(2-mpz)$_2$Ni(CN)$_4$] nanosheet in a vertical position on a rectangular base plate. Following a facile LPE method it was possible to detach the thick prisms from the base plate and, eventually, exfoliate them to atomically thin right prisms of height ~1 nm. The overall stability of the colloidal water dispersion for over a month was confirmed as well as the chemical integrity and SCO behavior of the exfoliated nanoparticles. According to AFM nano topographic study it was possible to propose a building model for the nano-growth of these nanoparticles.

Magnetic measurements revealed that the size reduction leads to the progressive downshift of abrupt thermal hysteresis with two-step SCO transition temperatures of the bulk [Fe$^{3+}$(2-mpz)$_2$Ni(CN)$_4$]$_2$ material to a gradual incomplete SCO behavior with no steps for the case of 2D nanoparticles with a wide distribution of sizes. Further reducing of the size and/or their distribution of the 2D nanoparticles it was possible to re-enter a gradual incomplete two step SCO behavior. However, the extreme downsizing to an almost single layer 2D [Fe$^{3+}$(2-mpz)$_2$Ni(CN)$_4$] nanosheet using the LPE method leads to drastic smearing of the SCO transition in the same thermal range, indicating thus HS population at low temperatures and the significant reduction in the number of interacting metallic centers.

The role of 2D SCO particles at the nanometric scale as versatile nanoplanform of spintronic devices is currently under an intensive investigation. In a parallel manner, a promising research path seems to be the LPE processing of these 2D SCO materials towards nanosheets of atomic width preserving the hysteretic SCO character. We believe that the results presented in this study outline the importance of rationalization of synthetic protocols in order to investigate in depth the SCO behavior of 2D SCO nanoparticles, and emphasize the importance of LPE protocols for stable colloidal suspensions and consequently easy transfer of the nanoparticles to different substrates of technological relevance.

**Conflicts of interest**

There are no conflicts to declare.

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**Notes and references**


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