Covariant Perturbations of $f(R)$ Black Holes: The Weyl Terms

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In this paper we revisit non-spherical perturbations of the Schwarzschild black hole in the context of $f(R)$ gravity. Previous studies were able to demonstrate the stability of the $f(R)$ Schwarzschild black hole against gravitational perturbations in both the even and odd parity sectors. In particular, it was seen that the Regge-Wheeler and Zerilli equations in $f(R)$ gravity obey the same equations as their General Relativity counterparts. More recently, the 1+1+2 semi-tetrad formalism has been used to derive a set of two wave equations: one for transverse, trace-free (tensor) perturbations and one for the additional scalar modes that characterise fourth-order theories of gravitation. The master variable governing tensor perturbations was shown to be a modified Regge-Wheeler tensor obeying the same equation as in General Relativity. However, it is well known that there is a non-uniqueness in the definition of the master variable. In this paper we derive a set of two perturbation variables and their concomitant wave equations that describe gravitational perturbations in a covariant and gauge invariant manner. These variables can be related to the Newman-Penrose (NP) Weyl scalars as well as the master variables from the 2+2 formalism.

I. Introduction

General Relativity (GR) has been a hugely successful theory enabling us to explain gravitational phenomena on both astrophysical and cosmological scales. The theory has passed many rigorous tests, such as solar system constraints [55] or tests using binary pulsars [50]. However, these tests only involve weak gravitational fields and/or velocities $v \ll c$, meaning that General Relativity is still essentially untested in the strong-field, highly dynamical $v \sim c$ regime, where high-energy corrections to gravitation may occur. Examples of such strong field systems include black holes and neutron stars, which are of particular interest for existing (Advanced LIGO/Virgo) [26] and future GW detectors. These systems are also expected to provide a testing ground in which we can understand the dynamical and phenomenological features of modified theories of gravitation in the strong field regime. In this paper, we revisit linear perturbations to the Schwarzschild black hole in both GR and $f(R)$ theories using the 1+1+2 semi-tetrad formalism. The advantages to this approach are that the system of equations describing the structure of the spacetime will be first order, gauge-invariant is naturally realised via the Stewart-Walker lemma [48] and all objects have well defined physical and geometrical meanings, being related to the kinematical properties of timelike and spacelike congruences.

Some of the most natural extensions to General Relativity are those that appear in the low energy limit of various fundamental theories. Among the most popular candidates for ultraviolet modifications to GR are the set of fourth order theories of gravity (FOG), for which the Einstein-Hilbert action is modified by additional terms that lead to a set of field equations that are fourth order in the metric tensor. A particular subclass of fourth order theories that has received a lot of attention in the literature are the $f(R)$ theories in which the modification is some function of the Ricci scalar. A motivation for considering such a class of theories can be taken from the equivalence of metric-$f(R)$ gravity to a scalar-tensor (ST) counterpart, in which the gravitational interaction is mediated by the spin-2 graviton degrees of freedom as well as a non-minimally coupled spin-0 scalar degree of freedom. From a fundamental point of view, such ST theories arise as a natural by-product of string theory (e.g. [11, 12, 14]) and date back to the original work by Jordan [27], Fierz [19] and Brans and Dicke [5].

In order for $f(R)$ theories to be viable alternatives to General Relativity, there are a number of minimal constraints that we can impose. For example, they must reproduce cosmological dynamics consistent with observations, they must be free from tachyonic instabilities and ghosts and they must reproduce acceptable Newtonian and post-Newtonian limits. In addition, we can also demand that certain well defined solutions in General Relativity, such as the Schwarzschild solution, be stable against perturbations in any theory of modified gravity. The analysis of linear non-spherical perturbations of a Schwarzschild black hole in ST theories has previously been considered in [15, 35, 41].

In General Relativity, the Jebsen-Birkhoff theorem constrains spherically symmetric vacuum spacetimes to be either static or spatially homogeneous. It has been shown that the rigidity of the theorem is upheld even upon the introduction of perturbations. Notably, almost spherical symmetry and/or almost vacuum imply an almost static or almost spatially homogeneous spacetime [18, 23, 24]. However, it is not clear that this theorem should necessarily hold for theories with additional degrees of freedom, as is the case for scalar-tensor and fourth order theories. Importantly, [40] found a non-zero measure in the parameter space of $f(R)$ theories for which a Jebsen-Birkhoff like theorem exists. This provides us with an additional set of constraints that guarantee the stability of a Schwarzschild solution under generic perturbations. Using these results, [41] applied the 1+1+2 semi-tetrad formalism to study non-spherical linear
perturbations to the Schwarzschild black hole in $f(R)$ gravity. Working in the Jordan frame, [41] derived a modified Regge-Wheeler tensor that unifies the axial and polar degrees of freedom into a single transverse-traceless tensor obeying a tensorial form of the Regge-Wheeler equation [9, 43].

In this paper, however, we advocate that a cleaner way to study the evolution of gravitational perturbations in the Schwarzschild spacetime is via the Weyl tensor. In particular, we introduce a perturbation variable $\mathcal{J}_{ab}$ constructed from the electric and magnetic Weyl 2-tensors. We show that this variable obeys a covariant, gauge-invariant and frame-invariant wave equation that is valid in both the polar and axial sectors. As such, this variable unifies the Regge-Wheeler and Zerilli equations into a single compact form. Unlike the modified Regge-Wheeler variable for $f(R)$ gravity, this perturbation variable demonstrates the decoupling of the scalar and gravitational wave modes in a clean and transparent manner. All equations presented here will be valid in both $f(R)$ and General Relativity unless explicitly stated otherwise. Secondly, we introduce a purely axial variable $\mathcal{V}_{ab}$ that constitutes a covariant, gauge-invariant generalisation of the Regge-Wheeler (RW) variable. This variable can also be used to re-interpret the RW term as the radial part of the magnetic Weyl tensor. The variable $\mathcal{V}_{ab}$ also obeys a covariant and gauge-invariant wave equation that reduces to the RW equation when restricting ourselves to the RW tortoise coordinates.

Finally, we argue that the 1+1+2 formalism provides a powerful tool for understanding the physical and geometrical interpretation of other approaches to perturbation theory in General Relativity. Notably, we see that the Newman-Penrose (NP) Weyl scalars $\Psi_0$ and $\Psi_4$ can be related to our perturbation variable $\mathcal{J}_{ab}$ and the imaginary part of the NP Weyl scalar $\Psi_2$ can be related to our perturbation variable $\mathcal{V}_{ab}$. Likewise, for the 2+2 formalism, the polar master variables $\chi$ and $\varphi$ are just related to the electric Weyl 2-tensor $\mathcal{E}_{ab}$ and the master variable $\zeta$ is related to $\mathcal{H}_{ab}$. In the axial sector, the master variable $\Pi$ can be exactly related to $\mathcal{V}_{ab}$, as is expected. A roadmap to the set of master equations in the 2+2 formalism for $f(R)$ gravity is highlighted based on the results presented here.

This paper is organised as follows. In Sec. II we summarise fourth order theories of gravity and summarise the approach taken to model the $f(R)$ theory. In Sec. III we introduce the 1+3 formalism as the starting point for the 1+1+2 approach used here. Sec. IV builds on the previous Section and introduces the 1+1+2 formalism and defines all necessary variables and operators that will be required in subsequent sections. In Sec. V we start with review of the previous approaches to studying gravitational perturbations in the Schwarzschild spacetime with the 1+1+2 approach including the extension to $f(R)$. We then introduce a set of new perturbation variables derived from the Weyl tensor that are central to the remainder of the paper. In Sec. VII we use the results from the previous section to provide intuition and insight into other approaches to perturbations of the Schwarzschild spacetime. Notably, we discuss the geometric interpretation of the NP Weyl and NP Ricci scalars before discussing the physical interpretation of the 2+2 gauge invariant master variables.

II. Modified Gravity and Black Holes

A. Fourth Order Gravity

General Relativity is a unique four-dimensional theory for which the gravitational interactions are mediated by a massless spin-2 particle, the graviton, and the field equations are second order. In fourth order gravity, we consider the following modification to the Einstein-Hilbert action

$$\int d^4x \sqrt{-g} R \rightarrow \int d^4x \sqrt{-g} f(R, R_{\alpha\beta}R^{\alpha\beta}, C_{abcd}C^{abcd}). \quad (2.1)$$

As the curvature functions contain second derivatives of the metric, the resulting field equations are fourth order. In fact, a consequence of Lovelock’s theorem is that the field equations for a metric theory of modified gravity in a four-dimensional Riemannian manifold will admit higher than second order derivatives [29, 30]. Such higher order derivatives are potentially problematic as they typically lead to Ostrogradski instabilities [42]. The sub-class of $f(R)$ theories evade these instabilities as they are degenerate, i.e. the highest derivative term cannot be written as a function of canonical variables. This can be seen through the fact that in the Ricci scalar $R$, only a single component of the metric appears with second derivatives. The concomitant new degree of freedom can then be completely fixed by the $g_{00}$ constraint preventing ghost instabilities from arising in $f(R)$ theories. Alternatively, the $f(R)$ class of theories can simply be re-cast as a scalar-tensor theory for which the gravitational interaction is mediated by a spin-0 scalar as well as the spin-2 graviton degrees of freedom [46]. Were we to consider theories involving curvature invariants $R_{\alpha\beta}R^{\alpha\beta}$, $R_{abcd}R^{abcd}$ or Weyl invariants $C_{abcd}C^{abcd}$ these would be non-degenerate and our resulting theory would be plagued by Ostrogradski instabilities. In this paper, we restrict ourselves to the Ostrogradski stable $f(R)$ theories.
B. $f(R)$ Gravity

The action for $f(R)$ gravity can be written as a simple generalisation of the Einstein-Hilbert action

$$S = \frac{1}{2} \int dV \left[ \sqrt{-g} f(R) + 2\mathcal{L}_M(g_{ab}, \psi) \right],$$

where $\mathcal{L}_M$ corresponds to matter fields present in the theory. Upon variation with respect to the metric, the perturbed action can be written as

$$\delta S = -\frac{1}{2} \int dV \sqrt{-g} \left[ \frac{1}{2} f_{,ab} \delta g^{ab} - f' \delta R + T^M_{ab} \delta g^{ab} \right]$$

where, following the notation of [41], a $'$ denotes differentiation with respect to $R$ and $T^M_{ab}$ is the standard energy-momentum tensor of matter. Demanding that the action be stationary with respect to variations in the metric, it follows that

$$f' \left( R_{ab} - \frac{1}{2} g_{ab} R \right) = \frac{1}{2} g_{ab} (f - R f') + \nabla_a \nabla_b f' - g_{ab} \Box f' + T^M_{ab}.$$

Clearly, if $f = R$ then the field equations reduce to those of General Relativity. In the covariant approach to fourth order gravity, the field equations for $f(R)$ can be re-expressed in the form of effective Einstein field equations

$$G_{ab} = \left( R_{ab} - \frac{1}{2} g_{ab} R \right) = T_{ab}$$

where $T_{ab}$ is now a combination of two effective fluids corresponding to an effective curvature fluid and an effective matter fluid,

$$T_{ab} = \tilde{T}^M_{ab} + T^R_{ab}$$

$$\tilde{T}^M_{ab} = \frac{T^M_{ab}}{f'}$$

$$T^R_{ab} = \frac{1}{f'} \left[ \frac{1}{2} g_{ab} (f - R f') + \nabla_a \nabla_b f' - g_{ab} \Box f' \right]$$

The key advantage to this representation is that it is much easier to adapt techniques from the covariant approaches to relativistic cosmology to $f(R)$ gravity [17, 41].

In the field equations presented above, we have terms involving higher than second order derivatives of the metric. For example, in Eq. (2.8), we have terms of the form $\nabla_a \nabla_b f'$. In non-degenerate theories, such terms would be problematic.

As per [41], the calculations are restricted to the Jordan frame for which matter is minimally coupled and the gravitational scalar is non-minimally coupled to the curvature. In this frame, the dynamics of the extra gravitational degree of freedom will be determined by trace of the effective Einstein field equations (EFE) resulting in a linearised scalar wave equation for the Ricci scalar.

C. Schwarzschild Black Hole in $f(R)$

In [39, 40], it was demonstrated that for $f(R)$ theories, where $f$ is of class $C^3$ at $R = 0$ with the conditions $f(0) = 0$ and $f'(0) \neq 0$, any almost spherically symmetric solution with almost vanishing Ricci scalar in empty space for some open set $S$ will be locally almost equivalent a part of the maximally extended Schwarzschild solution in $S$. This important result constitutes a Jebsen-Birkhoff like theorem that details the conditions required for the existence of Schwarzschild spacetimes in $f(R)$ theories.

As $f$ is of class $C^3$ at $R = 0$, it is implied that [40]

$$|f'(0)| < +\infty, \quad |f''(0)| < +\infty, \quad |f'''(0)| < +\infty,$$

with the constraint that [40]

$$f(0) = 0 \quad R = 0.$$

Performing a Taylor series expansion about the background, the linear order result yields

$$f(R) = f'_0 R.$$
III. The 1+3 Covariant Formalism

A. The Formalism

We use a covariant and gauge-invariant approach built on a local 1+3 threading of spacetime with respect to a preferred timelike congruence [17, 51]. Consider a spacetime \((\mathcal{M}, g)\) and introduce a preferred timelike congruence \(u^a\) generated by a set of observers with 4-velocity
\[
u^a = \frac{dx^a}{d\tau}, \quad u^a u_a = -1, \tag{3.1}\]
where \(\tau\) is the proper time as measured by the fundamental observers. The spacetime is then locally split in the form \(R \otimes H\) with \(R\) denoting the timeline along \(u^a\) and \(H\) denoting the tangent 3-spaces perpendicular to \(u^a\). The induced metric tensor on the 3-spaces is \(h_{ab} \equiv g_{ab} + u_a u_b\) and can be used to project tensors onto the spatial surfaces. For example, any 4-vector \(X^a\) can be decomposed into a 3-vector component defined on the 3-space and a \((1+3)\) scalar component parallel to the congruence:
\[
X^a = X_+^a + u^a X_\parallel \quad \text{where} \quad X_+^a = h^{ab} X_b \quad \text{and} \quad X_\parallel = u_b X^b \tag{3.2}\]
Similarly, any second rank tensor may be irreducibly split into scalar, 3-vector and \textit{projected}, \textit{symmetric}, \textit{trace-free} (PSTF) 3-tensor components:
\[
X_{ab} = \frac{1}{3} \sqrt{\gamma} h_{ab} + \left[ X_{[ab]} + \frac{1}{2} h_{[ab]} \right] + \left[ (3.3) \right]
\]
where the 3-vector component can be re-expressed in terms of a genuine 3-vector and the alternating tensor \(\epsilon_{abc} = u^d h_{dabc}\). Together, the timelike congruence \(u^a\) and induced metric \(h_{ab}\) allow us to define two preferred derivative operators. The first operator is a convective derivative along \(u^a\)
\[
\dot{X}_{a...b}^{c...d} := u^c \nabla_c X_{a...b}^{c...d} \tag{3.4}\]
and the second is a totally projected spatial derivative defined in the 3-surfaces orthogonal to \(u^a\)
\[
D_c X^{a...b}_{c...d} := h_{m}^{a} ... h_{n}^{b} h_{i}^{p} ... h_{d}^{r} h_{e}^{r} \nabla_{r} X^{m...n}_{p...q} \tag{3.5}\]

B. The Variables

The three main groups of variables in the 1+3 formalism are the set of kinematical variables describing the flow of \(u^a\), the set of variables associated with the gravitational field as well as the variables describing the energy-momentum tensor. The kinematical variables arise from the irreducible decomposition of the covariant derivative of the timelike congruence:
\[
\nabla_b u_a = \dot{u}_a u_b + \frac{1}{3} \Theta h_{ab} + \sigma_{ab} + \omega_{ab}, \tag{3.6}\]
where \(\dot{u}_a\) is the acceleration of the congruence, \(\sigma_{ab}\) the volume preserving shear, \(\omega_{ab}\) the vorticity and \(\Theta\) the expansion of the congruence. These variables describe the kinematical properties of the flow associated to the observer \(u^a\).

The gravitational field is covariantly described by the Ricci tensor and the Weyl tensor. The Ricci tensor describes the local gravitational field at a given point due to the local matter content, as can be seen via the EFE. The Weyl tensor describes the non-local gravitational field that is mediated by gravitational waves and tidal forces. These two objects allow us to decompose the gravitational field into the local and non-local terms as follows:
\[
R_{abcd} = C_{abcd} + \frac{1}{2} \left( g_{ac} R_{bd} + g_{bd} R_{ac} - g_{bc} R_{ad} - g_{ad} R_{bc} \right) - \frac{R}{6} \left( g_{ac} g_{bd} - g_{ad} g_{bc} \right). \tag{3.7}\]
In addition, we can decompose the Weyl tensor into its irreducible parts
\[
E_{ab} = C_{acbd} u^c u^d \quad \text{and} \quad H_{ab} = \frac{1}{2} \epsilon_{cd} C_{cdbe} u^e, \tag{3.8}\]
where \(E_{ab}\) denotes the electric Weyl tensor and \(H_{ab}\) the magnetic Weyl tensor. The electric Weyl tensor generalises the Newtonian tidal tensor whereas the magnetic Weyl tensor has no Newtonian counterpart as it describes genuine relativistic effects such as frame dragging.
C. The Equations

In the 1+3 approach, the evolution and constraint equations for the variables arise from two sets of identities satisfied by the Riemann tensor with the EFE only being used to algebraically substitute the Ricci tensor for the equivalent energy-momentum terms. The first set of equations are given by the Ricci identities applied to $u^a$:

$$2\nabla[^a b] u_c = R_{abcd} u^d,$$

(3.9)

a second set of equations are provided by the once contracted Bianchi identities,

$$\nabla^d C_{abcd} = \nabla[^b R_a] c + \frac{1}{6} g_{[c} \nabla_a] R,$$

(3.10)

and the last set of equations are provided by the twice contracted Bianchi identities

$$\nabla^b T_{ab} = 0.$$

(3.11)

The algebraic relations for the Ricci tensor are given by EFE

$$R_{ab} = T_{ab} - \frac{1}{2} T g_{ab} + \Lambda g_{ab}. $$

(3.12)

IV. The 1+1+2 Covariant Formalism

A. The Formalism

The 1+3 formalism has been hugely successful in relativistic cosmology as it is particularly adapted to the models that it aims to describe. For homogeneous and isotropic cosmologies, the 1+3 formalism covariantly factorises out the only essential coordinate, time. The background spacetime is described by a system of ODEs for a set of 1+3 covariant scalar variables and all conventional ODE methods may be invoked. As the 3-vectors and 3-tensors vanish in the background due to the symmetry, they are implicitly gauge invariant as per the Stewart-Walker lemma [48]. Covariant and gauge-invariant linear is realised in this approach by noting that the non-vanishing background variables will be zeroth order and all variables that vanish in the background will be first order. We can then linearise the full system of equations about a specified background, dropping all terms that are second order and higher. Under this procedure, all vector-tensor and tensor-tensor couplings are killed off as they are implicitly second order or higher. The result is a system of equations that is tractable and may be solved.

If we relax the symmetry of the spacetime, there will be non-zero vectors and tensors in the background and the 1+3 system of equations is rendered intractable. However, if the spacetime possesses a preferred spatial direction at each point (such as spherical symmetry, local rotational symmetry or $G_2$ spacetimes) we can introduce an additional frame vector such that it covariantly factors out the two essential coordinates: time and the preferred radial direction. Consequently, all vectors and tensors will vanish on the 2-surfaces of homogeneity resulting in a system of ODEs for 1+1+2 scalar variables. Historically, such decompositions were originally introduced by [25] and were further developed by [4, 7–9, 33, 52, 53]. In this paper, we follow the approach to the 1+1+2 formalism as given in [8, 9].

In the 1+1+2 formalism we start by introducing a preferred spacelike congruence $n^a$ that is orthogonal to $u^a$ such that

$$n_a u^a = 0, \quad n_a n^a = 1.$$

(4.1)

The induced metric on the tangent 2-surfaces orthogonal to $n^a$ is defined by

$$N_{ab} = h_{ab} - n_a n_b = g_{ab} + u_a u_b - n_a n_b,$$

(4.2)

and can be used to project all vectors and tensors orthogonal to $n^a$: $n^a N_{ab} = u^a N_{ab} = 0$. Any 3-vector $\psi_a$ may be irreducibly split into a scalar $\Psi$ parallel to $n^a$ and a 2-vector $\Psi_a$ lying in the 2-surfaces orthogonal to $n^a$:

$$\psi_a = \Psi n_a + \Psi_a.$$

(4.3)

Similarly, any 3-tensor $\psi_{ab}$ can be irreducibly split into a scalar, 2-vector and PSTF (with respect to $n^a$) 2-tensor:

$$\psi_{ab} = \begin{array}{c} \text{scalar} \\ \text{2-vector} \end{array} \left( n_a n_b - \frac{1}{2} N_{ab} \right) + 2 \begin{array}{c} \text{2-tensor} \end{array} \Psi_a n_b + \Psi_{ab},$$

(4.4)
where

\[ \Psi = n^a n^b \psi_{ab}, \quad \Psi_a = N_a^b n^c \psi_{bc}, \quad \text{and} \quad \Psi_{ab} = \psi_{\{ab\}} = \left( N_a^c N_b^d - \frac{1}{2} N_{ab} N^{cd} \right) \psi_{cd}. \]  

(4.5)

As in the 1+3 formalism, the existence of the preferred spatial congruence and induced metric \( N_{ab} \) allows us to define two derivative operators. The first is a convective derivative along the spacelike congruence

\[ \ddot{\psi}_{a...b}^{c...d} := n^c D_c \psi_{a...b}^{c...d}, \]  

(4.6)

and the second is a totally projected derivative on the 2-surfaces

\[ \delta_c \psi_{a...b}^{c...d} := N_c^j N_a^f ... N_b^g N_h^c ... N_i^d D_j \psi_{f...g}^{h...i}. \]  

(4.7)

We can now decompose the covariant spatial derivative of \( n^a \) into its irreducible parts [8, 9]

\[ D_a n_b = n_a a_b + \frac{1}{2} \phi N_{ab} + \xi_{ab} + \zeta_{ab}, \]  

(4.8)

where

\[ a_a = n^c D_c n_a = \dot{n}_a, \]  

(4.9)

\[ \phi = \delta_a n^a, \]  

(4.10)

\[ \xi = \frac{1}{2} \epsilon^{ab} \delta_a n_b, \]  

(4.11)

\[ \zeta_{ab} = \delta_{\{a} n_{b\}}. \]  

(4.12)

Here, we interpret \( \phi \) as the expansion of the 2-surface, \( \zeta_{ab} \) as the distortion of the 2-surface (or shear of \( n^a \)), \( a^a \) the acceleration and \( \xi \) the rotation of \( n^a \). Likewise, we can also perform an irreducible split of the timelike derivative of \( n^a \),

\[ \dot{n}_a = \mathcal{A} u_a + \alpha_a \quad \text{where} \quad \alpha_a = \dot{n}_a \quad \text{and} \quad \mathcal{A} = n^a \dot{u}_a. \]  

(4.13)

The remaining 1+1+2 variables arise from the irreducible decomposition of the usual kinematical and gravitational variables in the 1+3 formalism [8, 9]:

\[ \dot{u}^a = \mathcal{A} n^A + \mathcal{A}^a \]  

(4.14)

\[ \dot{\omega}^a = \Omega \dot{n}^a + \Omega^a \]  

(4.15)

\[ \sigma_{ab} = \Sigma \left( n_a n_b - \frac{1}{2} N_{ab} \right) + 2 \Sigma_{(a} n_{b)} + \Sigma_{ab} \]  

(4.16)

\[ E_{ab} = \mathcal{E} \left( n_a n_b - \frac{1}{2} N_{ab} \right) + 2 \mathcal{E}_{(a} n_{b)} + \mathcal{E}_{ab} \]  

(4.17)

\[ H_{ab} = \mathcal{H} \left( n_a n_b - \frac{1}{2} N_{ab} \right) + 2 \mathcal{H}_{(a} n_{b)} + \mathcal{H}_{ab}. \]  

(4.18)

The key variables in the 1+1+2 formalism for vacuum spacetimes are therefore

\[ \{ \Theta, \mathcal{A}, \phi, \Sigma, \mathcal{E}, \Omega, \mathcal{H}, \xi, \alpha^a, \omega^a, \Sigma^a, \mathcal{E}^a, \Omega^a, \Sigma_{ab}, \mathcal{E}_{ab}, \mathcal{H}_{ab}, \zeta_{ab} \}. \]  

(4.19)

In the extension to studying perturbations to the \( f(R) \) Schwarzschild black hole, we must also implicitly include the 1+1+2 energy-momentum variables in order to describe the effective curvature fluid. The 1+1+2 energy-momentum tensor can be written as follows:

\[ T_{ab} = \mu u_a u_b + p \left( N_{ab} - n_a n_b \right) + 2 Q u_{(a} n_{b)} + 2 u_{(a} Q_{b)} + \Pi \left( n_a n_b - \frac{1}{2} N_{ab} \right) + \Pi_{(a} n_{b)} + \Pi_{ab}. \]  

(4.20)

The full decomposition of the curvature fluid energy-momentum tensor into its 1+1+2 form is given by [41]. The linearisation procedure around a Schwarzschild proceeds by substituting Eq. (2.11) into Eq. (2.8) and performing a
1+1+2 decomposition. Zeroth order terms are given by the set of Schwarzschild scalars \( \{ \mathcal{E}, \phi, \mathcal{A} \} \) and all products of first order terms or higher are dropped from the resulting expressions, leading to the following definitions [41]

\[
\begin{align*}
\mu^R &= \frac{1}{f_0} \left[ f_0'' \hat{R} + \phi f_0'' \hat{R} + f_0'' \delta^2 R \right], \\
p^R &= \frac{1}{f_0} \left[ f_0'' \hat{R} - A f_0'' \hat{R} - \frac{2}{3} \phi f_0'' \hat{R} - \frac{2}{3} f_0'' \delta^2 R \right], \\
Q^R &= -\frac{1}{f_0} \left[ f_0'' \left( \hat{R} - A \hat{R} \right) \right], \\
Q^R_a &= -\frac{f_0''}{f_0} \delta_a \hat{R}, \\
\Pi^R &= \frac{1}{f_0} \left[ \frac{2}{3} f_0'' \hat{R} - \frac{1}{3} \phi f_0'' \hat{R} - \frac{1}{3} f_0'' \delta^2 R \right], \\
\Pi^R_a &= \frac{1}{f_0} \left[ f_0'' \delta_a \hat{R} - \frac{1}{2} \phi f_0'' \delta_a R \right], \\
\Pi^R_{ab} &= \frac{f_0''}{f_0} \delta_{(a} \delta_{b)} R.
\end{align*}
\]

The identities

\[
\dot{\Pi}^R_{(ab)} = -\delta_{(a} Q_{b)} \quad \text{and} \quad \epsilon_c(\dot{\Pi}_b)^e - \epsilon_{c(a} \delta^e c \Pi_{b)} + \frac{1}{2} \phi \epsilon_{c(a} \Pi_{b)}^c = 0,
\]

have been used to simplify the evolution and propagation equations for the electric and magnetic Weyl 2-tensors as given in Eq. (6.4).

**B. The Equations**

In addition to the 1+1+2 decomposition of the 1+3 equations, we also need to introduce the Ricci identities for \( n^a \) in order for there to be sufficient equations to determine the 1+1+2 variables

\[
R_{abc} = 2 \nabla_{[a} \nabla_{b]} n_c - R_{abcd} n^d = 0.
\]

The full system of 1+1+2 equations can be found in [8, 9] and the system of 1+1+2 equations for the \( f(R) \) Schwarzschild spacetime in [41]. We do not reproduce them here.

**V. The Regge-Wheeler Tensor**

**A. Review: The Background Spacetime**

The Schwarzschild spacetime is covariantly characterised by the following non-zero 1+1+2 scalars: \( \{ \mathcal{A}, \mathcal{E}, \phi \} \). The system of equations that covariantly describes the Schwarzschild spacetime can be written in the following compact form:

\[
\begin{align*}
\dot{\phi} &= -\frac{1}{2} \phi^2 - \mathcal{E}, \\
\dot{\mathcal{E}} &= -\frac{3}{2} \mathcal{E} \phi, \\
\dot{\mathcal{A}} &= -\mathcal{A} (\phi + \mathcal{A}),
\end{align*}
\]

with the constraint equation

\[
\mathcal{E} + \phi \mathcal{A} = 0.
\]

A parametric solution for these equations can be found [9]:

\[
\begin{align*}
\phi &= \frac{2}{r} \sqrt{1 - \frac{2M}{r}}, \\
\mathcal{A} &= \frac{M}{r^2} \left[ 1 - \frac{2M}{r} \right]^{-\frac{1}{2}}, \\
\mathcal{E} &= -\frac{2M}{r^3}.
\end{align*}
\]
B. Review: The Regge Wheeler Tensor

In the metric approach to GR, a master equation for axial gravitational perturbations was originally derived by Regge and Wheeler [45] with the corresponding polar equation being derived by Zerilli [56] over a decade later. The structure of these wave equations can be shown to reduce to a Schrödinger-like equation defined in terms of an effective potential $V_{\text{eff}}$. These original studies have formed the basis for many different approaches to studying linear perturbations to the Schwarzschild black hole [9, 10, 31, 32, 34, 36, 44, 54]. In the 1+1+2 approach to gravitational perturbations of a Schwarzschild black hole, the master variables for the polar and axial sectors can be unified into a single covariant, gauge invariant and frame invariant tensor $W_{\{ab\}}$ [9].

Building on this work, a master variable $M_{\{ab\}}$ for gravitational perturbations for the $f(R)$ Schwarzschild black hole has recently been derived in [41] and is given in terms of the shear 2-tensor $\zeta_{ab}$, a TT tensor constructed from the radial part of the electric Weyl tensor $\delta_{\{aX_b\}}$ and a TT tensor constructed from the curvature scalar $\delta_{\{a\delta_b\}}R$.

The dimensionless, gauge-invariant, frame-invariant and transverse-traceless tensor $M_{ab}$ is defined by [41]

$$M_{ab} = \frac{1}{2} \phi r^2 \zeta_{ab} - \frac{1}{3} \frac{r^2}{E} \delta_{\{aX_b\}} + \frac{f''}{3 f_0} r^2 \delta_{\{a\delta_b\}} R,$$

where the even part of $M_{ab}$ is coupled to a curvature term:

$$\frac{1}{3} \frac{f''}{f_0} \delta_{\{a\delta_b\}} R = \frac{1}{3} \Pi_{ab}^R.$$

Consequentially, we have to include the trace equation for the curvature scalar in order for the wave equation to close. The curvature term vanishes in the axial sector and the variable $M_{ab}$ reduces to exactly the same form as in GR. The covariant wave equation this variable obeys is given by [41]

$$\ddot{M}_{\{ab\}} - \best M_{\{ab\}} - A \dot{M}_{\{ab\}} + (\phi^2 - E) M_{\{ab\}} - \delta^2 M_{\{ab\}} = 0,$$

which is identical to the covariant wave equation in GR [9, 43]. Note that both the even and odd parity components of $M_{ab}$ obey the same wave equation. This tensor equation can be decomposed into scalar harmonics (see Appendix C)

$$\hat{M} - \hat{\delta} M - \hat{A} \dot{W} + \left[ \frac{\ell(\ell + 1)}{r^2} + 3 \mathcal{E} \right] M = 0,$$

where $M = \{M_T, M_T\}$. Associating the hat derivative with an affine parameter $\rho$, i.e. $\hat{} = d/d\rho$, we can convert to the parameter $r$, $\rho \rightarrow r$, and then switch to the tortoise coordinates of Regge and Wheeler

$$r_* = r + 2M \ln \left( \frac{r}{2M} - 1 \right).$$

Letting

$$\psi = \psi_{RW} = W,$$

we find that the harmonic equation reduces to a Schrödinger type equation

$$\left( \frac{d^2}{dr^2} + \sigma^2 \right) \psi = V_T \psi,$$

with an effective potential $V_T$

$$V_T = \left( 1 - \frac{2M}{r} \right) \left[ \frac{\ell(\ell + 1)}{r^2} - \frac{6M}{r^3} \right],$$

which is just the Regge-Wheeler (RW) potential for gravitational perturbations to the Schwarzschild spacetime [9, 41, 45].
C. Review: Scalar Perturbations

In FOG we note the presence of scalar modes that are not possible in Einstein GR. The trace equation yields a wave equation in terms of the Ricci scalar $R$. The equation obeys the same functional form as the generalised Regge-Wheeler equation for massive scalar perturbations in Einstein GR but with an effective mass given by [41]

$$U^2 = \frac{p^2}{3H^2}.$$  \hspace{1cm} (5.14)

The covariant wave equation that the variable obeys is given by [41]

$$\ddot{R} - \dot{R} - A\dot{R} - (E - U^2 + \delta^2) R = 0,$$  \hspace{1cm} (5.15)

where $\mathcal{R} = rR$. Introducing scalar spherical harmonics, this equation reduces to [41]

$$\ddot{\mathcal{R}}_S - \dot{\mathcal{R}}_S - A\dot{\mathcal{R}}_S - \left[ E - \dot{U}^2 - \frac{\ell(\ell + 1)}{r^2} \right] \mathcal{R}_S = 0,$$  \hspace{1cm} (5.16)

where $\dot{U} = C_1/(3C_2)$, with $C_1$ and $C_2$ constants. Converting from the parameter $\rho$ to $r$ and then introducing tortoise coordinates, we find [41]

$$\left[ \frac{d^2}{dr_*^2} + \kappa^2 - V_S \right] \mathcal{R} = 0,$$  \hspace{1cm} (5.17)

where

$$V_S = \left( 1 - \frac{2M}{r} \right) \left[ \frac{\ell(\ell + 1)}{r^2} + \frac{2M}{r^2} + \dot{U}^2 \right].$$  \hspace{1cm} (5.18)

VI. The Weyl Terms

We now move on to the core subject of the paper, namely the description of gravitational perturbations via the Weyl tensor in the 1+1+2 formalism. The definition of a master variable for gravitational perturbations is non-unique (see e.g. [36]) and different definitions will provide different advantages or insight. The previous definition of the RW tensor $W_{ab}$ given in Eq. (5.6) allows us to interpret the RW equation as being related to the fluctuations in the radial part of the electric Weyl tensor as well as the distortions of the sheet, given by $\zeta_{ab}$. Alternatively, we may directly invoke the decomposition of the Weyl tensor to introduce a set of new master variables. This allows us to relate the 1+1+2 RW tensor to $h_+$ and $h_\times$, the NP Weyl scalars and the 2+2 gauge invariant master variables in a clear, transparent manner.

1. Unified Polar and Axial Gravitational Perturbations

It is a well established fact that gravitational waves propagate in a perturbed Schwarzschild spacetime and it would be reasonable to expect that the transverse-traceless tensors governing the gravitational perturbations will obey wave equations that reduce to the plane wave case in the limit $M \to 0$. The most natural variables to study would be those relating to the transverse-traceless (TT) degrees of freedom in the Weyl curvature tensor, as this provides a description of the free gravitational field. In the 1+1+2 formalism, the TT components of the electric and magnetic Weyl tensor will just be the 2-tensors $E_{ab}$ and $H_{ab}$. Constructing the wave equations for these variables, however, we find that they do not form a closed system, they contain forcing terms from other 1+1+2 tensors. Such couplings are not present in the plane wave limit making the interpretation and solution of these wave equations in isolation non-trivial. Explicitly, the covariant wave equations for the electric and magnetic Weyl 2-tensors can be derived by applying the wave operator $\hat{\Psi} - \hat{\Phi}$ to $E_{ab}$ and $H_{ab}$,

$$\dot{\mathcal{H}}_{(ab)} - \mathcal{H}_{(ab)} = (\phi + 5A) \mathcal{H}_{(ab)} - \delta^2 \mathcal{H}_{(ab)} + \left[ \frac{1}{2} \phi^2 - 5E \right] \mathcal{H}_{(ab)} = \left[ -3E \epsilon_{(a} \Sigma_{b)}^c + 2\delta_{(a} \mathcal{H}_{b)} \right] (\phi - 2A)$$ \hspace{1cm} (6.1)

$$\dot{\mathcal{E}}_{(ab)} - \mathcal{E}_{(ab)} = (\phi + 5A) \mathcal{E}_{(ab)} - \delta^2 \mathcal{E}_{(ab)} + \left[ \frac{1}{2} \phi^2 - 5E \right] \mathcal{E}_{(ab)} = \left[ 3E \zeta_{(ab)} + 2\delta_{(a} \mathcal{E}_{b)} \right] (\phi - 2A).$$ \hspace{1cm} (6.2)
Clearly, these wave equations are coupled to the 1+1+2 tensors $\Sigma^{(ab)}$, $\zeta^{(ab)}$, $\mathcal{E}_a$ and $\mathcal{H}_a$. Neither of these variables alone will obey a closed system of equations. By inspection of the propagation and evolution of the 1+1+2 equations\[8, 9, 41\], we can see similarities in the structures of these two wave equations. Importantly, the coupling terms can be found in the coupled propagation and evolution equations for the electric and magnetic Weyl 2-tensors \[9, 41\]:

$$\dot{\mathcal{E}}_{(ab)} - \epsilon c(a \mathcal{H}_b)^c = -\epsilon c(a \delta^c \mathcal{H}_b) + \left( \frac{1}{2} \phi + 2\mathcal{A} \right) \epsilon c(a \mathcal{H}_b)^c - \frac{3}{2} \epsilon \Sigma_{ab},$$ \hspace{1cm} (6.3)

$$\dot{\mathcal{H}}_{(ab)} + \epsilon c(a \dot{\mathcal{E}}_b)^c = \epsilon c(a \delta^c \mathcal{E}_b) + \frac{3}{2} \epsilon c(a \delta^c \mathcal{H}_b)^c - \left( \frac{1}{2} \phi + 2\mathcal{A} \right) \epsilon c(a \mathcal{E}_b)^c.$$ \hspace{1cm} (6.4)

This allows us to construct a new variable from the linear combination of the electric and magnetic Weyl 2-tensors $\mathcal{J}_{ab}^\pm$ that completely decouples from the other 1+1+2 variables. Explicitly, this new perturbation variable is given by

$$\mathcal{J}_{(ab)}^\pm = \mathcal{E}_{(ab)}^\pm \pm \epsilon c(a \mathcal{H}_b)^c,$$ \hspace{1cm} (6.5)

$$= [\mathcal{E}_T \mp \mathcal{H}_T] Q_{ab} + [\dot{\mathcal{E}}_T \pm \mathcal{H}_T] \dot{Q}_{ab},$$ \hspace{1cm} (6.6)

and can be shown to obey the following closed, covariant and gauge invariant wave equation

$$\mathcal{J}_{(ab)}^\pm - \dot{\mathcal{J}}_{(ab)}^\pm - (A + 2\phi) \mathcal{J}_{(ab)}^\pm \mp (4A - 2\phi) \mathcal{J}_{(ab)}^\mp - (\delta^2 + 2K) \mathcal{J}_{(ab)}^\pm + (4A_2 - 4\mathcal{E}) \mathcal{J}_{(ab)}^\mp = 0,$$ \hspace{1cm} (6.7)

which, when decomposed into covariant harmonics, reduces to

$$\mathcal{J}_{(ab)}^\pm - \dot{\mathcal{J}}_{(ab)}^\pm - (A + 3\phi) \mathcal{J}_{(ab)}^\pm \mp (4A - 2\phi) \mathcal{J}_{(ab)}^\mp + \left[ \frac{\ell(\ell + 1)}{r^2} - \frac{3}{2} \omega^2 + 2\mathcal{E} + 4A^2 \right] \mathcal{J}_{(ab)}^\pm = 0,$$ \hspace{1cm} (6.8)

where $\mathcal{J} = \{ \mathcal{J}_{T}^\pm, \dot{\mathcal{J}}_{T}^\pm \}$. As with $W_{(ab)}$, this variable unifies the even and odd parity perturbations into a single transverse-traceless tensor $\mathcal{J}_{ab}$. By construction, this variable is defined by the transverse-traceless degrees of freedom in the electric and magnetic Weyl tensors. It is therefore natural that this variable should describe the propagation of gravitational waves in the Schwarzschild spacetime. In the limit $M \rightarrow 0$, we recover the plane wave case, as expected. Additionally, we note that gauge invariance of our perturbation variable is guaranteed by the Stewart-Walker lemma \[48\] as all vectors and tensors vanish in the background spacetime.

In the context of $f(R)$ gravity, it may seem a little curious that the wave equation for this perturbation variable is exactly the same as found in General Relativity. However, this result should not come as too much of a surprise. The perturbation variable, being TT in nature, explicitly describes massless modes that propagate along null curves. The scalar modes, having an effective mass of $U^2$, will physically propagate along timelike curves on the black hole background. In addition, we are explicitly considering a constrained class of solutions in $f(R)$ for which the scalar modes are not excited in the background spacetime. As such, the scalar modes and tensor modes decouple at linear order. This decoupling between the massive and massless modes has previously been noted \[35, 41\] but the derivation via metric based approaches can often obfuscate the underlying physics. By adopting the geometrically and physically meaningful 1+1+2 semi-tetrad approach, we can explicitly see which kinematical and gravitational terms are of importance and we can isolate physically meaningful variables, such as the TT components of the electric and magnetic Weyl tensors.

It is also worth noting that were we to consider more astrophysical realistic systems or systems with matter content, the role of the scalar modes become pronounced. An example of such behaviour can be seen in the dynamical secularisation of isolated neutron stars in the late-inspiral and merger phases of a compact binary coalescence \[1\].

2. Axial Gravitational Perturbations

As mentioned previously, the curvature term only occurs in the even parity sector. This means that axial gravitational perturbations to the $f(R)$ Schwarzschild black hole will be governed by the same covariant wave equation as in General Relativity. A natural candidate for such a perturbation variable is the magnetic Weyl tensor. Consequently, we introduce a perturbation variable $\mathcal{V}_{(ab)}$ constructed from the radial part of the magnetic Weyl tensor

$$\mathcal{V}_{(ab)} = r^2 \delta_{(a}\delta_{b)} \mathcal{H}.$$ \hspace{1cm} (6.9)

This variable can be shown to obey the following covariant wave equation

$$\dot{\mathcal{V}}_{(ab)} - \dot{\mathcal{V}}_{(ab)} - (A + 3\phi) \mathcal{V}_{(ab)} - \left[ \delta^2 + 2K \right] \mathcal{V}_{(ab)} = 0.$$ \hspace{1cm} (6.10)
Decomposing the above equation into tensor harmonics\(^1\) we find that
\[
\ddot{V} - \dot{V} - (A + 3\phi) \dot{V} + \left[ \frac{\ell (\ell + 1)}{r^2} - \frac{3}{2} \phi^2 + 6\epsilon \right] V = 0.
\] (6.11)

Though this harmonic equation looks different to the Regge-Wheeler equation, this variable is related to Regge-Wheeler variable. This can be seen by rescaling the tensor defined above as follows:
\[
X = r^3 V,
\]
Eq. (6.11) then reduces to
\[
0 = \frac{1}{r^3} \left[ \ddot{X} - \dot{X} - A \dot{X} + \left\{ \frac{\ell (\ell + 1)}{r^2} + 3\epsilon \right\} X \right]
\] (6.12)
\[
= \ddot{X} - \dot{X} - A X + \left\{ \frac{\ell (\ell + 1)}{r^2} + 3\epsilon \right\} X.
\] (6.13)

This is nothing more than the Regge-Wheeler equation as per Eq. (5.9). This allows us to reinterpret the RW master variable as simply the radial part of the magnetic Weyl scalar as
\[
\mathcal{H} = n^a n^b H_{ab}.
\]
This is more physically intuitive than the original derivation via metric perturbation theory as well as being manifestly covariant and gauge invariant.

VII. Relation to Other Formalisms

A. The Newman-Penrose Formalism

Another way to interpret our new perturbation variables is to re-express the Newman-Penrose scalars in terms of the 1+1+2 variables. The Newman-Penrose formalism is a full tetrad approach in which the underlying frame vectors form a null tetrad consisting of two real null vectors \((l^a, k^a)\) and a complex-conjugate pair \((m^a, \bar{m}^a)\) \(^3\). The two real null vectors correspond to ingoing and outgoing null congruences, whereas the complex-conjugate pair will simply correspond to a decomposition of the 2-surface orthogonal to \(u^a\) and \(n^a\). The frame vectors are defined as follows:
\[
l_a = \frac{1}{\sqrt{2}} (u_a + n_a) \quad l_a l^a = 0
\] (7.1)
\[
k_a = \frac{1}{\sqrt{2}} (u_a - n_a) \quad k_a k^a = 0 \quad l_a k^a = -1
\] (7.2)
\[
m_a = \frac{1}{\sqrt{2}} (v_a - i w_a) \quad m^a \bar{m}_a = 1 \quad m^a m_a = \bar{m}^a \bar{m}_a = 0,
\] (7.3)

with the metric being decomposed as follows
\[
g_{ab} = -l_a k_b - k_a l_b + 2m_{(a} \bar{m}_{b)}
\] (7.4)
\[
= -u_a u_b + n_a n_b + N_{ab},
\] (7.5)

where we have identified the induced 2-metric with the two complex frame vectors: \(N_{ab} = 2m_{(a} \bar{m}_{b)}\). The Newman-Penrose scalars are defined by the appropriate contractions of the Weyl tensor with respect to this null tetrad and are given by\(^2\)
\[
\Psi_0 = C_{abcd} l^a m^b k^c m^d
\] (7.6)
\[
\Psi_1 = C_{abcd} l^a m^b k^c k^d
\] (7.7)
\[
\Psi_2 = C_{abcd} l^a \bar{m}^b k^c k^d
\] (7.8)
\[
\Psi_3 = C_{abcd} k^a m^b \bar{m}^c k^d
\] (7.9)
\[
\Psi_4 = C_{abcd} \bar{m}^a k^b m^c k^d,
\] (7.10)

with the 5 complex Weyl scalars encoding the 10 independent components of the Weyl tensor. The conventional physical intuition applied to these scalars is as follows: \(\Psi_0\) describes transverse radiation along \(k^a\) and thereby

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\(^1\) As per Appendix C

\(^2\) Note that other definitions or conventions exist.
describes ingoing gravitational radiation. Ψ₁ is an ingoing gauge wave described by the longitudinal radiation along \( k^a \). Ψ₂ is a Coulomb term related to gravitation attraction and frame dragging effects. Ψ₃ describes longitudinal radiation along \( l^a \) and is therefore an outgoing gauge wave. Finally, Ψ₄ describes transverse radiation along \( l^a \) and is thereby characterises outgoing gravitational radiation.

One of the motivations for considering the Weyl scalars is that the response of a GW detector will be encoded in these curvature scalars in the Jordan frame [16]. In particular, for outgoing waves, the Weyl peeling theorem tells us how the Weyl scalars fall off along outgoing radial null geodesics in some neighbourhood of future null infinity \( \mathcal{J}^+ \):

\[
Ψ_n \sim r^{n-5}.
\]

This result is relatively robust and valid for a wide range of tetrad frames given a suitable choice for \( r \). In an asymptotically flat spacetime, given that we are sufficiently far away from the source, the outgoing waves can be expressed within the realms of linearised gravity in the TT gauge:

\[
Ψ_0 = Ψ_1 = Ψ_2 = Ψ_3 = 0 \quad Ψ_4 = -\bar{h}_+ + i\bar{h}_x,
\]

with \( h_+ \) and \( h_x \) the standard gravitational wave polarisations, i.e the 2 graviton degrees of freedom. This means that in General Relativity, the radiative degrees of freedom that decay as \( r^{-1} \) and are observable by GW detectors are simply encoded in Ψ₄. The extension to \( f(R) \) gives us the possibility of exciting an additional transverse, radiative scalar mode. However, under many general considerations, the radiative component of this scalar mode tends to vanish due to constraints on the underlying scalar-tensor theory [1]. As such, the scalar modes will only couple weakly to a GW detector making direct detections difficult [1, 13].

Performing a systematic decomposition of all the Weyl tensor into its constituent 1+1+2 components, the Weyl scalars can be re-written as follows [47]:

\[
Ψ_0 = \left[ \mathcal{E}_{ab} + \epsilon_r (\alpha \mathcal{H}_b) \right] m^a m^b, \quad Ψ_1 = \frac{-1}{\sqrt{2}} \left[ \mathcal{E}_a - \epsilon_{ab} \mathcal{H}^b \right] m^a, \quad Ψ_2 = \frac{1}{2} [\mathcal{E} - i\mathcal{H}]. \quad Ψ_3 = \frac{1}{\sqrt{2}} \left[ \mathcal{E}_a + \epsilon_{ab} \mathcal{H}^b \right] \bar{m}^a, \quad Ψ_4 = \left[ \mathcal{E}_{ab} - \epsilon_r (\alpha \mathcal{H}_b) \right] \bar{m}^a \bar{m}^b.
\]

This decomposition follows from analogous results derived in a 3+1 or 1+3 approach [2, 3, 47]. As is usual in a tetrad formalism, these scalars will, in general, be frame-dependent with the behaviour of these scalars under transformations explicitly known [49]. Reassuringly, the only Newman-Penrose scalar that is non-vanishing in the background spacetime is Ψ₂ for which we recover:

\[
Ψ_2 = \frac{1}{2} \mathcal{E} = -\frac{M}{\rho^2},
\]

as per the parametric solution for the 1+1+2 variables in Eq. (5.5). The above results are also consistent with the literature in the sense that all LRS spacetimes will be of Petrov type D or O [17]. This can be seen by the simple requirement that under LRS, all 2-vectors and 2-tensors must vanish in the background. This leaves Ψ₂ ≠ 0 with the Petrov type determined by \( \mathcal{E} \) and \( \mathcal{H} \). If these scalars vanish the Petrov type is O, otherwise the Petrov type is D. Under perturbations, the Petrov type will be asymptotically type N due to the Weyl peeling theorem. We can extend this discussion to include the four non-zero vacuum invariants constructed from the Riemann curvature tensor [2]

\[
I = 3Ψ_2^2 - 4Ψ_1Ψ_3 + Ψ_0Ψ_4, \quad J = Ψ_0Ψ_2Ψ_4 + 2Ψ_1Ψ_2Ψ_3 - Ψ_0Ψ_3^2 - Ψ_1^2Ψ_4 - Ψ_3^3.
\]

In a Petrov type D spacetime, as Petrov type O is trivial, these invariants reduce to

\[
I = 3Ψ_2^2 \quad \text{and} \quad J = -Ψ_2^3.
\]

\[ \text{See Appendix A for a brief review of the Petrov classification.} \]
From our decomposition of the NP scalars, these can be expressed via the 1+1+2 scalars as

$$I = \frac{3}{4} \left[ \mathcal{E}^2 - \mathcal{H}^2 - 2i\mathcal{E}\mathcal{H} \right],$$

(7.22)

$$J = -\frac{1}{8} \left[ \mathcal{E}^2 - 3i\mathcal{E}^2\mathcal{H} - 3\mathcal{E}\mathcal{H}^2 + i\mathcal{H}^3 \right],$$

(7.23)

$$S = 27\frac{J^2}{F^3} = 1 \quad \text{For Type D or Type II Spacetimes.}$$

(7.24)

From these decompositions we can immediately identify the correspondence between the perturbation variable $V_{ab}$ and the imaginary part of $\Psi_2$:

$$\Im \left[ r^3\Psi_2 \right] \sim \psi_{RW} \sim r^3\mathcal{H}. \quad \text{(7.25)}$$

The relationship between the imaginary part of $\Psi_2$ and the Regge-Wheeler variable was first discussed by [44] 4.

Similarly, we can immediately identify a correspondence between $\{\Psi_0, \Psi_4\}$ and the perturbation variable $J_{ab}^\pm$. Notably, we see that

$$\Psi_0 = J_{ab}^+ m^a m^b, \quad \text{ (7.26)}$$

$$\Psi_4 = J_{ab}^- \bar{m}^a \bar{m}^b. \quad \text{(7.27)}$$

This allows us to associate $J_{ab}^-$ with outgoing gravitational radiation 5 and reinforces the notion that $J_{ab}^\pm$ contains, in a compact form, the gravitational wave polarisations $\{h_+, h_x\}$.

By construction, the scalar degrees of freedom present in the class of $f(R)$ theories considered here do not enter the Weyl scalars. This is reflected in our ability to both construct a closed, covariant wave equation that decouples from the scalar modes as well as the inability of the scalar modes to affect the potential of the tensor degrees of freedom at linear order.

A useful approach for studying the curvature-fluid perturbations is via the Ricci scalars. In the most general case, these scalar quantities will encode the ten independent components of the Ricci tensor in the form of three real scalars $\{\Phi_{00}, \Phi_{11}, \Phi_{22}\}$ and six complex scalars $\{\Phi_{01} = \Phi_{10}, \Phi_{02} = \Phi_{20}, \Phi_{12} = \Phi_{21}\}$. Unlike the Weyl scalars, the Ricci scalars are implicitly related to the energy-momentum distribution of the spacetime via EFE. In the context of perturbations to the $f(R)$ Schwarzschild black hole, these scalars will measure excitations of the curvature fluid. The Ricci scalars are defined as follows [47]:

$$\Phi_{00} = \frac{1}{2} R_{ab} l^a l^b, \quad \text{(7.28)}$$

$$\Phi_{11} = \frac{1}{4} R_{ab} \left( t^a k^b + m^a \bar{m}^b \right), \quad \text{(7.29)}$$

$$\Phi_{22} = \frac{1}{2} R_{ab} k^a k^b, \quad \text{(7.30)}$$

$$\Phi_{01} = \Phi_{10} = -\frac{1}{2} R_{ab} t^a \bar{m}^b, \quad \text{(7.31)}$$

$$\Phi_{02} = \Phi_{20} = \frac{1}{2} R_{ab} m^a \bar{m}^b \quad \text{(7.32)}$$

$$\Phi_{12} = \Phi_{21} = \frac{1}{2} R_{ab} \bar{m}^a k^b. \quad \text{(7.33)}$$

As per the Weyl scalars, we can systematically decompose the Ricci scalars into their constituent 1+1+2 variables.

4 Note that [44] uses a different notation for the NP scalars based on their spin-weight: $\{\Psi_{-2}, \Psi_{-1}, \Psi_0, \Psi_1, \Psi_2\}$.

5 See Appendix B.
We find the following:

\[ \Phi_{00} = \frac{1}{2} \left( p - Q + \frac{1}{2} \Pi \right), \quad (7.34) \]
\[ \Phi_{11} = \frac{1}{4} \left( \mu - \Pi + \Pi_{ab} \bar{m}^a \bar{m}^b \right), \quad (7.35) \]
\[ \Phi_{22} = \frac{1}{2} \left( p + Q + \frac{1}{2} \Pi \right), \quad (7.36) \]
\[ \Phi_{01} = \frac{1}{2\sqrt{2}} (\Pi_a - Q_a) \bar{m}^a, \quad (7.37) \]
\[ \Phi_{02} = \frac{1}{2} \Pi_{ab} \bar{m}^a \bar{m}^b, \quad (7.38) \]
\[ \Phi_{12} = -\frac{1}{2\sqrt{2}} (\Pi_a + Q_a) \bar{m}^a. \quad (7.39) \]

The 1+1+2 expressions presented above are valid in both General Relativity as well as the \( f(R) \) extension considered in this paper. In the Schwarzschild background, these variables naturally vanish as we only consider vacuum gravitational perturbations, i.e. \( T^{ab}_{\text{vac}} \) vanishes to all orders. In the \( f(R) \) extension however, these variables will vanish in the background but will be non-zero once we consider first-order perturbations involving the scalar degrees of freedom. For example, we can explicitly insert the linearised energy-momentum tensor for the curvature fluid into \( \Phi_{00} \) and \( \Phi_{22} \) to obtain:

\[ \Phi_{00} = \frac{f''}{2f_0} \left[ \hat{R} - \frac{1}{3} \hat{\hat{R}} - \hat{R} \left( A + \frac{5}{6} \phi \right) - \frac{5}{6} \delta^2 \hat{R} + \hat{\hat{R}} - A \hat{R} \right], \quad (7.40) \]
\[ \Phi_{22} = \frac{f''}{2f_0} \left[ \hat{R} + \frac{1}{3} \hat{\hat{R}} - \hat{R} \left( A + \frac{5}{6} \phi \right) - \frac{5}{6} \delta^2 \hat{R} - \frac{5}{3} \hat{\hat{R}} \right]. \quad (7.41) \]

**B. The 2+2 Formalism**

The other approach to which we wish to make a connection is that of the 2+2 formalism. This formalism was originally introduced in [20, 21] and a completion of this formalism was given by [22] who providing a systematic derivation of the gauge-invariants, introduced a fluid-frame decomposition and wrote down the resulting system of master equations governing gravitational perturbations of spherically symmetric spacetimes. The approach is built around the decomposition of the background 4-dimensional spacetime \( \mathcal{M}^4 \) into a warped product \( \mathcal{M}^4 = \mathcal{M}^2 \otimes S^2 \), where \( \mathcal{M}^2 \) is a 2-dimensional Lorentzian manifold and \( S^2 \) is the 2-sphere. In essence, we are covariantly factorising out the spherical symmetry and reducing the problem to a two-dimensional problem written in terms of the two essential coordinates: time and radius. As such, the metric can be written as:

\[ ds^2 = g_{AB}(x^C)dx^a dx^B + r^2(x^C)\gamma_{ab} dx^\alpha dx^\beta, \quad (7.42) \]

where \( g_{AB} \) is the metric on \( \mathcal{M}^2 \) and \( \gamma_{ab} \) is the metric on the unit sphere \( S^2 \). The scalar \( r = r(X^a) \) is defined on \( \mathcal{M}^2 \) and can be identified as the invariantly defined radial coordinate of spherically-symmetric spacetimes. Using this decomposition, the EFE in vacua can be re-expressed as:

\[ G_{AB} = -2 \left( v_A B + v_A v_B \right) + 2 \left( v_C |C| + 3 v_C v_C - \frac{1}{r^2} \right) g_{AB} = t_{AB}, \quad (7.43) \]
\[ \frac{1}{2} G^a_a = v_C |C| + 3 v_C v_C - \mathcal{R} = Q, \quad (7.44) \]
\[ v_A = \frac{r |A|}{r}, \]

where \( \mathcal{R} = \frac{1}{2} R^A \) is the Gaussian curvature of \( \mathcal{M}^2 \). The energy-momentum conservation equations take the following form:

\[ \frac{t_{AB} |B|}{2} + 2 t_{AB} v_B - 2 v^A Q = 0. \quad (7.45) \]

\(^6\) Note carefully: In this section, \( \{A, B, \ldots\} \) denote coordinates on \( \mathcal{M}^2 \) and \( \{a, b, \ldots\} \) denote coordinates on \( S^2 \).
Following [22], all metric perturbations can be written as a scalar, vector or tensor field on \( \mathcal{M}^2 \) times a spherical harmonic scalar, vector or tensor field on \( S^2 \). As such, the axial metric perturbations can be written as:

\[
h_{\mu \nu}^{\text{Axial}} = \left( \begin{array}{cc} 0 & h_{A}^{\text{Axial}} Y_{a} \\ h_{A}^{\text{Axial}} Y_{a} & h_{ab} \end{array} \right),
\]

and the polar metric perturbations as:

\[
h_{\mu \nu}^{\text{Polar}} = \left( \begin{array}{cc} h_{AB} Y_{a} & h_{A}^{\text{Polar}} Y_{a} \\ h_{A}^{\text{Polar}} Y_{a} & r^2 \left( K Y_{ab} + G Y_{ab} \right) \end{array} \right).
\]

In practice it is often convenient to adopt the Regge-Wheeler gauge \( \{ h, h_{A}^{\text{Polar}}, G \} = 0 \) as, in this gauge, the remaining gauge-invariant variables simply correspond one-to-one with the bare perturbations. Knowing how the variables transform under general gauge-transformations, we could always map to a different gauge using known algebraic relations.

1. Polar Perturbations and Correspondence

Using a radial-frame in \( \mathcal{M}^2 \), the metric perturbation \( k_{AB} \) can be split into three gauge-invariant scalars \( \{ \chi, \varphi, \varsigma \} \)

\[
k_{AB} = (\chi + \varphi) (nA_{AB} + u_{uAB}) + \varsigma (u_{ANB} + n_{AUB}).
\]

Substituting this decomposition into the 2+2 EFE, we can recover a system of scalar equations by the appropriate projection operations with respect to the basis \( \{ u, n \} \). The system of master equations for the Schwarzschild spacetime in GR can be written as follows [22, 36]

\[
-\ddot{\chi} + \chi'' = -2 \left[ 2\nu^2 - \frac{6M}{r^2} \right] (\chi + \varphi) - (5\nu - 2W) \chi' + \frac{(\ell + 2)(\ell - 1)}{r^2} \chi,
\]

\[
-\ddot{\varphi} = -W \chi' - \nu \varphi' - \frac{4M}{r^2} (\chi + \varphi) - \frac{(\ell + 2)(\ell - 1)}{2r^2} \chi,
\]

\[
-\ddot{\varsigma} = 2\nu (\chi + \varphi)' + \chi'.
\]

In addition, we also have three constraint equations on the Cauchy data for \( \{ \chi, \varphi, \varsigma \} \):

\[
(\varphi)' = -W \chi + \frac{\ell (\ell + 1)}{2r^2} \varsigma,
\]

\[
\varphi'' = \frac{\ell (\ell + 1)}{r^2} (\chi + \varphi) - \frac{(\ell + 2)(\ell - 1)}{2r^2} \chi + W \chi' - 2W \varphi',
\]

\[
\varsigma' = -2\nu \varsigma - \chi - 2\varphi.
\]

Clearly, from the above, the highest derivatives of \( \chi \) form a wave equation with characteristics set by the metric \( g_{\mu \nu} \) and Cauchy data \( \{ \chi, \chi \} \) that can be set independently of matter perturbations [22]. It was therefore noted in [22] that \( \chi \) can be reasonably said to characterise polar gravitational waves. The interpretation of \( \varphi \) is a less trivial but was originally noted to correspond to longitudinal gravitational waves made physical by the presence of matter. As we work in a vacuum spacetime, how we should interpret \( \varphi \) is not clear. Finally, \( \varsigma \) was noted to be a term that is advected with the fluid. These physical descriptions of the gauge-invariants can be made manifest by explicitly writing down a correspondence between the 1+1+2 variables and the 2+2 gauge invariant perturbations. In essence, this approach to understanding the physical and geometrical meaning of gauge invariant perturbations is reminiscent of [6] but adapted to spherically symmetric spacetimes.

Performing a systematic study of the 1+1+2 variables in terms of the 2+2 gauge invariants, we find that the gauge-invariant perturbations are captured by the electric and magnetic Weyl 2-tensors:

\[
\mathcal{E}_{ab} = -\frac{1}{2} (\chi + \varphi) Y_{ab},
\]

\[
\mathcal{H}_{ab} = \frac{1}{4} \varsigma Y_{ab}.
\]

\[\text{Note that in this section a dot derivative is defined by } u^A \nabla_A \text{ and a prime derivative by } n^A \nabla_A, \text{ where } \nabla_A \text{ is the covariant derivative on } \mathcal{M}^2, \text{ i.e. } \nabla_{CGB} = 0.\]
In many ways this is highly reassuring. After all, it was noted that $\chi$ and $\varphi$ somehow relate to polar gravitational wave degrees of freedom. Similarly, the interpretation of $\varsigma$ was less transparent but, via the 1+1+2 approach, we can clearly see that this gauge-invariant perturbation is related to the magnetic Weyl 2-tensor and therefore will be related to genuine relativistic effects, such as frame-dragging. This also corresponds to the result presented earlier in Eq. (6.7) whereby the TT degrees of freedom of the Weyl tensor were shown to obey a closed covariant wave equation. As such, the master variable $J_{\{ab\}}$ and its concomitant wave equation are simply a covariant, gauge-invariant and frame-invariant repackaging of the system of equations given by Eq. (7.49) for the gauge-invariant perturbations $\{\chi, \varphi, \varsigma\}$.

From the result in Eq. (6.7), which is valid for both General Relativity as well as $f(R)$, it would be natural to assume that were a 2+2 decomposition of the $f(R)$ field equations to be performed, an analogous closed system of equations for these gauge invariant perturbations could be found. Implicitly, we would also have to fold in first-order energy momentum perturbations corresponding to excitations of the scalar degrees of freedom. This would follow a procedure analogous to that used in the 1+1+2 decomposition and linearisation of the energy-momentum tensor for the curvature fluid.

2. Axial Perturbations and Correspondence

In exactly the same manner as we did for the polar perturbations, we can analyse the axial sector and how the results correspond to those derived in both Eq. (6.7) and Eq. (6.10). Luckily, the analysis is greatly simplified as the system of equations for the axial sector are less entangled than their polar sector counterparts. Perturbations to the axial sector, in vacuum, are completely characterised by a single scalar variable $\Pi$ defined by 

$$\Pi = \epsilon^{AB} (r^{-2} k_A)_{\thinspace\mid B}$$

$$= \frac{1}{r^2} \left[ \left( \frac{1 - 2M}{r} \right)^{-1/2} k_t^t + 2 k_t^t + \left( 1 - \frac{2M}{r} \right)^{1/2} \dot{k}_r \right],$$

where we have explicitly evaluated $\Pi$ in terms of its metric components for Schwarzschild coordinates. The corresponding scalar wave equation is

$$\left[ \frac{1}{r^2} (r^4 \Pi)_{\thinspace\mid A} \right]^{\mid A} - (\ell + 2)(\ell - 1) = 0.$$ 

On a Cauchy surface, the two first-order degrees of freedom are given by $\{\Pi, \dot{\Pi}\}$. Explicitly evaluating the covariant derivatives, we would find a scalar wave equation with characteristics set by the metric:

$$-\Pi + \Pi'' = S_{\Pi}.$$ 

Consequentially, it is reasonable to state that $\Pi$ describes axial gravitational waves. Expressing the 1+1+2 variables in terms of 2+2 gauge-invariants we can immediately identify the axial master variable with the radial part of the magnetic Weyl 2-tensor

$$\mathcal{H} = \frac{\ell(\ell + 1)}{2} \Pi.$$ 

Following our previous discussion, the master variable $V_{\{ab\}}$ is a covariant, gauge-invariant repackaging of the 2+2 gauge invariant master variable $\Pi$ whose physical significance is made manifest by the identification of $V_{\{ab\}}$ with the radial part of the magnetic Weyl 2-tensor.

Finally, we can complete the correspondence by noting the link between the perturbed Weyl scalars and the 2+2 gauge invariants [38], the most significant of which is the perturbation to $\Psi_2$:

$$\delta \Psi_2 = -\frac{i}{4} \ell(\ell + 1) \Pi Y$$

$$\sim \mathcal{H}$$

$$\sim \Psi_{\text{RW}}.$$ 

This summarises the results detailed in this paper, namely that the radial part of the magnetic Weyl Tensor corresponds to the Regge-Wheeler variable and this can be expressed in many different ways in many different approaches. To make life more difficult, it is clear from Eq. (6.6) and Eq. (6.9) that there is a non-uniqueness in the definition of a master variable. As the scalar mode $R$ vanishes in the axial sector, these equations and correspondences will hold even in the extension to $f(R)$ gravity.
VIII. Summary

We have presented a further analysis of linear, non-spherical perturbations to the Schwarzschild black hole in $f(R)$ gravity. Notably, we have advocated using the Weyl tensor as a powerful object for studying the evolution of gravitational waves. The two main perturbation variables that we introduce, $\mathcal{J}_{(ab)}$ and $\mathcal{V}_{(ab)}$, obey closed, covariant, gauge-invariant and frame-invariant wave equations that happen to be exactly the same in both General Relativity as well as to the $f(R)$ extensions considered here.

The first perturbation variable $\mathcal{J}_{(ab)}$ is constructed from the transverse-traceless degrees of freedom of the Weyl tensor and is a particularly convenient way to study the evolution of gravitational perturbations in the Schwarzschild spacetime. Imposing a set of basic constraints and imposing that $f(0) = 0$ and $R = 0$ in the background, the resulting equation decouples from the scalar modes at the linear level. In part this is due to the setup used, namely that we consider a vacuum Schwarzschild spacetime for which there are initially no scalar mode excitations. The scalar modes in $f(R)$ gravity correspond to massive modes, with the mass of the particles set by the parameters of the theory $f''(0)$ and $f''(0)$, that propagate along timelike curves. The pure tensor modes described by $\mathcal{J}_{ab}$, however, will be massless and propagate along null curves. Were we to consider a more complicated spacetime, by either reducing symmetries or by introducing a matter to the system, it is likely that the scalar modes and tensor modes will be more entangled.

As such, our results are in agreement with the literature on the subject [15, 35, 41]. The variable $\mathcal{J}_{(ab)}$ was shown to correspond to the radiative degrees of freedom in the Newman-Penrose formalism [37], i.e. $\Psi_4$ and $\Psi_0$, as well as the gauge-invariant master variables $\chi$ and $\varphi$ in the $2+2$ formalism [22]. This should not be of too much surprise, given that the NP Weyl scalars are contractions of the metric and the Weyl tensor describes the free gravitational field, one of the primary reasons as to why we advocate its use.

The second perturbation variable $\mathcal{V}_{(ab)}$ is defined to be the radial part of the magnetic Weyl tensor and is a purely axial variable. Given that the scalar modes are even parity in nature, it is unsurprising that the form for this equation is exactly the same as in General Relativity. In fact, by an appropriate rescaling, it can be shown that this variable is exactly $\Psi_2$ in the Newman-Penrose formalism [37] or $\Pi$ in the $2+2$ decomposition [22].

Finally, we highlighted how the curvature-fluid terms can be expressed via the NP Ricci scalars, e.g. $\Phi_{00}$ and $\Phi_{11}$, which would necessarily be zero in General Relativity.

IX. Acknowledgements

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A. Petrov Classification

The Petrov classification allows us to invariantly divide the gravitational fields into six distinct types. The two main approaches to this problem, which are completely equivalent, are as an eigenvalue problem applied to the Weyl tensor or by looking at the principal null directions. The eigenvalue approach is tantamount to finding a set of eigenvalues $\lambda$ and eigenbivectors $X^{ab}$ such that [47]

$$\frac{1}{2} C^{abcd} X_{cd} = \lambda X^{ab}. \quad (A1)$$

The eigenbivectors correspond to the principal null directions and, due to the inherent symmetries of the Weyl tensor, will belong to a four-dimensional space of antisymmetric bisectors. Using a null tetrad as per Newman-Penrose formalism, we can introduce the following set of bisectors

$$U_{ab} = -l_{[a} m_{b]}, \quad V_{ab} = k_{[a} n_{b]}, \quad W_{ab} = m_{[a} \bar{m}_{b]} - k_{[a} l_{b]}. \quad (A2)$$

$$W_{ab}$$
This allows us to express the Weyl tensor in terms of the NP Weyl scalars $\Psi_n$

\[
C_{abcd} = \Psi_0 (U_{ab}U_{cd}) + \Psi_1 (U_{ab}W_{cd} + W_{ab}U_{cd}) + \Psi_2 (V_{ab}U_{cd} + U_{ab}V_{cd} + W_{ab}W_{cd})
+ \Psi_3 (V_{ab}W_{cd} + W_{ab}V_{cd}) + \Psi_4 (V_{ab}V_{cd}).
\]  

(A5)

The Petrov classification can now be distinctly written in terms of which NP Weyl scalars vanish. The classification is as follows:

- **Type I**: $\Psi_0 = 0$,
- **Type II**: $\Psi_0 = \Psi_1 = 0$,
- **Type D**: $\Psi_0 = \Psi_1 = \Psi_2 = 0$,
- **Type III**: $\Psi_0 = \Psi_1 = \Psi_2 = \Psi_3 = 0$,
- **Type N**: $\Psi_0 = \Psi_1 = \Psi_2 = \Psi_3 = \Psi_4 = 0$,
- **Type O**: $\Psi_0 = \Psi_1 = \Psi_2 = \Psi_3 = \Psi_4 = 0$.

In terms of the Petrov type, the Weyl peeling theorem can be re-expressed as follows

$$C_{abcd} \sim \frac{N}{r} + \text{Type III} \frac{r^2}{r^2} + \text{Type II} \frac{r^3}{r^3} + \text{Type I} \frac{r^4}{r^4} + O \left( r^{-5} \right).$$  

(A6)

It should be noted, however, that the peeling behaviour only holds for spacetimes that are weakly asymptotically simple and can be extended smoothly to $J^{\pm}$, though this may be too strict in certain cases [28].

### B. Radiated Energy

The correspondence between the electric and magnetic Weyl 2-tensors and the NP Weyl scalar $\Psi_4$ allows us to look at the normal equations for the radiated energy flux and radiated momenta. For a 2-surface at infinity $S^2$, the radiated energy flux is related to $\Psi_4$ as follows

$$\frac{dE}{dt} = \lim_{r \to \infty} \left\{ \frac{r^2}{4\pi} \int_{S^2} \Omega \left| \int_{-\infty}^{t} \Psi_4 dt' \right|^2 \right\}.$$  

(B1)

$$= \lim_{r \to \infty} \left\{ \frac{r^2}{4\pi} \int_{S^2} \Omega \left| \int_{-\infty}^{t} \mathcal{J}_{(ab)} \mathring{m}^a \mathring{m}^b dt' \right|^2 \right\}.$$  

(B2)

Likewise, the radiated linear momenta can be expressed via a radial unit vector $\mathring{r_i} = (\sin \theta \cos \phi, \sin \theta \sin \phi, \cos \theta)$ in flat space as follows

$$\frac{dP_i}{dt} = \lim_{r \to \infty} \left\{ \frac{r^2}{16\pi} \int_{S^2} \Omega \mathring{r_i} \left| \int_{-\infty}^{t} \Psi_4 dt' \right|^2 \right\}.$$  

(B3)

$$= \lim_{r \to \infty} \left\{ \frac{r^2}{16\pi} \int_{S^2} \Omega \mathring{r_i} \left| \int_{-\infty}^{t} \mathcal{J}_{(ab)} \mathring{m}^a \mathring{m}^b dt' \right|^2 \right\}.$$  

(B4)
C. Harmonics

A set of dimensionless covariant harmonics $Q$ can be defined on any LRS background as the eigenfunctions of the 2-dimensional Laplace-Beltrami operator [8, 9]:

$$
\delta^2 Q = \frac{-k^2}{r^2} Q, \quad \dot{Q} = \ddot{Q} = 0 \quad (k^2 \geq 0).
$$

(C1)

The radial parameter $r$ can be covariantly defined by

$$
\hat{r} = \frac{r}{2} \phi, \quad \dot{r} = -\frac{r}{2} \left( \Sigma - \frac{2}{3} \Theta \right), \quad \delta_a r = 0.
$$

(C2)

Any first order scalar may now be decomposed into this scalar harmonic basis

$$
\psi = \sum_k \psi_S^{(k)} Q_S^{(k)} = \psi_S Q.
$$

(C3)

Even parity vector harmonics can be systematically constructed from the scalar harmonics

$$
Q_a^{(k)} = r \delta_a Q_a^{(k)} \Rightarrow \hat{Q}_a = \dot{Q}_a = 0,
$$

(C4)

$$
\delta^2 Q_a = \frac{1}{r^2} \left( 1 - k^2 \right) Q_a,
$$

(C5)

and odd parity vector harmonics are defined by

$$
\bar{Q}_a^{(k)} = r \epsilon_a^{\ \beta} Q_a^{(k)} \Rightarrow \bar{\dot{Q}}_a = \bar{\ddot{Q}}_a = 0,
$$

(C6)

$$
\delta^2 \bar{Q}_a = \frac{1}{r^2} \left( 1 - k^2 \right) \bar{Q}_a.
$$

(C7)

By construction, these harmonics are orthogonal parity inversions of each other, $Q_a = \epsilon_a^{\ \beta} \bar{Q}_a^{(k)} \Leftrightarrow Q_a = -\epsilon_a^{\ \beta} \bar{Q}_a^{(k)}$ and $Q^a \bar{Q}_a = 0$. A crucial difference arises in that the even parity harmonics are not solenoidal but the odd parity harmonics are:

$$
\delta^a Q_a = -\frac{k^2}{r} Q,
$$

(C8)

$$
\delta^a \bar{Q}_a = 0,
$$

(C9)

$$
\epsilon_a^{\ \beta} \delta^a Q^\beta = 0,
$$

(C10)

$$
\epsilon_a^{\ \beta} \delta^a \bar{Q}^\beta = \frac{k^2}{r} Q.
$$

(C11)

Any first order vector may be decomposed into this basis

$$
\psi_a = \sum_k \psi_S^{(k)} Q_a^{(k)} + \psi_V \bar{Q}_a^{(k)} = \psi_V Q_a + \psi_V \bar{Q}_a.
$$

(C12)

Likewise, we can extend these definitions to construct even and odd parity tensor harmonics

$$
Q_{ab} = r^2 \delta_{\{a} \delta_{b\}} Q \Rightarrow \hat{Q}_{ab} = \dot{Q}_{ab} = 0,
$$

(C13)

$$
\dot{Q}_{ab} = r^2 \epsilon_{\{a}^{\ \gamma} \delta_{b\}} Q \Rightarrow \bar{\dot{Q}}_{ab} = \bar{\ddot{Q}}_{ab} = 0.
$$

(C14)

As with the vector harmonics, these tensor harmonics will be orthogonal parity inversions of one another: $Q_{ab} = -\epsilon_{\{a} \bar{Q}_{b\}} \Leftrightarrow \bar{Q}_{ab} = \epsilon_{\{a} \bar{Q}_{b\}}$ and $Q^{ab} \bar{Q}_{ab} = 0$. Any first order tensor may be harmonically expanded in this basis

$$
\psi_{ab} = \sum_k \psi_T^{(k)} Q_{ab}^{(k)} + \psi_T \bar{Q}_{ab}^{(k)} = \psi_T Q_{ab} + \psi_T \bar{Q}_{ab}.
$$

(C15)