Dissipation control in cavity QED with oscillating mode structures

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We demonstrate how a time-dependent dissipative environment may be used as a tool for controlling the quantum state of a two-level atom. In our model system the frequency and coupling strength associated with microscopic reservoir modes are modulated, while the principal features of the reservoir structure remain fixed in time. Physically, this may be achieved by containing a static atom-cavity system inside an oscillating external bath. We show that it is possible to dynamically decouple the atom from its environment, despite the fact that the two remain resonant at all times. This can lead to Markovian dynamics, even for a strong atom-bath coupling, as the atomic decay becomes inhibited into all but a few channels; the reservoir occupation spectrum consequently acquires a sideband structure, with peaks separated by the frequency of the environmental modulation. The reduction in the rate of spontaneous emission using this approach can be significantly greater than could be achieved with an oscillatory atom-bath detuning using the same parameters.

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I. INTRODUCTION

It is well known that the ultimate origin of dissipation is the unavoidable interaction between a system and its surroundings. For quantum systems, a distinction is usually made between decay, during which energy leaks into the environment, and decoherence, whereby correlations established with the surroundings rapidly wash-out any coherence between certain elements of the system\cite{1}. Decoherence generally takes place on a much shorter time scale than decay, and this time scale is governed by the separation in phase-space of different components of the system density operator. However, for a single two-level atom, the time scale governing both decay and decoherence is related to the rate of spontaneous emission, which simplifies matters and thus makes this an ideal quantum system in which to study dissipative effects.

The idea of using the surroundings to control atomic decay has been pursued over since the first studies using nearby conducting surfaces and cavities\cite{2–5} and experimental control has now reached the point where an atom can be strongly coupled to a cavity in which it is placed. This technological development has allowed for many useful applications of the atom-cavity interaction, including the generation of entanglement\cite{6}, creation of number states of the electromagnetic field\cite{7,8}, and photons on demand\cite{9,10}, observation of quantum jumps of the electromagnetic field\cite{11} and experimental tests of nonlocality\cite{12} among many others\cite{13}. Nevertheless, interaction with the environment is traditionally seen as a negative feature since this is the root cause of dissipation and there is currently a huge theoretical and experimental effort aimed at controlling dissipative effects in cavity quantum optics.

One way to achieve this goal is to limit the extent of the system-environment coupling, although ultimately this will always still prevail at some level. Another promising approach is to exploit certain symmetries in the system-environment coupling, so as to confine the dynamics to a (decoherence-free) subspace of the overall Hilbert space in which dissipative effects cancel out\cite{14,15}. A third method, and the approach we shall pursue here, is to dynamically modify the system’s surroundings so as to control the effects of the dissipative couplings rather than reducing their magnitude\cite{16–20}. The use of dynamically engineered reservoirs to control dissipation is appealing, since this technique is noninvasive and furthermore does not require individual components of the system to be addressed separately.

To the lowest order of approximation, an atom’s environment consists simply of the electromagnetic field modes into which it can emit. We should therefore expect that changing some property of all of these modes should affect the process of atomic decay, and these effects are well documented\cite{18,21,22}. It is less clear what will happen in the more subtle case where the properties of individual modes are altered, but in a controlled way, such that, for example, the combined effect is to keep all macroscopic reservoir structure static in time. It is tempting to think that this type of manipulation might only produce observable effects in strongly coupled atom-cavity systems, since it is only the memory kernel for the atom-bath interaction which changes and is dynamically modified under this model. However, it has recently been shown (in Ref.\cite{23}) for a linear increase of all reservoir frequencies that this form of reservoir manipulation can be used to control the rate of spontaneous emission for both strong and also weak atom-reservoir coupling.

In the current paper we investigate the case of an oscillatory manipulation of all reservoir mode frequencies and coupling strengths. This can be achieved by modifying the length of a cavity, and hence the mode frequencies, in an oscillatory way (further details are given in Sec. V of this article). From a practical perspective, an oscillating mode structure has several advantages over a linear chirp of the reservoir frequencies: (i) piezoelectric actuators used to modify the cavity length typically perform favorably in an oscillatory regime and (ii) the required changes in the cavity length are periodic and do not grow large at long times, unlike in the linear-chirp case.

The remainder of the article is arranged as follows. In Sec. II, the mathematical model is introduced and some gen-
eral observations are made regarding the applicability of dynamic environments to the control of decoherence and decay. In Sec. III, the detailed form of the microscopic reservoir structure is given for an oscillatory modulation of the reservoir mode frequencies and closed-form expressions for the atomic decay rate and emission spectrum are derived. These results are tested against numerical simulations in Sec. IV for the specific case of a sinusoidal modulation of the bath mode frequencies. A particular physical realization of the model and the potential size of observable effects are examined in frequencies. A particular physical realization of the model results are tested against numerical simulations in Sec. IV for voir mode frequencies and closed-form expressions for the structure is given for an oscillatory modulation of the reservoir, which we mean that the product
\[ \hat{N} \hat{\rho} = \hat{\sigma}^+ \hat{\sigma}^- + \hat{b}_k^\dagger \hat{b}_k \]

Since the Hamiltonian commutes with \( \hat{N} = \hat{\sigma}^+ \hat{\sigma}^- + \hat{b}_k^\dagger \hat{b}_k \), the total number of energy quanta is a constant of the motion. We choose the atom to be in its excited state at \( t=0 \) and thus the state vector at any later time is simply a superposition of those energy eigenstates corresponding to a single energy quantum:
\[ \Psi_f(t) = c_i(t)|1\rangle \otimes \ldots |0\rangle \otimes \ldots + \sum_k c_k(t) |0\rangle \otimes \ldots |1\rangle \ldots \].

Using the Schrödinger equation, the equation of motion of the state-vector coefficients is found to be
\[ i \frac{\partial c_i(t)}{\partial t} = \sum_k g_k(t) \exp \left\{ -i \int_0^t [\omega_k(\tau) - \omega_0(\tau)] d\tau \right\} c_i(t) \]
and
\[ i \frac{\partial c_k(t)}{\partial t} = g_k(t) \exp \left\{ i \int_0^t [\omega_k(\tau) - \omega_0(\tau)] d\tau \right\} c_k(t) \]

Since we are interested in controlling the atomic state, it is convenient to eliminate the environmental variables \( c_k(t) \) from Eqs. (4) and (5) giving the following integrodifferential equation for the atomic state:
\[ \frac{\partial c_i(t)}{\partial t} = -\int_0^t K(t,t')c_i(t') dt' \]
with
\[ K(t,t') = \sum_k g_k(t')g_k(t) \exp \left\{ -i \int_0^t [\omega_k(\tau) - \omega_0(\tau)] d\tau \right\} \]

We note that the atomic dynamics are determined solely by the behavior of the kernel \( K(t,t') \), which in turn is dependent only on the properties of the atom’s surroundings: The principal idea underlying the use of dynamic environments is that by manually altering the reservoir properties \( g_k(t) \) and \( \omega_k(t) \), it is possible to control the evolution of the atomic state. In other words, the inevitable coupling between system and surroundings can be used to our advantage, since changes in the reservoir have an effect on the atom, and this can be used to shape the atomic state.

As a preliminary observation, we note that imposing a dynamic structure on the reservoir can only give rise to observable effects if the atom-field coupling is structured, by which we mean that the product \( p_k g_k^2 \) varies significantly with frequency, where \( p_k \) is the reservoir density of states. To see this, we note that in the converse situation of a completely structureless reservoir, with \( p_k g_k^2 = p_0 g_0^2 \) (constant), then whatever the modulation function \( f(t) \) we choose for the mode frequencies [42]
the kernel (7) reduces to
\[ K(t,t') = g_0^2 \sum_k \exp \left\{ -i \int_0^t \omega_k(\tau) d\tau \right\} \]
\[ = g_0^2 \sum_k \exp \left\{ -i \omega_k(0) (t - t') \right\} \times \exp \left\{ -i \int_0^{t'} f(\tau) d\tau \right\} \]
\[ = 2\pi \rho_0 g_0^2 \delta(t - t'). \] (9)
The population of the atomic excited state thus decays exponentially at exactly the rate predicted by Fermi’s golden rule for a static reservoir
\[ \frac{\partial c_\eta(t)}{\partial t} = -\pi \rho_0 g^2 c_\eta(t). \] (10)
Equation (10) holds, regardless of the frequency modulation \( f(t) \) that is imposed on the reservoir modes. Therefore, even though the atom is resonant with different field modes at different times during its evolution, the overall effect of the reservoir is unchanged by modulating the mode frequencies alone. Dynamically modulating the microscopic properties of a reservoir can only have an observable effect if the system-reservoir coupling is a structured function of frequency. However, we note that the requirement of a structured reservoir is not synonymous with strong coupling between the system and its environment, since the distinction between strong coupling, reservoir structure and non-Markovian dynamics is more subtle for dynamic reservoirs than the usual static case. (For further details see Ref. [23].)

III. DYNAMIC RESERVOIR MODEL

Having established that the use of dynamic environments requires the system-reservoir coupling to be spectrally dependent, we now turn to the specific form that this dependence will take. In order to isolate the novel effects associated with dynamically structured reservoirs, we choose to investigate a model for which the macroscopic properties of the reservoir remain fixed (see Fig. 1). This means that the individual coupling strengths \( g_k(t) \) must vary in time, to match the local reservoir structure at the changing frequency \( \omega_k(t) \). In this way the envelope of the coupling strengths can be kept static. Put another way, the microscopic atom-mode couplings conspire in such a manner that the reservoir structure function \( \rho_k |g_k(t)|^2 \) must be expressible as a pure function of \( \omega_k(t) \), with no explicit dependence on the time \( t \). For a simple cavity model, we assume that the single time reservoir structure function \( \rho_k |g_k(t)|^2 \) is a Lorentzian, with width \( \gamma \), centered on the atomic transition frequency \( \omega_0 \), i.e.,
\[ \rho_k |g_k(t)|^2 = \frac{D^2 \gamma \pi}{\gamma^2 + (\omega_k(t) - \omega_0)^2}. \] (11)
For a static bath, where \( \rho_k |g_k(t)|^2 \) is not a function of time, the Lorentzian (11) is a common choice for the reservoir structure [28,29] and the resulting dynamics have been well explored (see, for example, Refs. [30,31]). In the weak-coupling limit, the Lorentzian reservoir structure ensures exponential decay of atomic population.

Equation (11) describes both the time-dependent coupling of a single bath mode \( \omega_k(t) \) and also the instantaneous coupling between the atom and the whole bath of modes at time \( t \). Since this structure has no explicit dependence on \( t \) [i.e., only the implicit time dependence contained in \( \omega_k(t) \)] the envelope of these couplings is fixed in time; as in the static case, the atom always has some resonant modes with which it can exchange a photon but these are now different bath modes at different times. We note that the weight \( D \) of the Lorentzian, which is defined through the relation
\[ \sum_k |g_k(t)|^2 = D^2, \] (12)
also remains static in time with this choice of couplings.

Of course, the kernel (7) does not feature \( \rho_k |g_k(t)|^2 \), but the two-time product \( \rho_k g_k(t) g_k(t') \). However, as already mentioned, \( g_k(t) \) may be chosen to be real. Therefore the two-time product follows immediately as
To proceed with the analysis, a specific form for the time dependence of the modes must also be chosen. We assume that all the reservoir modes experience an identical frequency modulation, which is periodic in time, with period \( \Omega \)

\[
\omega_k(t) = \omega_k(0) + f(t). \quad (14)
\]

As well as the modulation frequency \( \Omega \), it will also prove helpful to introduce the modulation depth

\[
d = \frac{1}{2}(f_{\text{max}} - f_{\text{min}}) \quad (15)
\]

in order to characterize the amplitude of the frequency manipulation. We also note that the specific form \( f(t) = d \sin(\Omega t) \) will be considered in detail in Sec. IV.

By choosing \( f(t) \) to be periodic, we ensure that the dynamically acquired phase term arising from the reservoir manipulation is also periodic, and thus has a discrete Fourier decomposition

\[
\exp \left( -i \int_0^{t'} f(\tau) d\tau \right) = \sum_{n=-\infty}^{\infty} F_n e^{-i n \Omega t} \quad (16)
\]

with

\[
F_n = \frac{\Omega}{2\pi} \int_0^{2\pi/\Omega} \exp \left( -i \int_0^{t'} f(\tau) d\tau \right) e^{-i n \Omega t} dt. \quad (17)
\]

For this specific frequency-manipulation we note that the Hamiltonian (2) may be re-expressed as follows:

\[
\hat{H}_f(t) = \sum_k g_k(t) \left( \hat{\sigma}^{+}_k \hat{b}_k - \hat{\sigma}^{-}_k \hat{b}^\dagger_k \right) \exp \left\{ i \left[ \omega_k(0) - \omega_k \right] t + i \int_0^{t'} f(\tau) d\tau \right\}
\]

\[
+ \hat{\sigma}^{+}_k \hat{b}_k \exp \left\{ -i \left[ \omega_k(0) - \omega_k \right] t - i \int_0^{t'} f(\tau) d\tau \right\}
\]

\[
= \sum_{n=-\infty}^{\infty} \sum_k F_n g_k(t) \hat{\sigma}^{+}_k \hat{b}_k e^{i \omega_k(0) - \omega_k - n \Omega t} \quad (18)
\]

Written in this way, we see that the chosen dynamic reservoir structure (Fig. 1) is effectively the same as an infinite collection of independent reservoirs, indexed by \( n \), which have static mode frequencies, and time-dependent couplings \( F_n(g_k(t)). \) (These are the terms in curly braces in the last line of Eq. (18).) This picture is illustrated in Fig. 2. The \( n \)th sideband peak in the reservoir structure has central frequency \( \omega_k + n \Omega \). From the definition of the coupling strengths (11), we see that the \( n \)th sideband has the largest coupling when

\[
f(t) + n \Omega = 0. \quad (19)
\]

Since the condition (19) is different for each sideband, the atom decays into different sidebands at different times. The total decay rate is therefore determined by the decay rates into each individual reservoir, as shown in the following section.

### A. Atomic decay rates

Using Eqs. (13) and (14), we can now write an explicit expression for the kernel

\[
K(t,t') = \frac{D^2 \gamma}{\pi \hbar} \sum_k \frac{\exp \left\{ -i \left[ \omega_k(0) - \omega_k \right] (t - t') \right\}}{\sqrt{\gamma^2 + \left[ \omega_k(0) - \omega_k + f(t') \right]^2} \sqrt{\gamma^2 + \left[ \omega_k(0) - \omega_k + f(t') \right]^2}} \exp \left( -i \int_{t'}^{t} f(\tau) d\tau \right). \quad (20)
\]

It is convenient now to move to a continuum limit for the mode frequencies. For economy, we choose to write the initial frequencies simply as \( \omega_k(0) = \omega \), which gives

\[
K(t,t') = \frac{D^2 \gamma}{\pi} \int_{-\infty}^{\infty} \frac{d\omega \exp \left( -i \int_{t'}^{t} f(\tau) d\tau \right)}{\sqrt{\gamma^2 + \left[ \omega - \omega_0 + f(t') \right]^2} \sqrt{\gamma^2 + \left[ \omega - \omega_0 + f(t') \right]^2}} \quad (21)
\]

The kernel contains information about the “memory” of the atomic dynamics, in the sense of Eq. (6). As a special case, we note that when the kernel decays sharply away from \( t' \sim t \), memory effects are absent and the Markov approximation can be applied, to give

\[
\frac{\partial c_d(t)}{\partial t} \approx -\frac{\Gamma}{2} c_d(t), \quad (22)
\]

with
the modulation function to see how this can be controlled by altering the properties of this requires that the system-reservoir coupling is weak on a typical time scale of atomic dynamics. For static reservoirs decay on a time scale which is very short compared to the can be Markovian even in the strong-coupling regime dynamically manipulated environments, the atomic behavior the results that follow in this paper therefore hold when increased or decreased by tuning the extreme values of $f(t)$ toward or away from the sideband frequencies $|f(t)| = n\Omega$. 

\begin{equation}
\Gamma_\infty = \lim_{t \to \infty} \left\{ \frac{2}{t} \text{Re} \int_0^t dt_1 \int_0^{t_1} dt_2 K(t_1, t_2) \right\}.
\end{equation}

For the Markov approximation to hold well, the Kernel must decay on a time scale which is very short compared to the typical time scale of atomic dynamics. For static reservoirs this requires that the system-reservoir coupling is weak (i.e., $D \ll \gamma$). However, for dynamic reservoirs the atomic behavior can be Markovian, even when the atom-reservoir coupling is strong, as long as the two-time product in the denominator of $K(t_1, t_2)$ decays sufficiently fast. Thus, for dynamically manipulated environments, the atomic behavior can be Markovian even in the strong-coupling regime. The results that follow in this paper therefore hold when either of the two below conditions are satisfied:

1. weak-coupling $D \ll \gamma$,
2. fast rate of change of reservoir mode frequencies $d\Omega \ll \gamma^2, D^2$.

Our task is now to solve for the atomic decay rate $\Gamma_\infty$ and to see how this can be controlled by altering the properties of the modulation function $f(t)$ which characterizes the environmental manipulation. To this end, we note that Eq. (23) can be written in the compact form

\begin{equation}
\Gamma_\infty = \lim_{t \to \infty} \left\{ \frac{D^2 \gamma}{\pi t^3} \int_{-\infty}^{\infty} d\omega \left[ \int_0^t dt_1 P(\omega, t_1) \right] \times \left[ \int_0^t dt_2 P(\omega, t_2) \right] \right\},
\end{equation}

with the mathematical steps involved in proceeding from Eq. (23) to Eq. (24) include a change of limits, a reassignment of dummy indices and use of the fact that $\Gamma_\infty$ is defined to be real. The term $\int_0^t P(\omega, t_1)dt_1$ in Eq. (24) is thus only significant if the two oscillating factors which make up $P(\omega, t)$ interfere constructively over many cycles. Due to the periodicity of $f(t)$, the term in curly brackets in Eq. (25) oscillates with period $2\pi/\Omega$. The condition for the other oscillating term, $\exp(-i(\omega - \omega_0)t)$ to remain in phase with this term is

\begin{equation}
\omega - \omega_0 = n\Omega \quad \text{with} \quad n = 0, \pm 1, \pm 2, \ldots
\end{equation}

Reservoir modes with frequencies which do not satisfy this condition do not contribute significantly to $\Gamma_\infty$ and therefore we should expect that they do not become occupied during the atomic decay process. This is indeed found to be the case, as outlined in Sec. III B. With the above interference argument in mind and anticipating that only those frequen-
cies satisfying Eq. (26) will contribute significantly to \( \Gamma_\infty \), we choose to rewrite Eq. (24) as follows:

\[
\Gamma_\infty \propto \lim_{t \to \infty} \left\{ \frac{D^2 \gamma}{\pi t^2} \sum_{n=\infty}^\infty \left| \int_0^t P(\omega_0 + n\Omega, t_1)dt_1 \right|^2 \right\}.
\]

The proportionality constant in Eq. (27) is independent of the index \( n \). In order to fix the normalization of \( \Gamma_\infty \), we note that the function \( P(\omega_0 + n\Omega, t) \) oscillates with period \( 2\pi/\Omega \), and so we may replace the long-time average by the average over a single period:

\[
\Gamma_\infty \propto \frac{D^2 \gamma}{2\pi^2} \sum_{n=-\infty}^{\infty} \left| \int_0^{2\pi/\Omega} P(\omega_0 + n\Omega, t)dt \right|^2.
\]

Finally, we take the dual limit

\[
\Omega \to \infty \quad \text{and} \quad d \to 0,
\]

which corresponds to a static reservoir, and must therefore return the corresponding (normalized) static decay-rate \( \Gamma_\infty = 2D^2/\gamma \). This gives

\[
\Gamma_\infty = \sum_{n=-\infty}^{\infty} \Gamma_n,
\]

with the following three definitions:

\[
\Gamma_n = \frac{\Omega^2}{2\pi} \int_0^{2\pi/\Omega} g^{(n)}(t) \exp\left\{-i \int_0^t \left[ \omega^{(n)}(\tau) - \omega_0 \right] d\tau \right\} dt^2,
\]

\[
\omega^{(n)}(t) = \omega_0 + n\Omega + f(t),
\]

\[
g^{(n)}(t) = \sqrt{\frac{D^2 \gamma}{\pi} \left( \omega^{(n)}(t) - \omega_0 \right)^2}.
\]

It is worth mentioning that although we chose to move to a continuum picture from the modes, we have now arrived back at a discrete sum over reservoir variables. However, now the index \( n \) runs over reservoir sidebands (which are collectively defined), rather than individual modes \( k \) with which we began.

It is clear from Eqs. (30) and (31) that in order to reduce the total decay rate, the individual decay channels must be inhibited, and that this can be achieved for the \( n \)th channel by making sure the following two conditions are satisfied: (1) \( g^{(n)}(t) \) is small while \( \omega^{(n)}(t) \) is slowly varying and (2) \( \omega^{(n)}(t) \) varies rapidly while \( g^{(n)}(t) \) is large. This means that the atomic decay-rate can be inhibited if we choose the modulation function in such a way that \( |f(t)/\Omega| \) is far from all integer values at turning points of \( f(t) \) (see Fig. 2), and also \( \Omega \gg \gamma \).

**B. Reservoir occupation spectrum**

In order to better understand the mechanism by which the atomic decay rate takes the form in Eq. (30), it is useful to consider the final occupation spectrum of the reservoir modes. We define this spectrum by considering those modes \( k \) \( (k \in \{k\}) \) which have frequencies that lie within \( \delta \omega \) of an initial frequency \( \omega \). That is, we let [23,32]

\[
S(\omega) = \lim_{t \to \infty} \left\{ \frac{1}{\delta \omega} \sum_{k \delta} |c_k(t)|^2 \right\}.
\]

In the continuum limit the number of modes \( k_\delta \) in the sum is approximately \( \delta \omega \rho(\omega) \), and since the \( c_k \) are expected to vary smoothly with \( k \) in this limit, we finally let

\[
S(\omega) \to \lim_{t \to \infty} \left\{ \rho(\omega) |c_{k_\delta}(t)|^2 \right\},
\]

which applies to a representative \( k_\delta \). Equation (35) will serve as an operational definition of the bath spectrum. From Eq. (5) we find the corresponding solution for \( c_{k_\delta}(t) \), in integral form

\[
\lim_{t \to \infty} \{c_{k_\delta}(t)\} = -i \int_0^\infty g_{k_\delta}(t) \exp \left\{ i \int_0^t \left[ \omega_{k_\delta}(\tau) - \omega_0 + \frac{m \Gamma_\infty}{2} \right] d\tau \right\} dt,
\]

which, together with the definitions (14) and (13) and the Fourier decomposition (17) gives

\[
S(\omega) = \frac{D^2 \gamma}{\pi} \int_0^\infty dt \sum_{m=-\infty}^{\infty} \frac{\exp \left\{ i \left[ \omega - \omega_0 - m\Omega + \frac{m \Gamma_\infty}{2} \right] t \right\}^2}{\sqrt{\gamma^2 + \left| \omega - \omega_0 + f(t) \right|^2}}.
\]

The interference arguments used in deriving an expression for \( \Gamma_\infty \) can be applied again here, and so the final occupation spectrum can be written as a discrete collection of peaks at frequencies

\[
\omega - \omega_0 = n\Omega \quad \text{with} \quad n = 0, \pm 1, \pm 2, \ldots.
\]

Figure 3, shows the final occupation spectrum, plotted using results from a numerical simulation of Eqs. (4) and (5) for the specific case of a sinusoidal modulation (studied further in Sec. IV), which shows that the final spectrum is indeed a discrete collection of Lorentzian peaks, as predicted. The effect of dynamically manipulating the individual frequencies and coupling constants is to create a sideband structure for the reservoir. Each sideband, indexed by the integer \( n \), is centered at the frequency given by Eq. (38). We write the weight of the \( n \)th peak as

\[
S_n = \int_{\omega_0 + n\Omega}^{\omega_0 + (n+1/2)\Omega} S(\omega) d\omega,
\]

and (largely following the arguments in Sec. III A) it is reasonably straightforward to show that

\[
S_n \approx \frac{\Omega^2}{2\pi \Gamma_\infty} \int_0^{2\pi/\Omega} g^{(n)}(t) \exp \left\{ -i \int_0^t \left[ \omega^{(n)}(\tau) - \omega_0 \right] d\tau \right\} dt^2,
\]

\[
= \frac{\Gamma_n}{\Gamma_\infty}.
\]
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IV. EXAMPLE: SINUSOIDAL MODULATION OF RESERVOIR MODE FREQUENCIES

A. Decay with sinusoidal oscillation

The analysis of the previous section is fairly general, in that the sole requirement placed on the reservoir manipulation is that the modulation function \( f(t) \) is periodic in time. In order to present a concrete test of the predicted decay rates and reservoir occupation spectrum in the current section, we apply our results to the simplest periodic case—namely, a sinusoidal frequency manipulation, with modulation depth \( d \) and modulation frequency \( \Omega \)

\[
f(t) = d \sin(\Omega t). \tag{42}
\]

For this case, the Fourier decomposition of the phase term is \([33]\)

\[
\exp[ id[\cos(\Omega t) - 1]/\Omega] = e^{-i d/\Omega} \sum_{m=-\infty}^{\infty} i^n J_n(d/\Omega) e^{i n \Omega t}, \tag{43}
\]

where \( J_n \) is the \( n \)th-order Bessel function of the first kind. The decay rate into the \( n \)th sideband given in Eq. (31) thus takes the form

\[
\Gamma_n = \frac{D^2 \Omega^2 \gamma}{2 \pi} \sum_{m=-\infty}^{\infty} i^n J_n(d/\Omega) \times \int_0^{2\pi} e^{-i(\sigma - m)\Omega t} \frac{\sin^2(\Delta t)}{\sigma^2 + [n\Omega + d \sin(\Omega t)]^2} d\Omega \tag{44}
\]

The total atomic decay-rate, \( \Gamma_{\infty} = \sum_n \Gamma_n \), is plotted in Fig. 4 and compared with a direct numerical solution of Eqs. (4) and (5) for a range of modulation depths and fixed modulation frequency. As explained in the text of Sec. III A, \( \Gamma_{\infty} \) is a peaked function of the modulation depth, with a maximum every time \( d \) is an integer multiple of \( \Omega \).

The final reservoir occupation spectrum \( S(\omega) \) calculated numerically from a direct simulation of Eqs. (4) and (5) is plotted in Fig. 3. As predicted, this spectrum is a collection of Lorentzian peaks centered at angular frequencies \( \omega = \omega_0 + n\Omega \). In order to test the predictions for the weight \( S_n = \Gamma_n/\Gamma_{\infty} \) of each peak, Fig. 5 shows the analytic result of Eq. (41) together with the numerically calculated peak weights defined in Eq. (39), for the same model parameters as Fig. 4.

B. Decay in the limit of ultrafast reservoir modulation

The simplest analytic expression for \( \Gamma_{\infty} \) is obtained in the limit that the modulation frequency dominates over all other frequency scales in the system (except for the free evolution):

\[
\omega_0 \gg \Omega \gg d, \gamma, D. \tag{45}
\]

In this limit, the denominator of every term is small for \( n \neq 0 \). Also, the sum over \( m \) is dominated by the \( m=0 \) term, due to the factor \( J_m(d/\Omega) \), and so we only need to consider the \( n=m=0 \) term. This can be tackled analytically:

\[
\Gamma_{\infty} = \frac{D^2 \Omega^2 \gamma}{2 \pi} \left[ \frac{1}{\sqrt{\gamma^2 + d^2}} \int_0^{2\pi} \frac{1}{\sin^2(\Omega t)} dt \right] \tag{46}
\]

where \( K \) represents the complete elliptic integral of the first kind \([33]\). In this limit, \( \Gamma_{\infty} \) is a monotonically decreasing function of \( d/\gamma \) and the inhibition of atomic decay can be quite dramatic, as illustrated in the following section.

V. PHYSICAL REALIZATION AND OBSERVABLE EFFECTS

A. Double-cavity system

The reservoir manipulation studied in this paper is quite specific in the sense that the microscopic reservoir modes have time-dependent frequencies and couplings to the atom but together they must conspire to keep the macroscopic reservoir structure fixed in time. This precise form was deliberately chosen in order to isolate the new effects arising here from other previously studied types of engineered reservoir, such as Refs. [18,34–36].

In a recent paper, we suggested one way of physically implementing such a dynamic environment \([23]\); the atom is placed inside a static cavity, which itself is enclosed in a larger cavity with moving boundaries, as in Fig. 6(a). In this way, the envelope of the reservoir structure is determined by the properties of the inner cavity, and so remains fixed. On the other hand, the frequencies of individual modes are fixed by satisfying a node condition on the outer mirrors, and so these can be modulated by moving the right-hand mirror.

B. Comparison with a variable-detuning model

It was noted in Sec. IV (e.g., Fig. 4) that dynamically manipulating the reservoir structure in the way described here can result in an inhibition of the atomic decay rate, despite the fact that the atom and reservoir are weakly coupled, and always remain on resonance during the decay.
In this subsection, we choose to highlight that the extent of this inhibition is far greater than might first be expected. To this end, we choose to contrast the situation studied in Secs. II and IV with with the case of a variable atom-reservoir detuning, i.e.,

\[ \hat{H}'(t) = \sum_k g_k \left[ \sigma^+ \hat{b}_k \exp \left( i \int_0^t \left( \omega_k(\tau) - \omega_0 \right) d\tau \right) \right. \\
\left. + \sigma^- \hat{b}_k \exp \left( -i \int_0^t \left( \omega_k(\tau') - \omega_0 \right) d\tau' \right) \right]. \tag{47} \]

Modulating either one of the atomic transition frequency [Fig. 6(c)] or the central frequency of the reservoir [Fig. 6(b)] would give rise to the interaction Hamiltonian in Eq. (47). In either case, the coupling strengths \( g_k \) are static and do not compensate for the changing mode-frequencies and this has the effect of dynamically modulating the macroscopic atom-reservoir detuning. Such variable-detuning models have been well studied (see, for example, Refs. [21,22,24,38]) and in the weak-coupling limit the atomic decay-rate is given by [22]

\[ \Gamma' = \sum_n \Gamma'_n, \tag{48} \]

\[ \Gamma'_n = \frac{2D^2}{\gamma} J_n(d/\Omega)^2 \left( \frac{\gamma^2}{\gamma^2 + n^2 \Omega^2} \right). \tag{49} \]

In the ultrafast modulation limit considered in Sec. IV B, Eq. (49) simplifies to

\[ \Gamma' = \frac{2D^2}{\gamma} J_0(d/\Omega)^2. \tag{50} \]

Somewhat surprisingly, in the limit of ultrafast frequency modulation, the decay rate \( \Gamma' \) is always greater than the equivalent decay rate \( \Gamma_0 \) given in Eq. (46) for the same frequency modulation and depth. Therefore a more effective suppression of the atomic decay rate can be achieved by keeping the atom and reservoir on resonance rather than dynamically changing the detuning. The approximate analytic results given in Eqs. (46) and (50) are compared in Fig. 7 together with the full decay rates given in Eqs. (46) and (49).

We note also that the ratio between the decay rate derived in this paper (Sec. IV B) and the decay rate arising in a variable-detuning model may be written as

\[ \frac{\Gamma}{\Gamma'} = f(x) = \frac{4 \left[ \kappa \left( \frac{x}{1+x^2} \right) \right]^2}{\pi^2 (1 + x^2)^2}, \tag{51} \]

with \( x = d/\gamma \). This is a monotonically decreasing function of \( x \), and always less than 1. Providing that the modulation frequency is high enough, it is possible to achieve high values of \( x \) while still satisfying \( \Omega \gg d \).

### C. Size of effects

Experimental verification of the predictions made above may be achieved with currently available technology and without great difficulties. First we take an optical atomic transition with angular frequency \( \omega_0 / 2 \pi \sim 3.5 \times 10^{14} \text{ Hz} \).
and a 40 μm inner cavity for which $\gamma/2\pi \sim 4.1 \text{ MHz}$ [39–41], while for the outer cavity we let $L=1 \text{ cm}$. Assuming that the end mirror is driven sinusoidally by a piezoelectric actuator, with frequency $\Omega/2\pi \sim 40 \text{ MHz}$ and an amplitude $d \sim 0.4 \text{ nm}$, the ratio $\Omega/d > \gamma$ is achieved and the resulting decay rate, $\Gamma_\infty$, is four times lower than for a variable-detuning model.

For microwave systems, we consider an atomic transition with frequency $\omega_0/2\pi \sim 21 \text{ GHz}$ and a 2 cm inner cavity for which $\gamma/2\pi \sim 10 \text{ Hz}$ [8], while for the outer cavity we let $L=20 \text{ cm}$. In this case, a frequency $\Omega/2\pi \sim 1 \text{ MHz}$ and an amplitude $d \sim 10 \text{ nm}$, gives $\Omega/d = \gamma = 1000$ so the hierarchy given in Eq. (45) can be made to hold very strongly. The resulting inhibition of the decay rate [Eq. (51)] is $\Gamma_\infty \sim 2.8 \times 10^{-3}\Gamma_0$; decay into the cavity field mode is effectively “switched off” in this limit [44].

VI. CONCLUSIONS

We have shown how the process of spontaneous emission may be controlled by dynamically manipulating the microscopic structure of an atom’s environment. While it is well known that changing the structure of an atom’s surroundings (by introducing nearby conducting surfaces or a cavity, for example) can alter the process of spontaneous emission, in this article we have considered a model for which the macroscopic reservoir-structure does not change with time. Instead, the individual electromagnetic field modes which make up the reservoir are assigned time-dependent frequencies and time-dependent couplings to the atom. In this way, the atom and reservoir always remain on resonance but the atom interacts with different bath modes at different times; by manipulating the environment in this manner it is possible to control the memory kernel for the atomic state and hence to control the atomic decay rate.

In order for such a scheme to work, we must be able to alter the reservoir structure on a time scale which is shorter than the static-bath correlation time. Therefore, it is essential that the system-bath couplings are frequency dependent, as shown in Sec. II. Although essential, this frequency dependence may be very weak, and in Sec. III we showed that it is possible to control the atomic decay rate even in the case of weak atom-reservoir coupling (as well as in the strong-coupling limit—see Ref. [23]). In Sec. III A the atomic decay rate is calculated for the case of a periodic manipulation of all reservoir mode frequencies. A Floquet analysis is applied and after analyzing the final occupation spectrum (in Sec. III B), we find that the atomic decay only occurs into a discrete collection of reservoir sidebands, each of which satisfies a dynamic resonance condition with the atom. The total atomic decay rate is a structured function of the modulation depth and modulation frequency and exhibits a peak whenever one of the reservoir sidebands is resonant with the atom for a significant fraction of each modulation cycle.

Section IV treats the specific case of a sinusoidal modulation of all reservoir mode-frequencies and the general expressions derived in Sec. III are found to be in excellent agreement with numerical simulations. Of particular interest is the limit of ultrafast modulation, studied in Sec. IV B, for which compact analytic expressions are derived.

In Sec. V the observable effects of the model are considered. In order to emphasize how strong the suppression of decay may be in the limit of ultrafast modulation, a second model is introduced in Sec. V B for which the atom-reservoir detuning is modulated sinusoidally. Upon first inspection, it may appear that this second reservoir manipulation should give rise to a more dramatic inhibition of the atomic decay,
since in this case the atom and reservoir spend a large proportion of each cycle away from resonance. However, a detailed analysis shows that the dynamical suppression of decay studied in Secs. III and IV is a far more potent method for inhibiting dissipation than a straightforward atom-bath detuning. Physical realizations for both of these types of dynamic environment are proposed in Sec. V A (also, more details are given in Ref. [23]). Finally, in Sec. V C, we showed that it should be possible to observe all of the effects predicted above using currently available technology.

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[42] We assume that all the modes are modulated identically, so as to keep the density of states unchanged.
[43] We note that the very short time behavior remains nonexponential, as in the quantum Zeno effect. However, the extent of this behavior is so short in time that it does not disturb the results in the regime we discuss here.
[44] In this regime, a thorough assessment of the atomic decay rates would require us to include other, lower-order effects into the model, such as spontaneous emission into other background modes.

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